

rob in the pagé family

*As featured in the hit
YouTube documentary 'UNGRIP'*

graduating life

with
honours

*Conscious Self-Governance
in God's Kingdom*



Graduating Life With Honours

Conscious Self-Governance
in God's Kingdom

By rob in the pagé family

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If the Spirit moves you to support my work, I will accept gifts of energy so that I may continue to write, explore, create and share along my journey. Donations can be made through my website www.ConsciousSelfGovernance.ca.

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This work has no ISBN number. Once you work through the book you will comprehend why I refuse to apply for a number for this book.

Dedication

To share the journey of life with somebody else is the greatest gift one can give and receive. To accomplish such a feat requires a level of dedication, patience, communication and forgiveness that is rarely seen in the world today. My loving wife has been unyielding in her dedication to a partnership that has been through hell and back. This path has seen many dark days and delightful triumphs, laughs and enjoyment. To have somebody willing to be patient enough to work through all the major obstacles is more than a man could ever wish for or even dream about. We conquered many of our demons in order to become two independent individuals working together to achieve common benefits while balancing the powerful energies of the masculine and feminine.

My wife has chosen to walk this path with me and to this very day I still pinch myself contemplating how I have ever deserved such an honour. I may joke around that it is her fault that she brought ideas into our home that changed our live forever. In reality I am grateful that she rocked my world. She literally saved us both. It is her courage to question everything and infuse her love and protection of our two sons that opened the door to a whole new world of spiritual growth and freedom.

It is my wife that deserves the vast majority of the credit for any of the work that I share with people all around the world. She is my sounding board, my critic and my rock. She confronts and challenges me on many levels and helped me work through the nuances of freedom and spirituality. She has insights and ideas that come from the universal mind and she seems to be able to tap into it easily. She balances me very well as we ebb and flow through life.

In reality, this work is the result of the most powerful relationship I have ever experienced and her name should be on this book instead of mine. My loving wife, your support, understanding and encouragement reflects the power, patience and love of your Spirit. I am honoured and blessed to share this journey with you and observe the divine feminine power within you shine. I am honoured to be your husband and I love you!

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I have known Ben Stewart since we both did our first workshop in Toronto during the equinox of June 2008. Ben, thank you for being such a wonderful friend, supporter and cheerleader. Your faith in my work was clearly demonstrated when you created UNGRIP. You demonstrated patience and courage while I worked through my own fear. For that I will always be grateful. Thank you for writing such a beautiful foreword to my book.

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Foreword by Ben Stewart

The deepest rabbit holes for humankind to explore come in the form of art that provokes our inquisitive nature rather than seeking to validate our existing beliefs. In the wisdom of Lao Tzu who authored the poetic and timeless Tao Te Ching, speaks of the path of life being hidden by our lust for the destination. Steven Tyler of Aerosmith perfectly stated 'Life's a journey, not a destination.' The greatest art seems to propel future generations into the next phase of their lives with unlimited inspiration for the process of life rather than the idealized goal.

These realizations have been fuelled by meeting the most inspirational mentor and friend in my travels. The first workshop I ever gave was over the summer solstice of 2008 with Rob. My life has never been the same since meeting this unassuming artist. By far, the most incredible work I've seen from Rob is in this treatise.

Putting most of the details away and focusing on the foundation of the human existence, this book explores rather than exploits. His words inspire in a timeless fashion rather than expire with the next passing philosophical fad. Every one of his words place the responsibility of self-development back on the individual. Leaving fear mongering for the sensationalist writers, Rob goes directly for the heart of the matter. Relationships.

Our relationships with our families, friends, foes, fears, fantasies and inner freedoms account for the way we exist in this body. Without relying on circular logic or culture assumptions this entire work of art simply reveals what Rob is already an expert on ... his own life. I have sought to acquire the deepest most arcane wisdom of the ages through complicated texts and spiritual doctrines when all along the great sages are those humble few in our communities that simply have the heart to connect with human beings at the heart level.

I love you Rob, for all that you have taught me in my short time around you. Thank you for reminding me of the qualities I have always possessed to graduate life with honours.

Introduction

For in the final analysis, our most basic common link is that we all inhabit this small planet. We all breathe the same air. We all cherish our children's futures. And we are all mortal. - JFK, June 10, 1963

If we were to do a final analysis today, I suspect most of us would come to the same conclusions. When we face our own physical mortality we often have no regard for how much money we made, how much time we spent at work, or all the stuff we managed to collect. In the end, what really matters is our relationships with our loved ones and making sure that they will be okay long after we leave the physical realm. What I find absolutely encouraging is that more and more people are seriously considering these very points when they are young enough to do something about it.

I see people waking up all over the world. Since the release of UNGRIP back in October 2011, I have been contacted by thousands of people who resonated with the idea of self-governance, taking back our power and declaring peace. People recognize that there is something terribly wrong with the world right now. Our political, economic, financial and social systems are broken and very sick. That illness has manifested in significant damage to the environment, our health, the food we eat, the water we drink and the air we breathe. People are dying or suffering greatly, so people are hitting the streets in droves in many countries around the world. People know something is wrong and they are standing up and speaking their minds. This is a healthy step in the process and is one that I encourage as long as it remains peaceful.

Let's keep in mind though that all the things we see in the news and in the streets is a symptom of a much deeper foundational issue that has plagued mankind since the beginning of time. It is very subtle but always present. I came to the realization through my efforts to conquer depression and suicide that this life is all about relationships. I'm not going to limit this discussion on our

relationships with our family, friends, communities, food, environment, etc. I am going to expand the discussion to include our relationships with the Creator, our body, our soul and our mind, as I have come to believe that this is where the root of the problem is located. This discovery came with a simple but profound question that I asked myself:

*Am I a man searching for spiritual enlightenment
or am I a soul/spiritual being having a physical
experience?*

I later found out that Pierre Teilhard de Chardin asked that very same question years earlier and the answer turned my whole world upside down and changed my whole outlook on life and all the relationships that I have. It also removed a lot of the fear that I felt and freed me more than anything else in my life. The implications of the answer influenced my efforts to govern myself in more ways than ten years of research into the occult, government statutes and regulations, money systems, politics or anything of that nature ever could. Knowing that I AM Spirit in possession of a physical body provided me with a level of freedom that was easy to understand and follow. This level of freedom is something I feel anybody could accomplish. I've always felt the solution to the question of life was very simple, and it is. However, getting there requires work, effort, and dedication. It can only be found by those who are willing to walk the path to freedom and do the work.

To figure out the root of who I am, I did a simple thought experiment. I first considered the mortality of both my body and my spirit. I found the physical body has a finite life and the spirit, being immortal, has an infinite life span. I realized that if the essence of who I am is rooted in the body, then what and who is the spirit? What is my relationship with the spirit if that is not 'who I am'? However, if I AM the spirit and that the essence of who I AM is rooted in the spirit that lasts forever, then it was fairly easy for me to then see my relationship with the body in very much the same fashion as the character Jake Sully had with his avatar in the movie 'Avatar'. Jake would remote control his avatar using advanced

technology. However, while he is remote controlling the avatar, he feels, sees and experiences everything as if he is the avatar. He has a hard time separating himself and is jolted back into reality when his session is ended. Is it possible that the spirit slips the body on as a suit in order to experience life in this physical realm much like what Jake did with his avatar? Would that explain why most people on this planet believe that when the body dies, the spirit then moves back into the spiritual realm or what some people would call 'heaven'? Why would we even want to do this?

My goal and intent for this book is to speak directly to all the spirits out there who are in possession of a physical body and caught up in the fictional realm that we all co-created. I want to reach out to you all and show you that we are all capable of finding a meaningful balanced and centred life through self-governance that is rooted in a deep and profound relationship with the Creator, ourselves and others, all based from the point of view of the I AM, the soul/spiritual being rather than the point of view of the body caught up in the Physical Realm or the person caught up in the Fictional Realm. It will provide a guide for you, the spirit, through the pitfalls of the Fictional and Physical realms so that we can return to walking in the Spirit of who we truly are, the I AM. I will use quotes from the King James version of the bible to help support my position and I will use the term 'I AM' to specifically reference the soul/spiritual individual.

For in the final analysis, we are all immortal soul/spiritual beings, made by the Creator and sent here to learn how to love one another and how to have healthy relationships. Those relationships must embrace the truth of who we are and that we must govern ourselves in balance with all three realms; Spiritual Realm, Physical Realm and the Fictional Realm. For in our current manifestation, that is the reality upon which we must live this life. If we can bring them all into balance in a healthy way, then I believe we can 'Graduate Life with Honours'!

Chapter One

The Realms

A man may imagine things that are false, but he can only understand things that are true, for if the things be false, the apprehension of them is not understanding. - Isaac Newton

Suffice to say, the question of whether I am a spiritual being having a physical experience or a man searching for spiritual enlightenment, highlights the possibility that we are dealing with a physical body and a spiritual body. What is the relationship between these two bodies and how do we reconcile it with our own experiences, thoughts and beliefs? I am convinced that we face many paradoxes in our lives. The question of what is real or not often comes into play and depends on ones point of view. Some scientists suggest that they are on the verge of proving that God does exist and that we live in a holographic universe. So what is the relationship between this Physical Realm we perceive as being real and the Spiritual Realm? How do they interact with one another? These are important questions that need to be answered if we are going to find any comfort and authority in our lives.

There is another realm that comes to play and often influences our perceptions of the Physical and Spiritual Realm. This third realm is what I will call the Fictional Realm. We are all familiar with reading fiction novels and if the writer is very good, he/she can paint amazing imagery in our minds with nothing but words on a black and white page. That capacity is rooted in our imagination, our mind and emotional bodies' abilities to create to such a degree that we can literally escape the physical realms and live inside the fictional realm and relate to it with deep and profound emotional attachments. It is our own portable Star Trek holodeck, capable of creating realistic environments where we

can play, learn or work and it is contained within us, our own minds, at all times. One challenge I see in today's world is that the line between the physical realm and the fictional realm has been blurred considerably. Our ability to create to such a degree has allowed mankind to form social structures that exist only in our minds. It has allowed us to organize billions of people to form countries, corporations, societies and governments of all kinds and with an amazing level of complexity. The power of our imagination and emotions create such a strong and profound attachment to the fictional world that many people dedicate their lives to the service and protection of these fictional entities. We associate characteristics to these entities and treat them as a person, even though they don't physically exist. I ask you; How many bottles of pop did Coca-Cola produce and sell last year? Would it surprise you if I told you none! In fact, people did all the work. They produced all the cans and product. They got out there and marketed and sold all that pop. The corporation did nothing because it does not exist. It is nothing but a piece of paper sitting in an office building somewhere, used to do one thing – organize billions of people around a single idea. Billions of people relate and personify it on a daily basis in order to work together as a team, controlled by a small group of people. All these entities don't physically exist but rather are projected from our own imaginations into the physical world where groups of people can then work together to accomplish amazing things. This has occurred for so long that our own fictional creations have now taken on a life of their own and we believe it so blindly that the vast majority of people actually believe that they exist. In fact it is so powerful, people are now relating to and living the lives of these fictions and they have completely forgotten who they really are.

Let me explain this to you in another way. Here is a picture of a famous optical illusion. In this picture you can see either a young lady or an old lady. If you cannot see both, consider that the jaw of the young lady is at the same time, the nose of the old lady. The necklace around the young lady's neck is the mouth of

the old lady. The young lady has her head turned to the back and is looking away while the old lady is looking forward and down.

Do you see both now? Let us pretend that the young lady and old lady represent the spiritual and physical realms. Both existing as one during this manifestation. Now let me show you how the Fictional Realm works. Look at the picture and say 'Mickey Mouse' out loud. Did you 'see' him? Most of us may only see a glimpse of him because of the way our imagination works. Perhaps try saying 'Mickey Mouse' a bunch of times for five or ten seconds. Did he get any clearer? Maybe a little bit. Now look at the picture and tell a story about Mickey Mouse. Perhaps he is in his front yard, inside the picket fence, throwing a red ball for his dog Pluto, and Goofy comes to see how his pal is doing and trips over the red ball and falls flat on his head.

Did you see it now? I suspect most of you did. Not only that but with more detail, you will start seeing it in colour with actions and smells even. You may even stop looking at the black and white picture of the ladies because your picture is now in full animation and it takes a lot of focus and concentration to keep it going. I also suspect that some of you even strayed from the little story line that I wrote and started making up your own story to extend the visualization even more. Our imagination is so powerful that we ceased observing the spiritual or physical realms (represented by the two ladies) and only focused on the imagery of our imagination. It is this capacity to create that is so very powerful and needs to be governed very carefully.

People directly involved with advertising for corporations, governments, religions and other organizations interested in directing or influencing how people behave, use this technique all the time because they recognize the power of our imagination. The problem they find is that we get numb to the effects of this manipulation so they must get louder, faster, brighter, flashier and more creative with each attempt. I suspect they also get frustrated by individuals who wake up to the reality of what is going on and decide not to be influenced by their trickery any longer. Awareness of the Fictional Realm goes a long way towards being

able to do this.

Their manipulation of people can only go for so long before the fiction must collapse and what is left is the reality of the Spiritual and Physical Realms. The other great thing is that we can consciously choose to stop participating and turn it off at any time. It is just a matter of removing ourselves from the influence of all the fictions and return to the Physical and Spiritual Realms. I suspect that is why most people like to escape the city and all the noise of the media and spend their holidays in the bush, camping, hiking, bird watching, hunting, boating or soaking up the rays on some tropical beach. We instinctively know where we are supposed to be in order to get a break from the evasiveness of these story tellers. The challenge I have with these people who tell these stories, that manipulate and control people, is the morality of their actions. Because of the power of free will, we are able to set any rules we want on how the fiction will be governed and presented to people and we also have the ability to turn it all off. After all, it is us that created it. We must remember that our imagination is a tool and it can serve or enslave us if we are not consciously aware of how we use this tool. We can create amazingly complex systems as a result of this powerful tool. The Creator set the rules for how the Spiritual and Physical Realms are governed but we essentially set the rules for the Fictional Realm. We can do whatever we want in our own imagination, but what about if we get caught up in others imaginative stories and their intent is not honourable but instead has immoral or unethical consequences? I believe this has resulted in much of what we see going on in the world today and why so many of us feel powerless to do anything about it. We all feel that something is wrong and very much broken. We all know that we need to change it. But how can you get seven billion people to change their belief structures when those same seven billion creators are responsible for creating this masterpiece?

The fictional world has gone far off course and I'm sure the Creator knew it would happen, mainly due to a lack of moral and ethical foundations to govern the Fictional Realm. We are the

masters of the Fictional Realm and as such it is up to us how we govern it. The challenge is that even though most people are lost in the fictional world, they still act out in the physical world, which has consequences in the Spiritual Realm and all of this is causing a great deal of damage and harm to each other, the environment and to the world herself.

I don't see any of this as being evil. I see all of what is going on as 'tough love' by the Creator. I view the Fictional Realm as a school for the physical, and the Physical Realm as a school for the Spiritual Realm. We are in school right now and our lessons are coming up to the final exam. We are at a critical juncture in our lives and experiences. It is up to us to see this for what it is; opportunities to grow stronger. I firmly believe that just as gravity provides resistance for our muscles, so too does all that is going on today provide resistance so that we may grow stronger mentally, emotionally and most importantly; spiritually. We, the Spiritual beings on this earth, are here to learn some important lessons and until we find ourselves and see who we truly are and stand with the authority and power given to us by the Creator, we may miss out on those lessons.

What complicates matters is that we have three unique realms interacting with one another and it is our job to figure out our relationship with all three. Our own freedom depends on our ability to differentiate between them. Most of us have unwittingly surrendered our authority and power to fictional entities, in order to receive some sort of benefit or privilege. When that fictional entity gets corrupted through greed of the participants, historically a revolution would oust those with little to no moral or ethical character and replace them with new people. The cycle then continues to repeat itself.

What most of us have not realized though is that there is a higher authority and power that trumps the fiction, that being the Physical Realm. Ultimately though, the highest authority and power rests in the Spiritual Realm. If we want to break the cycle of tyranny and revolution, it must result in the highest authority asserting its standard of love, peace, freedom and prosperity into

the lower realms. Knowing the difference is the challenge as most of us have not taken the time to contemplate these questions. There are those out there that depend on this ignorance in order to continue forcing their will upon the ignorant. Knowing who you are, our relationship within the three realms and differentiating ourselves will make a huge difference when it comes to standing on the highest authority to govern ourselves. It is complicated because the Fictional Realm has entrenched itself in every aspect of our lives. Whole industries have been created to design, support and protect the Fictional Realm. Whole populations of people are so dependent upon it, they will fight to protect it. Knowledge of each realm is the only way we can free ourselves from the tyranny that has grown up around us. It is not an easy journey but one that we must embark on if we want to break the cycles and find true freedom. We will then influence others through our own actions, without force but through influence instead.

Chapter Two

Governance in the Fictional Realm

Do what you will, this world's a fiction and is made
up of contradiction. - William Blake (1757-1827)

I find that the Fictional Realm is by far the most complex, turbulent and confusing realm of them all. There is no way anybody can fully explain this realm as it exists in the vastness of our own imaginations. When it comes to our imaginations, there is no limit as to how far we can go. To keep this discussion focused, the scope will be limited to governance within the Fictional Realm. This level of discussion hurts the head of most people because we were not raised or taught to contemplate our relationship with each other and the institutions that grew up around us. To bring these topics into our conscious mind hurts, but it is something that must occur if we are to see past the smoke and mirrors of those who control the world through control of our own minds. Our minds are capable of creating any level and complexity of ideas. However, what if we were not consciously aware of the ideas or images that we were creating? What if there were people out there who realized that just the mere mention of an idea would result in others believing in that idea and start working to manifest it in the Physical Realm? How would we then be able to figure out whether these ideas were ours or from somebody else? Would those individuals be able to manipulate and control whole populations of people with the mere murmur of a thought or idea? Disturbing concept to say the least.

It became clear to me that my imagination was used as a tool against me for my whole entire life. I cannot and will not blame those who did the manipulation. For in the end, my life and my mind is my responsibility, not theirs. For years my imagination and capacity to create images, ideas and concepts have been heavily influenced by my parents, friends, family, teachers, mentors, authors, film makers, leaders, government, and the church. These

stories, images and concepts have been shared and expressed for thousands of years and built up over time. We were taught that the whole idea of family, community, countries, nations, corporations, treaties, constitutions, finance, commerce, etc, are all constructs created by our minds so that we may find ways to interact with one another. We are capable of making them as simple as we wish or extremely complex. I have believed for many years that these constructs were originally created with the intent of providing peace and security for those who participated. These ideas *do not physically exist* but rather are mental constructs that allow us to communicate or express our relationships with others and the protocols that have been established to help express that relationship in the Physical Realm.

These constructs themselves are not harmful if all involved respected the initial intent and spirit of the construct – peace and security. However, they became harmful when specific individuals went outside of the intent of peace and security and decided to utilize these constructs to appease their greed, lust and desire for power. These constructs are also harmful if those same individuals use force or the threat of force to ensure compliance. We all entered into these relationships out of ignorance and with knowledge we can exercise our free will choice to leave them should they no longer serve the individual. Greedy individuals have been involved in this level of manipulation for thousands of years. The brilliant part of their plan is that they know how our minds work better than we do. So how did they do it?

Language can be a tricky thing. Because most of us cannot read or see images and concepts in other people's minds, we must find a way to communicate those thoughts to others. We utilize sounds, words, music, pictures, body language and any other form of communication we can find in order to get our point across. How do we really know if the other individual received our message properly? After all, our own life experiences, culture, beliefs and biases can have a huge influence on how we interpret all the messages we receive from others. Steven Covey in his book '7 Habits of Highly Effective People' wrote about one such habit. He wrote that we should seek first to understand and then be

understood. This requires that the recipient repeat back to the sender so that he/she can confirm that the message was transmitted and received properly. How many of us utilize this method? My concern though is that even though we have all these methods to communicate with one another, how can we really be sure that the true feeling and intent that is being portrayed will actually get across? This is especially true when using words. I may believe that a word has a specific meaning but if anybody else has a slightly different interpretation of a word then are we communicating? There is a very simple yet powerful example of this point.

Person

When it comes to governance, the word 'person' ends up being the most talked and least understood word. Most people who are just waking up to the word magic of our government institutions should have at least been introduced to the word 'person'. I have been taught throughout most of my life that the word 'person' is a reference to a human being. As a result I used that word to identify with and describe not only myself, but all those around me. I suspect that if you stopped the vast majority of people on the street they would agree with that assessment. What if you used that word within the construct of governments? Does the word have the same meaning on the street that it does within the scope of these constructs? Would it surprise you that the U.S. courts have thousands of different definitions of the word 'person'? One would have to read each case to see if it matches the ordinary English definition of the word or the people's normal use of the word in day to day conversation. This is the main problem that I see with many of our relationships with fictional entities. Despite all the technology and education people have, simple concepts like the definition of a single word can still send the whole relationship into a tailspin as a result of a failure to communicate. To this day the people of this planet are still confused and I believe it to be by design. What better way to maintain control than to make systems so complex and have the meaning of words so obscure, that the average individual cannot make heads or tails of it. As a result

experts are required and they can ensure the integrity of their game is maintained.

I'm going to step through some simple critical thinking processes here so that I can be assured that I, the author, am able to communicate with you, the reader. It is important that you fully comprehend the spirit and meaning behind the ideas I am about to share. This is an exercise that we must all use if we are to bring the truth of the Fictional Realm into our consciousness so that we can properly evaluate it. Does it serve us or do we end up serving it?

My Oxford Unabridged Dictionary (1958) defines the word 'person' as:

- Latin; *persona* a mask used by a player, a character acted; in late use, a human being
- I. A part played in a drama, or in life; hence, function, office, capacity; guise, semblance; character in a play or story.
 - II. An individual human being; a man, woman or child.
 - III. The living body of a human being; either (a) the actual body, as distinct from clothing, etc., or from the mind or soul
 - IV. Law. A human being (natural person) or body corporate or corporation (artificial person) having rights or duties recognized by law.
 - V. Theol. a. applied to the three modes of the divine being in the Godhead (Father, Son, and Holy Spirit which together constitutes the Trinity. b. The personality of Christ, esp. as uniting the two natures, divine and human.

Now, before we go any further, lets all agree that context is extremely important. Depending on the context of the word being used in a sentence, it will heavily influence which definition one should use. As you can see from these definitions, depending on context, we can use this word to describe concepts in the Spiritual,

Physical or even the Fictional Realms. No wonder we get so confused. What makes matters worse, is that not everyone has a copy of this dictionary. There are other dictionaries out there that have very different definitions. It is no wonder that despite all the tools at our disposal, we all struggle greatly in communicating simple concepts to one another. I want to spend some time on this one word for it explains so well the problem we face with the Fictional Realm and steps we can take to diffuse the confusion.

The etymology of the word comes from the Latin word *persona* which is defined as a 'mask', which fits what my Oxford dictionary said. For hundreds of years the word person was a reference to a mask or the character in a play. The word 'person' was not a reference to the actor at all but rather the mask that they wore. So in this context, person was a reference to a concept within the Fictional Realm to describe what people were doing when telling stories. Nothing more.

Masks have been used for thousands of years in almost every culture. The pharaohs of ancient Egypt used masks all the time to represent the gods. They would put the gods' mask on and any words that they spoke would then be viewed as if the god himself were speaking those words. Once they took the mask off, then any words spoken by the pharaoh would be his/her own words. The Romans also had a huge affinity for masks as it represented those who passed on.

What if this behaviour has continued throughout ancient times to this very day? Is it possible that is the actual premise behind calling legislation an 'Act' is to let people know that the King is just acting and any words uttered by them is to be viewed as if the King (god) spoke those words? Is it possible that these Acts only apply to the actors acting in the Fictional Realm? I suggest that the only reason Acts have force and effect in the Physical Realm is because people participate in the Fictional Realm, without being consciously aware of the difference and then manifest it into the Physical Realm through their own actions. They don't recognize they are wearing masks when they act out their role. The third definition of person above references the legal definition and introduces us to two concepts: Natural Person and Artificial Person. We must be

careful here because this definition is from an English Dictionary but when we start talking about words in the legal system, that system has their own dictionary. They define their own words, hence further confusion and communication challenges. The legal system words look like English but it is not English but rather Legalese. If we want to communicate with the legal system we must be very careful to ensure we learn the language and use the correct definitions of words to ensure they comprehend what we are talking about and more importantly, we comprehend what they are saying. This is a process that the vast majority of us fail to do, not because of our lack of effort, but due to the highly technical training required to fully comprehend how this system works.

This is where my point really becomes clear. Now we are accessing multiple sources for word definitions. The Canadian Interpretation Act (R.S.C., 1985, c.I-21) defines a person as being a:

"person", or any word or expression descriptive of a person, includes a corporation.

Now does this describe a corporation or does it describe the human being or both? There are many researchers out there that would suggest that this legal definition of person defines the corporation only. That conclusion is based on the definition of the word 'includes'. This is a very common word where most people get it wrong. I found out a few years ago that I've been using it wrong for most of my life. The word 'includes' is not to add to but rather to shut or close in; to shut up, confine (Oxford Unabridged Dictionary 1958). There are even legal maxims and court cases to support this interpretation. *Inclusio unius est exclusio alterius*, "The inclusion of one is the exclusion of all others". What that really means is that when you use the word 'includes' to define a word it means this and nothing more. When we utilize critical thinking we are forced to conclude that the Interpretation Act has defined the word 'person' to define corporations. Where do we fit in and why does this have to be so complex?

The implications of doing this type of research into definitions of words is profound yet disturbing. If one was to extend their

critical thinking to encompass all that we are, is this exercise really getting to the root of the problem? I think this is a complete distraction from the truth. Even in *Meads v. Meads, 2012 ABQB 571*, Justice Rooke eluded to the truth when he stated in paragraph 30 of his ruling:

I am going to let someone else deal with your living soul. I'm just going to deal with your person.

Justice Rooke made it clear that he does not have jurisdiction over the Spiritual Realm but instead has jurisdiction over the person (Fictional Realm). A key hint to our freedom that I will share later. When he talks about 'person', most of us think he is talking about the physical body but I suggest that he in fact only has jurisdiction within the Fictional Realm. The only reason he gets jurisdiction in the Physical Realm is because the individual did not comprehend the full scope and meaning of the words or who he was.

This brings me to Oxford's third definition of person: "The living body of a human being; either (a) the actual body, as distinct from clothing, etc., or from the mind or soul." For this is, in my opinion, the whole problem with the Fictional Realm and how words are defined. To view our body without the mind our soul and call it a person could be extremely problematic if most individuals are not aware of the distinction. The people acting as judges depend on this confusion.

We have become so lost in the Fictional Realm that we have forgotten who we are. We are so ignorant of the meaning of words that we fall prey to those who use that against us. Are we just a 'body' without a mind or soul? Of course not! But how do we account for our mind or our soul in our language? Why are we using words to describe just the body without taking our mind and soul into consideration? Why are we letting others reference and take jurisdiction over our body with no regard to all that we are?

Corporation

The problem goes even deeper than the word 'person'. I see millions of people marching the streets protesting against

corporate greed, government corruption and police brutality. Are these issues actually a reflection of the people working for these institutions rather than the institutions themselves? What is a corporation or a government really?

The etymology of the word "Corporation" comes from the word 'corpus' which is a dead body. Corporations are nothing more than a construct of our minds of which the details have been written down on pieces of paper. Because a corporation has no life, it is a dead body and it needs a living Man to speak for it. If you read Black Stone Commentaries, a treatise written by Sir William Blackstone (1723 – 1780) to explain the laws of England, you will find that the lawyer's primary function was to speak for these dead bodies because they are not alive and as such they cannot speak. The whole idea was that those who are living can 'present' themselves. As such they did not need a lawyer to 're-present' them because they have a 'living body' and are able to speak for themselves.

So why do we need these 'dead bodies'? The idea of organizing people in a top down pyramid command and control structure (aka business) was first put into practice by the Roman Catholic Church. Yes, the people in the church were the ones that invented the concept of a corporation. Why? Well years ago Kings and Popes had a problem. When they died, their estates would be locked up for years and the new King or new Pope was stuck with the duty of governing without the resources from the previous ruler. They could not access the resources of the previous ruler until the estate was cleared. It was very difficult to rule without it. So they created the concept of a corporation that can own property. They then transferred all the Kings' or Popes' property into the corporation and made them the CEO. It is much easier to change the executive of the corporation than to put all the property through the long and laborious probate process. This resulted in an interesting effect.

Does anybody remember when we were taught the power of compound interest in school? How many of us thought; how great would it be if I could live to be 400 years old? Imagine how rich one would be if they could have compound interest compounding for 400 years!

Well, holding property in a body that does not die has this very same result which created other challenges for the king or the Pope. Over hundreds of years they ended up with empires that grew very large. The larger the empire, the more help they needed to govern, command and control. As such, they needed help. What better way to rule a kingdom than through the loyalty of others. Those individuals were more than happy to swear allegiance to their master in exchange for power, wealth and control. What better way to control all the wealth, land, property and people than to organize it all under a single 'entity'; the corporation.

The challenge was to get everyone else to 'see' the corporation as an actual entity so that everyone would respect it and honour it. After all, what is the sense in putting all your wealth, power and control into an 'idea' when others don't respect or even recognize the idea? So the kings at the time passed 'laws' within their own kingdoms to give force and effect of these entities. Entities that were created out of thin air were created by the mandate of the king, which they called a 'charter'. These actions are nothing more than elaborate constructs for our minds so that we will believe and see what the king wants us to see. The king needed us to follow along with his plan.

The Pope and king took this one step further. They wanted to make sure that all the wealth, control and power of that corporation was only controlled by them. Nobody else. So they created a very special corporation called a 'corporation sole'.

In 1900 a law professor at Downing University, Frederic William Maitland, made a discovery and wrote about it in his paper entitled "The Corporation Sole". What he discovered when he read through the British parliament gazette was that the 'king' was in fact a corporation, but not any normal corporation. This corporation could only be held by one individual, hence the term 'corporation sole'. Maitland also discovered that holding all the property under this corporation was problematic for the king as it was all governed by his legislature and courts. He had nothing with which he could use privately for his own personal use. So the laws of England were updated to allow the king to hold land privately as a Man and publicly as a king.

What most people don't realize is that the Church has been doing this for well over a thousand years as well. Would it surprise you to find out that the office of the Pope is a corporation sole as well? In fact, all the cardinals, bishops and local parishes are also all corporation soles. Is it any wonder that the Roman Catholic Church is the richest organization in the world, followed closely by royalty and business tycoons? What better way to consolidate all the wealth of the world and control all the people by using ideas and concepts that cannot die?

There are lots of people out there that continue to argue that CANADA or any other 'country' today is not a corporation. Other researchers have found that CANADA is listed on the U.S. Security and Exchange Commission, a U.S. agency used to keep track of public corporations. Lawyers and law students would argue that the listing is for the country rather than for a corporation and that this is not proof of CANADA being a Corporation. So we need to dig deeper to prove the point that it is indeed a corporation.

The Crown

Some would argue that the head of this country is currently a lady who was given the name Elizabeth Alexandra Mary Windsor when she was born. That woman draped herself in a corporation when she took her coronation oath and merged with that corporation to become Her Majesty Queen Elizabeth II, a corporation sole. When people reference HM Queen Elizabeth II, they are not only referencing the woman but also the corporation. The corporation sole can be very confusing for people, especially if one is not aware that it exists or how it works. I don't blame them for that as these concepts are the creation of the rules of the world, not common people. The Queen's corporation sole also owns many other corporations. There is also the corporation called 'The Crown' which was created by the Crown of Chancery in England. The corporation sole called POPE also owns other corporations, one of which is called THE CROWN. There is also the Crown known as Queen Elizabeth II in right of Canada. That means that the corporation sole called Queen Elizabeth II holds the title to (in right of) Canada. So is there any one corporation

involved in the construct called CANADA? Absolutely not. To argue that CANADA is not a corporation based on single issue arguments is ludicrous. The world of the Fictional Realm is vast and complex. To unwind the truth requires digging deep and one often finds many layers designed to confuse and dissuade people from finding the truth. To prove the point, let's take a look at the Governor General of CANADA. After all, the GG is the Queen's representative in Canada.

In the Governor General's Act of Canada, section 2 states:

Corporation sole

2. The Governor General of Canada or other chief executive officer or administrator carrying on the Government of Canada on behalf and in the name of the Sovereign, by whatever title designated, is a *corporation sole*. (*author's emphasis*)

So the Man walking around as Governor General is, in fact a Man who has wrapped a dead body around himself (corporation), put on a mask (person) and is merely acting a part. All while knowing full well that the corporation that he wrapped around himself holds all kinds of property, duties, responsibilities and privileges. Because millions of people believe, submit, participate and even swear an oath of allegiance to these corporations, the people who wear these corporations then have authority over those who submit. It may surprise many to find out that each Lieutenant Governor of each province is also a corporation sole and held under the Governor General of Canada's corporation which is in turn held under the Queen's corporation which in turn is held under the Pope's corporation.

To make matters even worse, the individuals who hide behinds these fictional constructs called corporations or corporation soles went one step further. They introduced the concept of limited liability. There is a very old saying in the Fictional Realm where the King can do no wrong. What that means is if the King makes a

mistake, you cannot hold him liable or personally responsible for the mistake. This whole idea of limited liability has garnered so much attention over the years that most people now hold property, perform highly questionable tasks, etc, all under a corporation with limited or no liability. They have gone so far to argue in court that a corporation is a person and has the rights and duties of you or I under a constitution. There is a very good documentary that was released in 2003 called 'The Corporation' (www.thecorporation.com). It can also be found on YouTube and Netflix. The documentary explains very well the psychosis that these organizations or 'persons' exhibit. By using these fictional entities, we found a way to not be responsible for our actions. We can now give the responsibility and liability to these fictional entities. If anything happens, they will pay. As a result of this disturbing idea, nearly everyone is now operating under limited liability. People drive, work or do anything in the public with little or no liability anymore. Every single public employee who operates in the public must have an insurance or performance bond. This is to cover liability in the event that they injure somebody or fail to perform their duties. Imagine what the world would look like if we all started living our lives with full liability? I recognize the benefit of having limited liability, especially for those who govern the public. However, from an ethical point of view, I must rebuke those who take advantage of this unique idea in order to avoid responsibility or accountability. As a result we end up with a constant degradation of ethical behaviours of people who benefit from or hide behind the principle of limited liability.

Consent of the Governed

How is it that over time we managed to give away our power, control and authority to these fictional constructs and those who own and control them? From a very simple perspective, our participation with these corporations is how it happens. Our participation is our consent. There are dozens if not hundreds of ways to participate with their corporations, but let us take a look at voting as an example of how we consent to being governed by these corporations. Most people view voting as an opportunity to

choose which representative will go to parliament to make decisions on their behalf. The belief is that they have the right to present themselves but it is not feasible to have millions of people attending parliament. What most people don't realize is that this simple act of voting is, in fact, a form of granting their own power and authority to a representative through a power of attorney. Because the individuals' authority was handed over to somebody else, that representative now has the authority to exercise the individual's power, leaving the individual with no voice. Granted this power of attorney is usually limited to a term of 5 years, it is still a very powerful instrument that is not fully understood by those who vote. Even the courts have ruled that once the authority has been granted to the representative, the representative has no duty or obligation to the individual who cast their vote. What is even more disturbing is that you may not have even liked the representative and in turn you voted for somebody else. The fact that you participated is enough for the representative who won the election to then assume all authority for all the constituents no matter who they voted for.

These individuals then go to parliament and swear an oath to the Queen instead of you. That is right. These representatives take your authority and use it to serve the Queen. The ministers in cabinet are there to minister to the Governor General, not the people. The ministers are advisers to the Governor General. As such the Governor General is the head of the corporation. He/She is the Chief Executive Officer, not the Prime Minister. The representatives are there to serve and protect the integrity and viability of the corporation. They are not there to serve and protect you. One of their highest duties is a principle called 'continuity of government'. It may seem like they serve and protect the people, but in fact those benefits and privileges are there to ensure your survival so that the flow of energy, control and wealth will be maintained for their empire. After all, without people, the wealth, power, influence and control that the corporation has would literally evaporate overnight. I would also suggest that the primary reason these individuals now end up being corrupted is because of all the power that we give them. The number of people on this

planet who have the character to handle the consolidation of power from millions of people into the hands of one Man are so rare, it is not even worth entertaining. The people, by giving their power away, are directly responsible for the corruption of these individuals.

These lost souls who value greed, power and control have managed to infiltrate all levels of government under the premise that the Crown or State is responsible for governing the 'Public'. What is the 'public' anyway? By definition public is defined as: "Pertaining to the people of a country or locality." (Source: Oxford Unabridged Dictionary 1958). People means EVERYONE. The moment you identify a single individual or group or remove a single individual or group from the whole, then it is no longer the 'people' and by definition is no longer 'public'. I would suggest that there has never been or will ever be a government or nation in the history of this planet that has succeeded in governing the people. They have always strayed from their mandate in order to gain control, power, influence or wealth. It is also important to point out that the public is considered a 'body politic' and as such is a fiction in its own right. The public is nothing more than a concept that is a fictional construct to group or describe people in the Physical Realm.

Remember, all these concepts only exist in our minds. Technically the 'people' don't exist. It is only a matter of collecting a bunch of individuals into a group and placing a label on the group. When we do that, do we not diminish the individuals within that group? These concepts will never manifest into the Physical or Spiritual Realm unless we allow it through our capacity to create. So any construct within the Fictional Realms absolutely is dependent upon Man to keep it going. The moment the idea leaves our minds, it MUST disappear for the minds of Man is its creator in the Fictional Realm. That is how much power we have as individuals when it comes to dealing with the corporations and governments of the world. Guns may not bring down all governments, but ideas definitely could!

This is simple in concept but difficult in implementation. The challenge we all face is that there are literally billions of people who

do not have the eyes to see or the ears to hear. They all believe that corporations and governments exist in the Physical Realm and as such we will continue to face challenges with the people within these organizations. After all, they have a huge vested interest in ensuring that these constructs continue to persist. They will do everything in their power to protect it.

So does it make sense then to protest against what the 'government' is doing? Are we accomplishing our objectives if we march against some 'corporation' for what they are doing to our air, food, water, plants or animals? I believe that focusing on the fiction itself is feeding it life. The more time and energy we spend focusing on the constructs of others is, in fact, supporting and propagating those constructs. It gives it validity so that when others observe the actions and behaviours of the individuals involved in the particular construct, they too can then engage their own imagination and join in on the illusion. That is how powerful our imagination really is. It is a necessary social skill that we have so that we can relate to one another. It allows us to form complex social bonds. What I am suggesting is that we be consciously aware of those bonds because there are people out there who are more than willing to take advantage of us should we choose to bond with them. Instead, perhaps focusing on the people rather than the fiction would be a much more productive use of our time and energy. Focusing on the physical rather than the fictional may be a more productive catalyst for change.

The problem is that we have individuals engaged in parasitic behaviours who created these constructs called corporations, nations, countries or united nations, so that they can convince others that their construct is the best way to provide prosperity and security for those involved. After all, that is what most of us want, correct? We are all looking for peace, security, food, clothing, shelter, social interaction, rewarding lives, prosperity and love. What better way than to do it together as a nation? In principle I completely agree. The problem is that the current nations were set up on the foundation of consolidation of wealth, power and control in the hands of the few; not prosperity, peace and freedom for everyone.

Can we change the current construct? I don't believe we can. The current constructs are so deeply imbedded in our culture and supported by billions of people, it will take a mass awakening that the world has never seen before. Great disturbance of biblical proportions is required to break the grip of these fictional constructs. They were also created with control, power and wealth collection as their core foundation. They are not actually broken but rather they are working perfectly for their masters. The probability of 'fixing' them is small because there is nothing to fix. What is required is that we use our imaginations to form new constructs to compete against these old parasitic constructs. I believe we can form new constructs with the proper intent and spirit that would vastly outperform the old paradigm. Through example, we can show others that there are new and better ways of living on this planet. The Fictional Realm is not good or bad. It is merely a tool and we need to be consciously aware of how we are using that tool to ensure others don't take advantage of us ever again. It is up to us to determine how it will serve us during our physical manifestation on this planet, rather than continuing to participate in a construct where we end up being the slaves to a fictional master. It is a matter of being consciously aware of what our mind is doing. Christ had a similar challenge that was described in scripture.

Again, the Devil taketh him up into an exceeding high mountain, and sheweth him all the *kingdoms* of the world, and the glory of them: And [the Devil] said unto him, All these things will I give thee, if thou wilt fall down and worship me. Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve. - Matthew 4:8-10
(*author's emphasis*)

The word 'kingdoms' in context with the above passage is the right to rule over the kingdom rather than ownership of the land or the people. The individuals wearing the corporation sole called

POPE, Crown, King, President, Governor General, etc, have all succumbed to this temptation. They have all succumbed to the glory, wealth, power and greed that comes with the whole idea of governing kingdoms. I believe that this third temptation of Christ took place in his mind. I don't believe that the Devil took physical form beside him to tempt him but rather took fictional form in his own mind. The temptation was there that allowed him to contemplate the idea where he could easily take over the world. Something that is clearly within the realm of the Devil (temptation). However, Christ knew that the Fictional Realm is not real. He knew that he would not obtain his objective in the Fictional Realms. His job was to show people what the Spiritual and Physical Realms were all about. He saw how lost everyone was within the Fictional Realm. I think what is important with this passage is to recognize that all that is required is the discipline to command the mind rather than let the mind run rampant and be susceptible to these temptations. This is a very difficult process and I believe that is part of why we are here. The mind is very powerful and requires discipline in order to consciously control it to ensure this tool is used appropriately to reflect our intent and spirit. If we let the mind control and govern us, then we will end up being stuck in the Fictional Realm and we will not find our way out.

People were not born lawyers, judges, police officers, politicians or even kings. It took years of training to build up the skills to be able to perform these roles in this play we call 'society'. As William Shakespeare said so beautifully in his "All the World's a Stage":

All the world's a stage,
And all the men and women merely players.
They have their exits and their entrances,
And one man in his time plays many parts,
His acts being seven ages.

For me I find this to be literally true when it comes to describing our participation in the Fictional Realm. The stage is this highly complex scene staged in the minds of Man. If we don't like this play we can exit stage left. This play was created by those who

wear the costumes and play the roles of kings and popes so that they can continue to rule their empires, fight their wars, control the population and obtain great wealth and power. The directors are the people hiding behind the scenes who have obtained great wealth and control as a result. Their motives, ethics and morals must be highly scrutinized. The actors in this play go through lots of training to learn how to play their part, including you and I. This play is not designed to ensure prosperity for all. It was designed to enslave the unwitting participants through complex language and force if need be. We do not direct this play, so we cannot change it. This play is not broken. It is highly controlled by the directors.

We continue to participate because we have been hoodwinked into believing that we are the actor that we are playing. Ask most people who they are and the first words out of their mouths would be the job they do. People identify with the fictional construct that they grew up learning how to perform; lawyer, doctor, accountant, engineer, etc. That is not who we are but rather what we do. How many famous actors do you know of that identify themselves with the character they played in the movies? You don't see Harrison Ford walking around introducing himself as Han Solo or Indiana Jones do you? So why do we identify with our roles in life?

It is easy to see the Fictional Realm once it is pointed out. You know you are dealing with the fiction when somebody else defines the words to ensure you comprehend their story and the role you are playing. You will also be able to see that the vast majority of the actors also wear costumes. Robes, uniforms, suits, etc, are all used to communicate the position being played.

It is time that we exit stage left, write, produce, direct and act in our own play. Our mind is ours to command rather than having others do it for us. Utilizing the powerful capacity to create in our imagination to manifest what we are looking for in our own lives. An opportunity to make a difference in our world. All it takes is the courage to pick up the pen and start writing and defining our own lives in our own play.

Chapter Three

Physical Realm

In the beginning God created the heaven and the earth. - Genesis 1:1

There are literally thousands of different stories over history that explain how the earth came to be. The question of how the Physical Realm manifested has been argued for thousands of years. The debate continues today with recent news articles talking about how physicists may have evidence that the universe is actually a computer simulation. There seems to be a great divide between people in regards to how this whole Physical Realm came to be. For me, I have no doubt that the Physical Realm was created by the Spirit. Everything that exists physically is formed by and bound to Spirit. Despite how it got here or whether it is real or not, we still face the truth of this existence; we exist, we are here and what do we do about it?

I find it difficult to talk about each realm without bringing the other two into the discussion as the relationship between all three is so close and interwoven. The last chapter talked about the Fictional Realm and how it is manifested from the mind. Some would argue that whatever our mind conceives, it is real and as such forms a part of this physical world. I disagree. I think what the individual is able to create in their own mind is their own interpretation and as such the individual creates their own world – in their mind. We all have our own separate and unique view and interpretation of our life, this physical world and how we interact with it all. Our views are separate from the actual physical world upon which we live as it is merely an interpretation based on personal experiences, knowledge, bias, thoughts and feelings. That is why we struggle so much to communicate with one another as each and every single one of us has a different view and interpretation of the world upon which we live. We struggle because we don't see or understand each others world and we fail to communicate our views. The fictional

constructs we create in our mind can influence the physical world but only through our actions, beliefs and behaviours, as our mind has a very close relationship and impact on our physical body. It is the will and expression of Spirit that has the biggest impact and manifestation in this physical world, as it allows for the creative force that created the physical world to alter and manifest new physical realities. Either way, the physical body and it's environment seems to be the central focus of our current manifestation.

Our physical body was manifested by the fusion of body and spirit within our mother. It may have required a male and female act to start the physical process but it also required spiritual intervention to make a viable fetus. That fetus grew with nutrients that came from the Earth. It is the parents, grandparents, friends and family who are all responsible for raising the baby to maturity. I'm not just talking about physical maturity, but also emotional, mental and spiritual maturity as well. The physical maturity is very much a natural and automatic process. The body can pretty much take care of that itself. All it needs is food, water, shelter and clothing. At times it gets sick so some intervention is required but for the most part, the physical growth is all automatic. The biggest challenge for the parents that requires active and conscious participation is with the mental, emotional and spiritual growth. Until the child is mature enough on all four levels, he/she will always remain dependent and will never achieve full independence. If the child cannot achieve full independence then he/she will not be able to participate in the bounty, joy and love of a healthy interdependent relationship. Many people fail to achieve full independence and as such end up in co-dependent relationships.

Most parents use a very simple concept to help raise their children. The premise is based on the idea that parents provide benefits and privileges to the children to encourage wanted behaviour and they use consequences such as withdrawal of benefits and privileges, up to the use of force, to discourage unwanted behaviour. The reality of the situation that most parents quickly realize is that the child has free will of his/her own. Ever try to control or reason with a two year old during a temper tantrum? Just makes the situation worse or ends up in complete

failure if a parent tries logical reasoning with a child who is behaving irrationally. However, force may be necessary at times in order to protect the child from harming him/her self. They don't have the emotional or mental maturity to fully comprehend the consequences of their actions. So they can be a danger to themselves due to their own ignorance and lack of maturity. This process requires fine tuning and many thousands of hours of dedication to raise a child to maturity. Many books have been written about the subject. The point I want to make here is that if the parent fails to bring all four aspects of the child to maturity, then the child will be dependent upon others until he/she can bring some level of maturity into their lives themselves, if they are even consciously aware of the dependencies that they have.

In our current world situation, this is where the Fictional Realm comes into play. The problem that I see is that the vast majority of people have not been raised to any significant level of maturity, especially in the emotional and spiritual aspect of being. Because of that, most people then find other parents to provide some level of benefits and privileges in order to survive. When the child moves away from home, that new parent usually ends up being the State which is a fictional entity. If the individual was emotionally and spiritually mature, they would naturally reject the fictional entity and instead recognize the Spirit and govern themselves.

The State is a parent to all the children that is dependent upon it and it uses the same model for raising children as biological parents use; benefits and privileges. Although the biological parents' intent was to raise the child to independence, the state is very much interested in maintaining dependency. The child, most times, will leave the biological parents and engage the fictional parent using their own free will to sign up for benefits and privileges. Some examples of those benefits are employment insurance, pensions or health care. Some examples of privileges range from drivers licenses, voting, passports, or any form of licensing requirements. And just like a biological parent, the State will engage in force to protect the child because they are deemed vulnerable and needs protecting. Misbehave and they withdraw benefits and privileges.

What if the child could take the necessary steps to gain full

maturity on a physical, mental, emotional and spiritual level? Would there be any requirement to have a parent, biological or fictional, to provide for the well being of the individual? Would the parents have or owe any duty to the child at that point either? In nature, the young must become independent or perish. It is a harsh reality with all other life on this planet.

I believe that in order to complete the process of growing up, it requires that we all achieve full independence from all parents on all levels of being (physical, emotional, mental and spiritual). The challenge is that there are very few, if any, who are truly 100% independent people out there. There are few parents out there that can raise children to this level of maturity. We live in a world where the parents are children themselves. Even the people who wear the masks of the State are children and that would explain why they behave like children too. The level of maturity being displayed in most provincial, state or federal assemblies is appalling and very telling of how much maturity the individuals themselves have actually achieved.

So in order to accomplish a balanced level of maturity through all four states of being (physical, emotional, mental and spiritual), a significant amount of work must be done.

My people are destroyed for lack of knowledge.
- Hosea 4:6

Lets get to work. In January 2012, I asked myself an important question: Am I a Man searching for spiritual enlightenment or am I a soul/spiritual being having a physical experience? I then went through a thought experiment where I challenged myself in regards to the mortality of both. With my current belief structure I believe that the physical body will last for 80 – 100 years, give or take a few years. Could be much sooner if I don't look after it. However, the spirit most likely existed long before the body was born and it will exist long after the body is gone too. So given the immortality of the spirit, I came to the conclusion that the essence of who I am is not rooted in the body but rather is rooted in the spirit. That whole thought process significantly changed the whole outlook of who I

AM.

Is it possible then that the body is nothing more than a vessel for the spirit to express itself and experience what mortality is like? How else could an immortal being learn how it feels or what it means to be mortal without fully immersing itself? The implications are significant as I quickly realized that I am not a physical Man but rather I am spirit in possession of a physical body. As such it is my duty to be a good steward of that physical vessel. If I don't take good care of it, then the amount of experiences I can have here are going to be very limited. The other big realization for me came in the form of my fear of death. Once I realized that when the vessel dies, the essence of who I am continues on, then in reality, I cannot die. The vessel dies and it will then be returned to the earth from where it came, but the spirit moves on. This is where a huge paradox comes into play and this is where scripture really helped me out to make the transition in how I view who I AM. What I realized is that an undisciplined mind can be harmful for the body and spirit.

For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live. - Romans 8:13

What if, by chance, the scientists are correct in that this universe is one big computer simulation or holo-deck? What if, by chance, this universe was setup so that the Spirit could participate in a kindergarten of sorts, to learn, experience and grow as a spirit? What if I am right and that we are here to mature as spiritual beings so that we can grow up to be independent, responsible, accountable Spiritual beings? Would that change how we view things here on Earth or how we live this physical life we find ourselves in?

The paradox of those questions are significant. Many people out there believe we are all 'one'. The paradox is that we are all one AND we are also individuals. I believe we are here to express the truth of who we are and to challenge ourselves in an environment of mortality and individuality, not collective oneness. How else can

immortal beings find greater expression than to add a little bit of jeopardy in the mix? What is even more profound is that I believe the Creator sent us here, his spiritual children, to learn how to grow up to be responsible, accountable spiritual individual adults. The Creator, just like any other parent, has provided us with benefits, privileges and consequences, should we not take this seriously. I've been exploring the construct of what that would look like and I am intrigued as to what I found.

And God said, Let us make man in our image, after
our likeness. - Genesis 1:26

This passage has troubled me for many years. What does it mean in 'our image'? Could it be possible that this is a reference to how the Spiritual Realm got together to manifest this school yard we call the Physical Realm? I'm not saying that I am God here, but rather the essence of who I am, my spirit, is a child of God. The body is the vessel I choose to occupy and possess while I go to school. God helped our Spirit form the physical vessel in the image and likeness of our Spirit. So while I am here, what am I supposed to do while I have this gift?

And God blessed them, and God said unto them,
Be fruitful, and multiply, and replenish the earth,
and subdue it: and have dominion over the fish of
the sea, and over the fowl of the air, and over every
living thing that moveth upon the earth.
- Genesis 1:28

Scripture confronts me with the realization that in this physical form, our instructions are to be fruitful, and multiply, and replenish the earth. In order to accomplish this, one would be required to live in a model of prosperity where everything prospers, not just an elite group of people. The challenge here is that our current relationships with one another, on a physical and fictional level, is modelled on scarcity rather than prosperity. Corporations need scarcity in order to make profits through supply and demand. With

prosperity, there would be too many commodities floating around in order to sell and profit from. Supply would out strip demand. So scarcity is counter productive to what our actual purpose requires of us. The other significant point that I'm confronted with here is that we are to have dominion over the fish of the sea, over the fowl of the air, and over every living thing that moveth upon the earth. For me, that does not mean ownership and control. As with our modern interpretation of dominion, there is an implied duty of stewardship that goes along with having dominion over something. That duty is to ensure everything prospers on the earth, not just a small group of individuals. To ensure prosperity for all requires that I love all.

So as Spiritual beings in possession of these physical vessels, we are faced with many choices in our lives. We are endowed with free will and as such we choose which benefits, privileges and consequences we will face as we move through this linear time-line in this Physical Realm. The paradox between the two Realms is clear, for those who want to consider the differences.

For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would. - Galatians 5:17

The paradox of merging a Spirit with the flesh in this Physical Realm is that the consciousness that resulted is also a merging of the two. We have a choice on whether we will let our Spirit guide us through our experiences here on Earth or let the flesh influence the journey. I think it would be safe to say that this could be equated to the analogy of having an angel and a devil on your shoulder. Both of these manifested in the mind and it is our free will choice as to which path we will follow. This same choice was made by Christ when the devil tempted him. The devil being that internal voice that we all have that tries to convince us to lean towards the Physical rather than the Spiritual. The devil does not physically exist but rather is the manifestation of temptation and is our adversary within the Fictional Realm that influences our experiences each day

in this physical body within this Physical Realm.

What I see in Matthew 4:8-10 which highlights the third temptation of Christ is the exact same challenge we all face, the lusts of the flesh. Christ was able to rebuke those temptations with a simple command. His mind was strong and disciplined enough to resist those temptations, where the vast majority of us still fall for them, including myself.

Now the works of the flesh are manifest, which are [these]; Adultery, fornication, uncleanness, lasciviousness, idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told [you] in time past, that they which do such things shall not inherit the kingdom of God.

- Galatians 5:19-21

How hard is it to reject or avoid these temptations? Very difficult, right? Especially with all the multi-media, websites, TV, radio and print out there published by those who are fully immersed in these activities and paid for by those who want to enslave the physical world through the fiction.

Now, before I go any further, I think it is important to discuss the Bible. I read, study and research the Bible. However, I do not trust it. Yes, I know, lots of people believe it to be the 'Word of God'. I must also consider that the works of the flesh have had a few thousand years to manipulate and bastardize the writings in the book. Let me give you a few examples. The quotes that I write about come from the King James Version of the Bible. The Old Testament was translated from Hebrew and the New Testament from Greek. I have yet to explore texts that were written in Sanskrit, etc. But this will do for my point. So let's take the word 'witchcraft' from the most recent quote from Galatians. If I was to use the English translation, then the works of the flesh would include witchcraft; 'a female magician, sorceress; in later use, esp a woman supposed to have dealings with the devil or evil spirits and

to be able by their co-operation to perform supernatural acts.' However, that word 'witchcraft' was translated from the Greek word '*pharmakeia*' which is defined as 'the use or the administration of drugs, poisoning, sorcery or the deceptions and seductions of idolatry.' For me, the implications of this one word showed me just how much manipulation there is depending on the intent of those who do the translations. Yes, that would include my own bias as well in that list. Suffice to say, *pharmakeia* is the root word for pharmaceutical, the basis for the entire pharmaceutical and medical industry in the world today. So does that mean the whole pharmaceutical and medical industry is involved in the works of the flesh? I would suggest that yes, indeed they are engaged in the works of the flesh! So why the manipulation? Well, could it be that when the 1611 version of the King James Bible was being translated that there was a witch hunt going on? How much easier would it be to justify killing women when scripture suggests that witchcraft is taboo. So why not translate the bible so that the King can more easily justify his desire to hunt witches?

Romans 13 is also a famous passage used by kings and those who wear the masks of the state to maintain control over the masses. I've taken translations of this passage from several different versions to show my point. The first is from the New International Version which was translated in the 1970's.

Everyone must submit himself to the governing authorities, for there is no authority except that which God has established. The authorities that exist have been established by God. - Romans 13:1

If I were to accept this version of the Bible then it would appear that I physically must submit to those people wearing masks. But instead, I firmly believe that everything I see, hear, read or feel should be filtered through some critical thinking and through my heart to find the true spirit of the original message. I don't accept everything at face value because I now know that everything is not as it appears. I will do my own homework. Remember who paid to do the translations ... kings. So is there bias involved? I'll let you

decide that for yourself. Here are two versions of the same passage this time from the New King James (NKJ) Bible translated in 1769 and the King James (KJ) Bible translated in 1611:

Let every soul be subject to the governing authorities. For there is no authority except from God, and the authorities that exist are appointed by God. - Romans 13:1 (NKJ 1769)

Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God. - Romans 13:1 (KJ 1611)

Wow, there is a huge difference between these translations. Now scripture is talking about souls and 'higher powers'. That may or may not mean 'governing authorities'. How can we know for sure? Well, the New Testament was translated from Greek, so what do the Greek words mean when we translate 'higher powers'? Well to do that, I use a publication called Strong's Concordance. It was written by James Strong where he created an index of all the words in the Greek and Hebrew books and linked them up with the English translations. So when I look up an English word, I can find out the Hebrew or Greek word it was translated from. I use www.blueletterbible.org to make this process easier than flipping through a book. Here is what the website's link said about 'Higher' and 'Powers'.

'Higher' - Greek word 'hyperechō' (Strong's G5252)

I) to have or hold over one

II) to stand out, rise above, over top

a) to be above, be superior in rank,
authority, power

i) the prominent men, rulers

b) to excel, to be superior, better than, to
surpass

'Powers' - Greek word 'exousia' (Strong's G1849)

- I) power of choice, liberty of doing as one pleases
 - a) leave or permission
- II) physical and mental power
 - a) the ability or strength with which one is endued, which he either possesses or exercises
- III) the power of authority (influence) and of right (privilege)
- IV) the power of rule or government (the power of him whose will and commands must be submitted to by others and obeyed)

So when I interpret this passage a few things pop out at me. First off, the passage is written for the soul which places the context of the passage in the Spiritual Realm rather than Physical or Fictional. In the Spiritual Realm, the power that rises above and stands out over power of choice, physical and mental power, power of authority, power of rule or government could only be that of the Creator, since the Fictional and Physical Realms have no authority in the Spiritual Realm! That is opposite of what the NIV Bible translated to, which commanded everyone to be subject to fictional constructs of government. Do you see how easy it is to manipulate the Bible in order to gain compliance over others on the earth? I pray you do.

So when I do any of my work, I think long and hard about what I find and I then touch base with my Spirit to get confirmation that I am on the correct path. The mind is great for analysis but horrible for decision making. I must touch base with my heart to make these choices. I believe the solution to all these issues is simple but it still requires hard, difficult work to accomplish. It is all within reach of anybody. As with anything, context is going to be so important throughout this book. When we accomplish this level of discernment, we need to let the Spirit guide us rather than our mind as the fictional constructs will lead us astray.

Let's get back to the works of the flesh. I suggest that the vast majority of people on the face of the planet have succumbed to the works of the flesh. I believe it occurred because we are all behaving like children and as such we all looked for parents to help look after ourselves so that we can go off and do what ever we wanted. Years ago, there were marauding bands of thugs who would go around stealing, burning, raping and pillaging. The people had a difficult time defending themselves from these marauders so they approached the king for protection. The kings of the world required centralized forms of governance in order to protect all these people and their property. The people in turn swore an oath of allegiance to the king in return for protection. The marauders changed their tactics. Instead of marauding villages and farms, they now pillage entire nations by infiltrating the organizations that were originally setup to protect the people. They now do it with the stroke of a pen rather than a sword. These marauders have succumbed to the works of the flesh and exhibit behaviours associated with psychopaths.

Psychopaths have a very interesting list of traits that describe how they behave.

- Pathological lying
- Manipulative
- lack of remorse or guilt
- lack of empathy
- failure to accept responsibilities
- incapacity to love
- poor judgement
- unreliable

Would these symptoms describe the works of the flesh being manifested? I think it is safe to suggest that the vast majority of

those wearing the masks of the state and corporations are in fact, exhibiting psychopathic behaviours, whether consciously aware of it or not, and as such they are very much into all the benefits of the flesh at the expense of their spirit. That to me, is very sad and I suspect that is why we were asked to pray for them, for they are the ones who are the most lost and need the most help.

If we really want to work on our relationship in the Physical Realm, I believe it will require we set aside the man made laws in the Fiction and really start to pay attention to the Natural Laws that govern the Physical Realm. These Natural Laws were established by the Creator and they govern all life on Earth. As our physical bodies are an integral part of the earth, they too are subject to those Natural Laws. We cannot escape it, no matter how far we bury ourselves in the Fictional Realm. The vast majority of us are completely ignorant of what these Natural Laws are, so we fumble around in life, victims to consequences we don't understand. I do not profess to being an expert in this area as I am still learning and working to figure this all out. My martial arts training did teach me a few key lessons though.

In the martial arts, we do extreme physical training. As an instructor, it is my job to observe the learning styles of each of the students. Some people learn best through audio clues. So as I train, I am explaining every move verbally. Some people learn best through visual observation. So I demonstrate physically every move as well. However, some people learn by having their limbs manipulated physically so that they can feel it for themselves. It is a challenge at times but a good instructor will be observant so that he can help the student. I don't know about most people, but I got into the martial arts to find some mental discipline to help with my depression. Through 10 years of training I found that the benefits of that level of vigorous training was way more than I thought it would be.

Martial arts training taught me that the mind is a powerful tool and its own worst disability. The power of belief has real consequences in the physical realm. If one believes that their body is not capable of accomplishing or performing a specific task, it will sabotage the body to ensure that it is right (ego). My job as an

instructor is to push the student to break through these self-limiting beliefs to show the student that the body in fact can accomplish way more than what the student believed it could do. The training is so intense that the student must focus 100% of the conscious mind on what they are doing in order to start to program the subconscious.

Through repetition, we can then get to a point where the conscious mind can then focus on the next lesson and let the subconscious take over what was learned. We do it through gradual steps and repetitive training rather than a single leap. It would not be fair to a new student to setup five bricks to break in their first class. The student would not be able to break them. Not because they are physically incapable but rather they don't have the belief, confidence or technique to do it. The failure would cause the student to quit which would re-enforce what the mind thought from the beginning. However, through hours of training, I would help them build up their strength, teach them technique and have them start breaking boards instead. Through slow, gradual increases, the student slowly builds up the confidence and skills so that after a few years, they have the skills, knowledge and confidence to attempt a cinder block break. The mind would reject and sabotage the possibility of accomplishing such a break without going through this process. Once the student breaks the bricks, there is no longer any doubt in their mind that they can accomplish this significant physical feat because they actually accomplished it.

What may have started out as a physical exercise has now turned into a tool to mold and form maturity, discipline over the mind, mastery over the body and a level of spiritual awareness that would not have been accomplished otherwise. We use physical techniques to teach the student how the mind and body works, what parts to listen to, and what parts can be ignored. We stretch the mind and the body well beyond the normal capacity and beyond what most people believe is possible. I've seen tremendous growth in many people who have made the conscious choice to do this level of training. Martial arts is only one avenue. There are many others.

I believe all of nature works in the same way. Just as we

observed, learned about and overcame the limitations of the mind and body within martial arts, our relationship with nature can go through similar training and scrutiny. I am not talking about forcing nature by changing how nature works through science. In my view that is extremely dangerous and irresponsible. However, with observation, knowledge and familiarity of the laws of nature, we can interact with nature to perform and produce more than we could normally. Scientists attempt this through genetic manipulation, chemicals and other harmful techniques which violate the spirit of nature. As a result we find people, animals and plants getting sick or dying. We see extreme fluctuations in populations, huge deforestation and mass extinctions taking place. Why is that? Because greed, economics and ego drives the decisions rather than love, observation and a full understanding of how nature works. It is not balanced but rather forced. It would be equivalent to me sending all my students out to get mechanical and computer implants and take steroids in order to make them stronger and faster. I am not helping them reach their full potential and as such they lose out on the emotional, mental and spiritual benefits of the training. Not only that but the gains are only temporary as the body would burn out over a short period of time.

Economics is what drives the corporate agenda which is all based on scarcity rather than prosperity and it too will soon burn out. The drive for exponential growth is impossible as it violates Natural Law. It is lazy and irresponsible. Only through proper observation and training can we fully realize the true and awesome potential of our own bodies and that of the natural world around us. In order to accomplish that, we must be like the martial artists; we must observe, learn how things really work, train hard and push the boundaries while maintaining respect, honour, love, peace and freedom.

Learning what Natural Law is all about is critical to our ability to be proper stewards. There are masters who know Natural Law best. They will be our instructors in the art of nature. The problem is that they have been nearly wiped out or persecuted. The near extermination of the indigenous peoples of the world and other talented individuals means there are not many masters of nature

left on this planet. They are speaking up and it is time to take them seriously and start to learn from them. Just as I was a student at one time in the martial arts, I consider myself a student in the art of nature. I listen, learn and have deep respect for the masters as that is the only way I will master the art myself. I have much to learn.

Since I am not a master of nature yet, I will not be able to explain Natural Law properly. But as a student, I will do my best to explain it with the intent to encourage others to start learning the art of nature and become Natural Artists.

Nature is all about the cycles of life and how the physical world is governed. Natural Law is the Creators' way of governing all life on earth. Nature requires ebbs and flows to exist. It expands and contracts. Biological systems find an equilibrium as organisms work out their relationships with one another. This process is complex. Should one organism break free and follow an exponential growth curve, natural law will remedy the situation to bring it back into balance. Our human bodies are a part of that process and as long as we view nature as a resource to consume rather than exploring our relationship with it, we will continue to struggle and Natural Law will assert itself, whether we like it or not.

Part of our journey in exploring Natural Law as a Natural Artist was to unplug from the fictional constructs founded on scarcity and move out into nature and start living these cycles. Living with the fictional, rigid and predictable fictional exponential cycle is very different than living within the fluid and seemingly unpredictable cycles of nature. We are used to rigid schedules and deadlines. But in nature, each day is different and as such one must go with the flow. The length of day light changes throughout the year based on the earth's position around the sun. Shorter daylight in the winter, longer in the summer. We also have lunar cycles that govern tides or when animals go into heat. Seasons govern when it is time to plant, grow, harvest or rest. Living off grid, we generate power with solar panels and collect rain water off our roof. So on a sunny summer day, we have the power to perform extra tasks such as doing laundry or running saws as that is when we have the extra power to do those sorts of activities. On a cloudy day, we find

other things to do. These kinds of observations were interesting to experience as we were completely ignorant of them having the grid provide all we needed at all times and being governed by clocks and calendars. We found that nature provides all that we need, but it does require that we plug in and start participating with those cycles. The cycles of the corporate world are broken and incomplete. They will fail.

Building relationships with nature also exposed us to a whole new paradigm. Having corporations grow, process and deliver all our food resulted in a complete detachment to our food. Most people have no idea where their food comes from, how it was raised, treated, drugged, processed or shipped. By unplugging from the corporate model, we were forced to build a relationship with our food. Being responsible for planning, planting, raising, growing, harvesting, killing, packing, freezing, cooking and consuming the food required that we come to terms with what it means to consume another life. Because each life has a spirit, all of a sudden there is an emotional attachment which must be recognized and honoured. Our physical bodies are a part of the earth and as such they need physical nourishment to survive. That requires the body to consume the bodies of other life forms to provide that nourishment. To kill in order to live is a relationship that most of us seems to want to avoid at all costs. As a result we are more than happy to pay somebody else to do the dirty work. The relationship between life and death is as important as day and night. There cannot be life without death and death without life. It is a law of nature. We are terrified of death because of the pain associated with it. We fear it. We avoid it at all costs. But when we contemplate that Spirit cannot die but rather it is just our vessel that dies, would that change our relationship with death? If I was to kill a chicken to eat, would it be prudent to give thanks to the spirit of the bird for giving its vessel so that I may live? Am I able to do that if I purchase it in a store long after the spirit has moved on? The relationship is not even close to being the same. To honour the spirit of the plant or animal that I kill is to recognize and honour my relationship with the spirit at the very moment I separate the spirit from its vessel and get consent to do so prior to forcing that

separation, no matter what form the spirit took while it was here (plant or animal).

Just to be clear, I don't have a hate on for science. I recognize that science is dedicated to learning about the natural realm. It has its place and it is important. What I caution though is allowing science to play God. I want to do the work to learn about nature and build a strong, healthy relationship with it, living within its cycles. Only through observation, trial and error, training and repetition will I then come to terms with what that relationship truly is and be able to prosper with it. In the process I will find further mastery over my mind, body, emotions, feelings and spirit. That for me is what true stewardship is all about. To get there will require great disturbance as mankind is well beyond the point of sanity when it comes to having a healthy relationship with our physical environment. Our way of life is so detached and unplugged from nature that we are in perilous danger. It is impossible to govern nature using a centralized model because every location on earth is as unique as each individual. Natural Law is going to reassert itself and reestablish balance. We are all in for a world of change. Those that embrace the change will do fine, those that resist will perish. It is up to us to steward our little corner the best we can and work together for the betterment of all.

The test for me will be to see if we can all look past the letter of what I write and look into the spirit of what I am talking about. If we can find some common ground and agreement, no matter the background, culture, religion or belief structure, then we are more likely closer to seeing the physical world as it actually is rather than what we all think it should be.

Chapter Four

Spiritual Realm

Those who are able to see beyond the shadows and lies of their culture will never be understood, let alone believed, by the masses. - Plato

A couple years ago a hereditary chief and a couple of his brothers, all from Manitoba and North Dakota area, came to visit me while I was teaching a class in Edmonton. I invited him up to address the group and he shared a bunch of stories that moved me considerably. One of those stories had to do with a time when the U.S. government was sending their military out to slaughter the indigenous people. The U.S. soldiers were confused because when they went into the indigenous camps, the men, women and children would have big smiles on their faces, joy in their hearts and look up to the stars with their hands reaching up like a child being picked up by their parent. They knew they were about to die at the hands of the U.S. military and the soldiers could not figure out why they were so happy. What they failed to realize is that the indigenous had such a strong spiritual connection with the Creator that they knew that when they died, they would once again return and be with the Creator. To the majority of the U.S. military this concept was completely foreign to them. It was not until much later that some of the chiefs realized that if they all left to be with the Creator, that there would be nobody left to protect Mother Earth. It was this that initiated their fight for survival. Not for their own survival, but for the survival of Mother Earth. Today we find a strong movement called 'Idle No More' and I suspect most people think it involves the rights and protections of the indigenous peoples. I suspect that deep down, their spirit is moving them to action because Mother Earth is in danger and she needs some significant help by those who have dedicated their lives to being stewards of the Earth. They know that they have a duty to protect Mother Earth and ensure prosperity for all. It is no different than what I

just shared in the last chapter.

This is not merely a physical process that we are seeing taking place. I believe there is much more going on than what can be seen with the eye. Sure there is physical harm being done every day to people, the Earth, water, sky, etc. However, I believe there is also a huge spiritual component to all that is transpiring. The problem is that some of those who do not recognize or believe in the spirit or the existence of the Spiritual Realm, to some degree, behave as if only the Physical Realm exists and ignore the Spiritual Realm to the detriment of themselves and others.

I once read a story about an event a few hundred years ago when the Spanish first came to Central and South America. The indigenous people there were almost entirely submersed in the Spiritual Realm. They could only see the spirits of the trees, animals, water and sky. The story talks about how the medicine man was the one individual who managed to get to the point where he could see both the physical and spiritual and was relied upon to translate between both realms. It was the medicine man who saw the sails of the boats when they came to shore. The others could not see the physical manifestation of the boats and as such they were very easy to capture, turn into slaves or slaughter.

I believe these stories and with all that has happened to the indigenous people all over the world, we have lost the capacity to see and relate to the spirit of all those around us. We have been enticed to spend our entire life governed and influenced by the fiction to the point where most people have a hard time separating fictional constructs from the physical. Billions of dollars have been spent and countless wars waged throughout history arguing about who's creator is more powerful.

The sad part is that due to the rise of the Fictional Realm over the last few thousand years, but most prevalently in the last couple hundred, there has been a huge shift away from the spirit in favour of the fiction. The fiction has become the new God to most people. I say that with confidence as I continue to observe how much time, money, energy, wars and resources are spent, to protect entities that do not even exist. The very concern that the hereditary chiefs had about the destruction of Mother Earth is continuing

because the new gods being worshipped focus on greed, power, wealth and high standards of living over anything else. The good news is that some people are starting to realize that their fictional god may be a big mistake and people are starting to wake up to these truths.

In a paper written in 2005 by lawyer John Borrows, entitled “Crown and Aboriginal Occupations of Land: A History and Comparison”, John wrote:

Over the last couple of days as I’ve listened to the Elders, I have begun to understand that what I’ve learned about Aboriginal peoples and their situation in Canada has largely come from written sources, from books, and there are a lot of things that were embedded in my legal education that I haven’t overcome. The most important one, I think, is that law school indoctrinated me with the belief that the Crown is all powerful, and I think that’s a real problem, because I think legal education [has] a tendency to regard the Crown almost in the way that the First Nations people regard the Creator—as being the source of all things.

I am very happy to see that some people are starting to see the fiction for what it is. So the big question then, “What is my true relationship with the Spiritual Realm and the Creator?” I think people have been asking that question for thousands of years. The problem is that for many of those years most people could not read or write and as a result they were susceptible to influence or coercion by those who chose to take advantage of their vulnerabilities. These charlatans were able to interpret the will of God for their own benefit and place themselves in a position of power and influence over those who were illiterate. What better way to control people than to tell them what the will of God is? I believe every single organized religion of the world plays this game, the worst being the Roman Catholic Church. In fact, those individuals who wear the masks of the church are so lost in the fictional realm themselves I really question whether they realize it

or not. The Roman Catholic Church is the first organization to implement a business model to their organization, a very simple corporate model that is still effectively used today. My big burning question is; do I really need to read and write in order to explore my relationship with the Creator? Do I really need somebody else to interpret or tell me how that relationship should unfold? Is it their responsibility to mold the types of relationships that I have or is it mine? For me, I have come to the realization that I AM 100% responsible for all my relationships and as such it is my job to explore my relationship with the Creator and all it contains.

I've already shared my views about the Bible and how I don't trust a lot of what it says. The reason I don't trust it is that it conflicts with my core beliefs about my relationships with myself, God, family, friends, Mother Earth and all that the Earth contains. What I did instead is establish a core foundational principle that I decided to live my life by. If I run against ideas, concepts or beliefs that conflict with those core foundational principles then I have a choice; engage critical thinking processes, evaluate the new idea and decide whether I will change my principles or reject the idea. The process I went through to recover from depression is exactly the same but does requires the will to do the work. I went through 18 weeks of dismantling flawed constructs that I believed in in order to rebuilt a whole new construct. The old constructs resulted in much pain and suffering, where the new constructs resulted in way more happiness, peace, freedom and love. Making that level of change though is hard work, very uncomfortable and painful. Not a task to be taken lightly.

I've discovered that having a code to live by produces specific results. My goal is to produce love, joy and peace. That can only be accomplished if I establish some specific boundaries and principles upon which to live by. The old principles resulted in supporting the flesh where my new principles are leaning more towards the spirit. That is my goal. That is what I constantly work on to accomplish. I still have much to tweak but I believe I am getting there.

Having others establish the standards or principles upon which we live our lives has failed miserably merely because it is way too easy to blame others should something go wrong, and the

temptation to control or benefit from others is too great. It also results in a mindset that others know best and to be honest, that is counter to the whole purpose of our being here. When contemplating my relationship with the Creator, how can I even come to terms with what and who the Creator really is if I don't explore that relationship for myself? Talking to a friend about my relationship with the Creator is like two cells at the tip of my finger talking about their relationship with me. Is it possible for those two cells to consider all that I am, let alone what I do, how I do it and even to contemplate my own consciousness? How can I possibly contemplate the full scope, breadth, and consciousness of the Creator when I am limited by the physical constraints of the Physical Realm from where I am making these considerations or observations? This requires a leap of faith because it is not possible to fully comprehend the full scope of the Creator and the Spiritual Realm using the limited senses and capacity of the physical body.

In God have I put my trust: I will not be afraid
what man can do unto me.'- Psalms 56:11

I made a realization that it is not possible for me to physically or intellectually know and see all. Despite that realization, I continue to explore my relationship with the Creator and what it means to me. I also recognize that everyone else is in the same boat. What I have found though is that all the information and help that I need to get through life is provided for me. All that is required is the eyes to see and the ears to hear.

Having eyes, see ye not? and having ears, hear ye
not? and do ye not remember?' - Mark 8:18

We are stubborn beings. If we come across new information we often reject it because it does not fit in with our view of the world and what we believe. To consider new information or new ideas requires the will to confront ourselves. This is what is meant by having the eyes to see and the ears to hear. Without the will to confront ourselves and challenge those sacred cows that help

define our lives, we will remain stuck and lack the capacity to grow.

All the information is not in the Bible. I have come to realize that everything around and inside of me is God source energy. The Creator is communicating and interacting with me at all times. He does not wait until the 7th day of the week to make himself available should I choose to spend some time with him. I have a direct one on one relationship with the Creator every moment of every day and that brings great comfort to me. I did not see this until a few years ago. When I turned 18 I rejected the Roman Catholic Church in an event that caused some friction in my family. I told people I was atheist or agnostic for many years. It was not until a few years after my recovery from depression that I started asking questions. The biggest question was: "What is the point to all of this? What is life all about?" That is when I started to explore my relationship with God and found that all the pain and struggles I went through were in fact required to prepare me for my life purpose: to teach people about relationships. When I discovered the truth about my relationship with the State I struggled for months and I was angry and frustrated. I always felt that the State was all powerful. I could not see past this view. So I asked for some clarity.

One day I was heading to work and I got stopped by the train. The train was still far along the tracks. All I could see was the front light and my mind was focused on what the true nature of Government really was. When the train crossed in front of me I broke into laughter and much relief came over me. What was so funny? Well when I saw the train down the tracks, all I could see was the lights and the engine. We have all been taught how dangerous trains are and how long they take to stop. However, when the train passed me it had absolutely no cars behind it. It was just a single engine. For me, this represented the concept that governments have nothing behind them. In fact they have nothing and are nothing.

This whole experience is what started my work towards realizing that the power of the fiction over our minds is nothing but smoke and mirrors, an illusion. I believe God gave me that experience to help introduce this concept but it required that I have

the eyes to see this message. I see and hear many ideas and concepts in this way. I am starting to have a lot of fun with it as I build a relationship with God in this way. I'm sure if anybody was watching me they would have wondered what was so funny, but I found great humour, joy and relief while I watched that single engine roll across the road. It felt right. The feelings I got from the experience helped confirm for me the truth of what was shown to me. It is the feelings that I feel that gives me the most intimate connection to God than any church, book or individual could ever do.

I do know some people that can see little bits of the Spiritual Realm just like the indigenous did a few hundred years ago. I also know some people who can hear things as well. Our current cultural model may even view these people as crazy and perhaps that is why our hospitals are full of people who see or hear things that are not 'normal'. Just because the vast majority of people cannot see or hear things, does that mean those that can are crazy. Perhaps we should question those who cannot. The problem is that our current models of thinking and believing are derived by the majority of people and I suggest that it is the majority that are in fact the ones that are lost or sick. Our society is hooked on drugs. I believe that at least 99.9% of all people who take pharmaceutical drugs for mental illness like depression are masking cognitive behavioural issues and are, in fact, not suffering from any physical or chemical imbalance in the brain. Just as I was saved by changing my core beliefs and views, most others can find the same relief from hell on earth so that they may experience joy, peace and freedom. What is required is some skills and most importantly, the will! Most people lack the will to consider these kinds of changes until they experience a disturbance strong enough to make their discomfort strong enough to act. Most would rather deal with discomfort that is familiar than to take a leap of faith into the unfamiliar.

The core constructs that I talk about are very simple. I govern myself and my relationships on two simple principles:

"Teacher, which is the greatest commandment in the Law?" Jesus replied: 'Love the Lord your God with

all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbour as yourself.' All the Law and the Prophets hang on these two commandments.

- Matthew 22:36-40

The thing that most people don't realize and in fact view as being selfish, is that the very first thing I had to do was learn how to love myself first. How can I love anybody else if I don't love myself? I cannot. I've proven that. Prior to 2001 I did not love myself and my life was a disaster. Broken relationships, burned bridges and all kinds of carnage as a result of my abusive, passive/aggressive behaviours. After July 2001, when I conquered my depression, I worked very hard to demonstrate my love for myself and my dedication to healing. For me, love is not an emotion but rather a way of life all driven and sourced from spirit. Love requires action. So for me, that meant preparing healthy meals, doing my own laundry, spending time on my relationships with myself and others. It meant doing things that I don't like doing, but doing it anyway because it is important and meaningful. In time I grew to appreciate those things. I hated doing laundry for years. Now, it is no big deal, mainly because I see the value in it. I know that this is one thing that I can do to show that I love myself.

It was not until I had come to a point where I could look in the mirror and say 'I forgive you. I love you'. Very powerful for me to be in a position like that. It was not until that point that I could then consider exploring my relationship with my wife and kids or God. After all, how can I love anybody else if I don't love myself first? I cannot. For the spirit to express love, self-love must come first.

Therefore all things whatsoever ye would that men should do to you, do ye even so to them: for this is the law and the prophets. - Matthew 7:12

Most people are aware of this passage, except simplified into: do unto others as you would have them do unto you. I would

suggest that it be expanded to include do unto yourself as you would do unto others. So when I established my foundation for how I was to govern myself, I had to take myself into consideration first and build from there. I now realize that the core of who I am and the principles upon which I will live this life is founded on a solid spiritual relationship with myself and the Creator first. Then I can express who I am to all the relationships outside of myself on a foundation that is built on solid ground. A foundation where the Spirit expresses itself in the physical realm requires truth, vigilance, diligence, empathy, love, forgiveness, faith, and peace.

So when I look at what is going on in the world, I don't see wars, environmental destruction, financial chaos, etc. Instead I see a whole bunch of people who are lost, hurting and completely disconnected from their true self, their spirit, and not sure how to bridge that gap. I see people, as a result of the disconnect with spirit, lashing out at others because they are hurting, scared, lost, blind or deaf. I see people with the ability to do the work but lack the will to confront their own behaviours and make any significant shift in their views of themselves. As a result, all that we see out in the world is nothing more than a reflection of all that is within.

I chuckle because most people complain that God does not provide all that we need. Since when do we know what we need? Most assume that God provides all that we physically need. However, what if God is not interested in the physical needs but rather the spiritual needs? What if he uses the physical to help mold the spiritual just like what we do in a martial arts class? What if some physical suffering is needed in order to accomplish a specific spiritual growth or accomplishment? Do the needs of our physical being conflict with the needs of our spiritual being? If so, I suspect that the spiritual needs come first for that is the primary reason why we are here. The Physical Realm is nothing more than a kindergarten class and we are the students learning how to have healthy relationships. Just as in a kindergarten class, we are learning how to share, love and get along. Lessons that a few people are failing right now and that I failed for many years of my life.

Funny thing about this school we are in. The same lessons keep popping up over and over again until we learn the lesson. When we

learn the lesson we then move onto the next lesson. This has happened over and over in my life and when I finally figure something out, the obvious pops out and slaps me in the face. I'm sure it has happened to all of us at one point in time or another. Why did I not see that earlier? Well, is it because I was not ready to see or hear it because I did not have the eyes or ears? For years while I suffered from depression and suicide attempts, I had people confront me about my own behaviour and I rejected them all. I was angry and frustrated. I blamed everyone else for all my problems.

In order for me to open up, it required that I crash and burn first, before I got to the point where I surrendered and told myself that I have to change or I am going to die. All the lessons I learned from that point on were exactly what people were telling me the whole time. Why did I not see it before? I believe it is because I needed to experience the crash to wake me up so that I could see and hear properly. I was unwilling to surrender my old ways as they served a specific purpose that I was not willing to let go of at the time. I did not live my life guided by Spirit but instead by the mind of my physical body, what we often call ego.

I needed to experience the addictions, depression, the immense pain and suffering in order for me to break free of the belief that my ego knew best. I needed that experience so that I could break free in order to relate to others who are going through the same process I went through. It was important in order for me to learn how to empathize with others. However, I also have grown to appreciate the experience because I believe it was designed to prepare me for what I was sent here to do. How can I possibly accomplish my life's work if I don't have the tools and experience to do so? This is a perfect example of how the spirit's needs came first even though the physical vessel suffered as a result. It suffered greatly and nearly died on several occasions and I am for ever grateful for the experience. There were times where I had no food or shelter. I literally slept in a car because I had no place to go, no money to get there and no food to eat. Most people would view those experiences as God being evil and unloving. I, however, accept those and my new experiences as tough love because it is necessary in order to grow as a spiritual being. It helped me break

free from the armour that I built up around me through most of my life. I dedicated myself to the physical and intellectual and completely ignored the spiritual and emotional aspect of my being. That choice nearly killed my body but resulted in tremendous growth for my spirit. Since then I have embraced the emotional and spiritual aspect of who I am and I actively explore all areas of who I AM.

One of the biggest questions I faced was in regards to my relationship with the Creator. It took me a long time to come to that point of knowing and it was through a combination of intellectual work but more importantly, a feeling that allowed me to find that connection. A deep and profound feeling of comfort and peace flowed through my body. Over the past few years I have come to depend on my feelings to find my way through all the information and events occurring in the world right now. How can I tell if something is true for me? There are so many lies, distractions and half truths, how can I filter through all that stuff? My intellect can easily lead me astray and that was a painful lesson to learn. Since then I have come to trust in my feelings, especially those that seem to emanate from my heart. This was not possible 15 years ago as I completely ignored that aspect of my being. I now know deep down in my heart that there is a Creator and that my relationship with the Creator is of utmost importance. I trust that feeling implicitly. I don't believe that the Creator is some big old guy up in the sky somewhere. That does not feel right to me. What feels right is that the Creator is everything and everywhere, permeating all aspects of my world. When I take a look at the sky, trees, animals, water, moon and stars I am gazing into the physical manifestation of the Creator. I see the Creator within myself too. My spirit is God source energy making me a child of God. I know this because it feels right. I feel it when I explore my relationship with His creation. I believe that despite my lack of access to any memory prior to my spirit binding itself to this physical body, there are signs, hints and help out there to guide me through this experience. What I currently desire is the ability to gaze into the spiritual manifestation and start working on that part of my relationship with the Creator through the Spiritual and Physical

Realms. I ignored creation for so long by fully being immersed in the fiction, I now have an opportunity to fully explore my relationship with creation and all those on this journey with me. I long to gaze into the heart of all those who share this physical experience so that I can see and hear their spirit speak to me. Forming relationships on that level is what I desire most and what I believe will be the most rewarding and enriching to experience.

The indigenous people have helped me a lot to realize that everything has a spirit. Some people can see it and I look forward to being able to see it too one day. The rocks, trees, water, air, animals and Mother Earth herself all have their own spirit. It is a part of our experience here to interact and play with God himself, through spirit.

Is it so difficult to believe that we are the offspring of the Creator? Why wouldn't God want to procreate just like any other life form? As a self-governing adult, the Creator is making sure that his children are going to be able to govern themselves when they grow up. I contemplated this idea for many years and I recently realized that there would be nothing worse than an immortal child with no fear, no concept of boundaries, no respect or appreciation for others and no empathy. With immortality what consequences would there be to teach with? That level of immaturity is extremely dangerous and self-destructive. What better way to teach all those lessons than to experience life as a mortal being in an environment that is dripping with consequences of our actions?

It is not even remotely possible for my intellect to fully comprehend the scope of who I am, my spirit or my relationship with God. The vast majority of scientists spend their whole entire lives dedicated to exploring and explaining the Physical Realm without even the slightest recognition or contemplation of the Spiritual Realm. There are a number of scientists though who are starting to realize that there is a grand design and intelligence behind the Physical Realm and many are finding that science will soon involve philosophy to explain those relationships that cannot be observed or measured but yet still can be experienced. After all, seeing is not believing, believing is seeing.

Just like that single cell on the tip of my toe contemplating its

relationship with me, I am still faced with contemplating my relationship with Spirit and wonder what it all really means. I don't have an answer to that. I do believe that is my job to figure that out through the physical experiences I face here on earth. The answers will come as I progress through this time line and embrace each challenge with love and a burning desire to learn and grow. Now that I realize that the physical body is nothing more than a tool to teach my spirit how to be a responsible, accountable adult, I can significantly change the point of view of what life is all about and how I approach life. Fear becomes an emotion that is more easily conquered allowing me to take risks that I would not have considered in the past. Complacency is a behaviour that no longer has the same significance it once did, as wasting life is like wasting opportunities to learn, experience and grow. My relationship with others is now significantly different now that I recognize the truth of this existence and what experiences mean to the spiritual growth of each individual I share time with. My relationship to animals and plants are also viewed very differently as they are not merely physical things but spiritual beings in their own right that must be honoured, respected and given the same opportunities to grow and experience as well.

I chuckle to myself at times because I have vegans who confront me about eating and butchering meat. They view that as cruelty to the animals or even murder, yet they are okay with eating plants. The contradiction that I see is that some people think that only animals have feelings or spirit, but that is not true. Plants have feelings and a spirit too. So do rocks and all other things including Mother Earth. Once we can step back and accept that they all have feelings and a spirit, then does our treatment and behaviour around them change? It should, if we have the ability to empathize with them. Empathy will be an important skill to have should we want to graduate from this kindergarten class with honours. Scientists are showing that plants have feelings and can also express pain and fear. Not like animals, but in their own way. There are also some people who connect plants to sound systems and play the music of plants. It is absolutely beautiful music. What is stunning is that the plants teach each other their own songs, which shows that they can

also communicate with one another. So I would be the first to admit that the more I learn, the less I know. My own ignorance of what is truly going on is astounding. So to assume that plants don't have feelings is, in my opinion, short sighted and reckless. As a result, it is my duty to honour everything and recognize that spirit permeates this entire physical existence.

Masaru Emoto, a Japanese researcher, showed that our intent and our words can even have a profound impact on water, a substance that most would consider has no life, no spirit or no feelings. However, what Masaru Emoto has shown is that when we inject thoughts of fear, anger or pain, the water molecules end up with very ugly, black, horrible formations. When we use words like love, joy, peace, happiness, the molecules end up forming very beautiful, bright, brilliant formations.



thank you

Illustration 2: Water molecules forming from "Thank You" intent



I will kill you

Illustration 3: Water molecules forming from 'I will kill you' intent

Is this an example of the power of our dominion over the earth, or is this an example of how we can affect the spirit of others with our own intent and how important words, thoughts, feelings and prayer really are? We are, after all, very powerful creators in our own right. To suggest that we don't influence others with a mere thought, emotion or feeling would be dangerous. It also suggests that there is indeed a spiritual consequence to what we do. That is why it is critically important, as a responsible, accountable steward of this earth, that we recognize the spirit and feelings of everything around us. Having a healthy and meaningful respect for all plants, animals and the Earth herself will have a profound impact on how well we do in the years to come and goes a long way towards the growth of Spirit after it departs this Physical Realm.

I believe that all life here is provided by the Creator in order for us to learn how to express ourselves and work on our relationships. Recognition that everything here has a spirit means that I must take a very different approach than I have in the past. Can I just go and cut down a tree with no regard for the tree? Sure. However, what are the consequences, physical and spiritual? I may not even know or appreciate the full scope of what I have just done. However, if I recognize that the tree has a spirit and feelings, then it is my duty to communicate with it somehow, so that I can ask for permission first or at least give thanks for the sacrifice it has made in order to sustain my body. All healthy relationships require respect at that level which can be expressed through prayer, gratitude and appreciation. Ignoring the tree and forcing my will does not foster a healthy relationship.

I read a book called '*A Language Older than Words*' by Derrick Jensen. The main message in his book was how to learn to communicate with animals using their language. Animals do communicate with us, but they don't use words like you or I. Instead they have a language that far out-dates our own capacity to communicate using words. He showed that the animals want to serve us and are willing to sacrifice themselves in that service. However, it is our job to listen to them, ask permission and give them time to prepare for their sacrifice. If we fail to build a

relationship with the animals we will fail to communicate, and as such we will force our will against them, which violates their spirit. His views had a profound impact on how I view my relationship with animals and by extension, plants. He suggests that we are disconnected from the physical world because we are blind to what other beings are trying to say to us. We have forgotten how to communicate with all the life forms on this planet resulting in violating the very spirit of those animals through forcing our will against them. I agree with the views that Derrick wrote about in his book. Our minds were so preoccupied with the Fictional Realm, we have completely disconnected ourselves from the Physical Realm at the expense of the Spirit. We now have a very violent and disrespectful relationship with the physical world and all life on it which then results in the complete violation and deep seated harm of the Spirit.

How many people out there know how to really talk to plants and animals? Not many, and I would suspect that most of us would consider those that do as being crazy or 'out there'. Those who wear the masks of government or health care may even want to give those people drugs because they are not 'normal'. The fact is, I want to learn from those that do speak and communicate with plants and animals. I would love to walk through the bush, and have them share with me what they are feeling so that I may start to get in touch with those long hidden and forgotten feelings that will allow me to reach out and communicate with these other spiritual beings that are all around me. For me, I find that this process requires a quiet mind and being consciously aware of my body and how it feels. It requires being aware of slight variations in its function in order to notice any changes. It is difficult or impossible to do that when my body is pumped full of pharmaceutical drugs or the mind is focused on other things. So healing the body and getting to this point requires a lot of work on all levels of our being.

I believe one day I will get there. Who knows, perhaps one day I can see their spirit and hear them talk to me as well. Either way, I have a deep respect for all that is around me, now that I see beyond just the physical and recognize that everything around me has

feelings and a spirit to interact with. I may not fully comprehend the full scope of what I'm talking about right now, but I believe it is my duty to explore this throughout this lifetime. I believe it is my duty to bring balance between the Physical and Spiritual Realms so that both can find full expression and be equally valued and appreciated in a relationship that is only now starting to form on a healthy and balanced basis. To fully love another, requires that I also see and hear what their spirit is trying to say to me. To honour the spirit demands a whole new level of consciousness and awareness to contemplate. It deepens the relationship and makes it far more complex. I recognize that there are physical consequences to my actions and when I consider the spirit of all those around me, I am now also faced with the spiritual consequences which are far more important and carry a deeper meaning that we may not fully understand. I for one will not risk ignoring the spirit as I believe that the fruit of my efforts will not be born here in the physical but rather in the Spiritual Realm after my physical body returns to the earth. Even if I am wrong, it does make for a richly rewarding and interesting physical experience during this lifetime.

Chapter Five

Feudalism

Although a system may cease to exist in the legal sense or as a structure of power, its values (or anti-values), its philosophy, its teachings remain in us. They rule our thinking, our conduct, our attitude to others. The situation is a demonic paradox: we have toppled the system but we still carry its genes.
- Ryszard Kapuscinski

In February 2012, I read a book called "A Treatises on Copyholds" written in 1816 by Charles Watkins. The book was written to show people how feudalism worked in England and was a source of a lot of insight for me in regards to how our current political system functions. After reading that book, I wrote a paper called 'Quasi-Feudal System of Alberta & Canada' in an attempt to show people how the current political constructs are in fact an extension of the feudal system that existed in many parts all over the world many years ago. Some references would suggest that feudalism was abolished back in the 1600's. However, I suggest that the feudalistic empires are alive and well today and in fact is the primary construct upon which the whole world is currently being governed. I believe it is critical that we fully comprehend the implications of our relationship with feudalism as it will be extremely difficult to comprehend how this construct enslaves us and in fact is not serving us at all.

The problem that I faced in the past was in regards to the terminology of the feudal system. There are so many old archaic terms and concepts to learn, which makes it difficult to wrap ones' mind around a concept when the reader struggles with comprehension of the terms being used. From a very basic level, feudalism was a way for people to rally around a king for protection. The reason it became so popular was that there were roving bands of thugs that would come along and steal wood,

food, women, gold, etc. The poor people on the land did not have the resources to defend themselves against such aggression.

Their solution was to approach the wealthy individuals in their communities and ask them for protection. After all, they had the wealth and could pay for the army to protect them. The thugs did not bother the wealthy much because they had the resources to defend themselves. The wealthy agreed to this arrangements and in turn asked for the services and land from the poor in exchange for protection.

This is, by far, the whole idea behind the 'intent' of countries or nations of today. Most people just want to be safe so that they can live their lives. Because of that, they are willing to surrender certain rights, property and even 'pay' money and other resources in order to obtain that safety through benefits and privileges. Back in the day, just as today, the wealthy had different ideas about what this meant to them. There is a huge gap between the intent of those who are looking for protection and those who provide the protection.

The kings of the day wanted more than just land and resources. They viewed any individuals approaching them for protection as weak and inferior, so they demanded that they commit themselves fully to their empire. They demanded loyalty and obedience in exchange for protection. They were treated like children or even slaves. After all, if one cannot protect themselves then one is completely dependent, just like a child is with a parent. Children and slaves are typically those individuals who are dependent upon others for the basic necessities of life. Some are by choice, others by force. Either way, the results are the same. We were warned about the consequences of feudalism but the people chose to be governed by a king anyway. In scripture 1 Samuel 8 outlines this choice very clearly:

But the thing displeased Samuel, when they said,
Give us a king to judge us. And Samuel prayed unto
the LORD. And the LORD said unto Samuel,
Hearken unto the voice of the people in all that
they say unto thee: for they have not rejected thee,

but they have rejected me, that I should not reign over them. And Samuel told all the words of the LORD unto the people that asked of him a king. And he said, This will be the manner of the king that shall reign over you: He will take your sons, and appoint [them] for himself, for his chariots, and [to be] his horsemen; and [some] shall run before his chariots. And he will appoint him captains over thousands, and captains over fifties; and [will set them] to ear his ground, and to reap his harvest, and to make his instruments of war, and instruments of his chariots. And he will take your daughters [to be] confectionaries, and [to be] cooks, and [to be] bakers. And he will take your fields, and your vineyards, and your oliveyards, [even] the best [of them], and give [them] to his servants. And he will take the tenth of your seed, and of your vineyards, and give to his officers, and to his servants. And he will take your menservants, and your maidservants, and your goodliest young men, and your asses, and put [them] to his work. He will take the tenth of your sheep: and ye shall be his servants. And ye shall cry out in that day because of your king which ye shall have chosen you; and the LORD will not hear you in that day.

Whether it is by free will choice or by force, the consequences of having other people govern, protect or rule over us is always the same. Those people will always require some level of resources, wealth, etc, in exchange for protection and governance. That is what taxes, armies, bureaucracy and public projects are all about. The burden that we place upon those who govern is immense and as such they require our resources and obedience in order for them to have the resources to govern, make decisions, build public works, pay the bureaucracy, etc. Do these individuals have the character to deal with all this wealth, resources and power without corruption? Very rarely do we find somebody with this level of

character.

The very disturbing thing is that the kings did not want just the wealth and resources, they also wanted loyalty and obedience. So if an individual wanted the king's protection it was not enough to give land and other resources, they also demanded that the people get down on one knee and swear an oath of allegiance to the king. This oath meant that the individual would not do anything to disrupt what the king is doing and in fact would do everything they could to support the king. If called upon, these individuals would even go to war to serve the king and protect the kingdom. This oath was called 'homage' years ago, now we call it 'oath of citizenship'. Once an individual swore homage to their king and Lord, all their land and wealth was turned over to the king and the individual essentially became a slave, also known as a vassal. Today we turn over all our land and wealth to the king when we register property, *our signature is our oath*.

With so many people rushing to the king for protection, the kingdom was getting much too large for one man to govern. So the king established a second tier of people to help him. These people are his nobles. These men swore an oath to the king as well, however the king did set them up with responsibilities and special privileges, such as land, wealth, power and influence. The Kingdom (demesne/domain) was divided up into smaller, manageable pieces and the King assigned a noble to govern each piece of land. These nobles then became the lord of the land (also known as a land lord). The piece of land was called a Manor as the Lord was permitted to build his house on the land. The vassals built near the Manor in a small village. At that point the noble was the Lord of the Manor. The people who swore homage to the king would also swear homage to the Lord of the Manor. The Lord was granted the land by the king which meant that the lord possessed the land but did not own the land. The king maintained the highest level of ownership to all the land (Allodial Title) in his domain (demesne) and granted a copyhold to the land Lord. The copyhold is essentially a document to outline the right of the lord to possess and hold the land for the land owner, the king. The lord of the manor would then turn around and grant a copyhold to the vassal

so that the vassal could possess the land to farm it, etc. With each copyhold there was a duty, services or fees attached to the agreement in exchange for the benefits and privileges granted to the vassal from the lord or the king. The vassal would pay the lord of the manor and the lord of the manor would then pay the king.

Now if this sounds familiar it should. Despite assurances from many legal scholars that feudalism was abolished hundreds of years ago, I suggest that feudalism is alive and well today. In 1882 the Supreme Court of Canada ruled in the case *Holman v. Green*, 6 SCR 707;

Therefore at the date of the admission of Prince Edward Island "into the Union" pursuant to the provisions of the 146th section of the British North America Act, *the land in question formed part of the demesne lands of the Crown* belonging to that province. - (*author's emphasis*)

What the Supreme Court is saying is that when each province joined the Union, they were added to the demesne (King's domain). So if the land became part of the demesne lands of the Crown belonging to the province, then who is the King that holds all the land? What is the Crown and what is the province? I would surmise that the actual structure of CANADA and the relationships between the Pope, Queen, Governor General and Lieutenant Governors is more complex than anybody is willing to share. Suffice to say though that you or I do not own our land outright. Anybody that pays rent or property taxes are, in fact, a feudal vassal and a slave to the land lords.

The land has been attached to a manor and retained for the Crown's own use when the Europeans came to conquer this land. I'm not going to mince words here. There may be some treaties in place, but the people and the land were taken by force or deception long before the treaties were signed. I will discuss this in more detail later. Because the land was added to the demesne (kings domain) and further divided up into manors (provinces and municipalities), by definition and custom, the lord of the manor

(Governor General and Lieutenant Governor) are responsible for maintaining the records of the manor. These records consist of which copyholds were issued to which vassals. In a recent Supreme Court of Canada ruling (*Tsilhqot'in Nation v. British Columbia*, 2014 SCC 44), the court re-enforces this idea by created a new tenure called 'Aboriginal Title'. The land still belongs to the demesne (domain) of the King, but a feudal tenure has been created to address the 'aboriginal' concerns and ensures they remain vassals to the King. These copyhold documents for all these records were once held on the rolls and have since been replaced with what we today call Land Titles. Take a look at your deed and you will see that the vassal is listed there as an owner of the title (piece of paper granting permission to possess the land) and tenant of the land itself.

The lord also had to maintain records for tax collection, fees, services, etc. Years ago these records were on rolls of paper hence the modern term "Tax Roll". The rolls were first established by King William the Orange or as history has called him, William the Conqueror. Back in 1066 he established the Domesday Book which inventoried all the wealth and assets in the kingdom. If there were any disputes, the Domesday Book was deemed correct, even if it had errors. The king always had a court to ensure that the records were updated and as accurate as possible for his demesne. The courts were granted additional duties to ensure that any disputes over the 'record' be resolved.

It may interest you to know that our present day courts still believe that their jurisdiction comes from kings long ago. I found a ruling by the Court of Queen's Bench of Alberta in *N.P. v. LDS Adoption Services*, 2006 ABQB 78 which highlights and supports what I am expressing in this chapter. As you go through it, take note that their authority and jurisdiction does not come from the constitution or anything like that, but instead comes from Edward the Confessor who ruled from 1042 – 1066. The year 1066 is key here to show that the courts were set up and still support feudalism as it all started in 1066 with the Domesday Book. The court also highlights their perverted interpretation of scripture to suggest their authority was granted by God himself. I suggest that the

quoted scripture was a consequence of the choice people made in 1 Samuel 8 rather than God granting that authority and power over the people. Here is what the Alberta court said:

The *parens patriae* jurisdiction is but an aspect of the ancient jurisdiction of the Sovereign the origins of which are described in W. Holdsworth, *A History of English Law*, vol. I, 7th ed. (London: Methuen & Co., 1956) pp. 33-34:

The Norman kings always regarded themselves as the successors of Edward the Confessor. They were lawful kings of the English; and, as such, they were entitled to exercise those powers of government which men believed were put into their hands for the preservation of peace, the protection of the weak, and the maintenance of justice. Because they were kings they had powers which transcended the powers of a mere feudal suzerain. No doubt these powers were vague. But, because they were vague, they were of the greatest value to kings who were in a position to exploit them to the uttermost, firstly because they were in effect conquerors, and secondly because they were men of exceptional ability and force of character. It was by the help of these prerogative powers, which were regarded as inherent in the office of king, and as belonging to them as the successors to Edward the Confessor, that the Norman and Angevin kings so developed the powers of the feudal *Curia Regis* that they made it the most efficient organ of centralized government that existed in Western Europe.

The notion of the king as the fount of justice was not invented by the Norman kings. See *I Kings*, c. 3,

v. 16-28 the last verse of which is, “And all Israel heard of the judgement which the king had judged; and they feared the king: for they saw that the wisdom of God was in him, to do judgement.”

When we speak of the Supreme Court of British Columbia as a court of inherent jurisdiction we are really saying that for all purposes of administering justice the judges are exercising all the ancient rights, powers, duties and privileges of the Sovereign. Hence the locution “Her Majesty’s Judges”.

Despite the court’s assertions that they are exercising the ancient rights, powers, duties and privileges of the Sovereign, it is still based on the premise that the individual made a free will choice to swear homage to the sovereign to begin with. After all, the Sovereigns’ jurisdiction ends where another Sovereigns’ jurisdiction begins. The court uses the passage from scripture out of context as justification for their God given right to rule. If we put the passage into context after 1 Samuel 8 it is clear that they have jurisdiction only because the people made the choice to reject God in favour of consenting to be governed by the king. This is the whole premise behind the legal term ‘consent of the governed’. The Bible is not written as an absolute but rather outlines the consequences of our choices. 1 Samuel 8, which I wrote above, is one such example. If somebody was to make the choice to reject the Creator and instead choose to be governed by a king, then what the court said in regards to I Kings quoted in the court ruling would apply! However, if one chooses to embrace God and reject being governed by the king, then does the same passage in I Kings apply? No! I see many instances of choice in Scripture and consequences of those choices. To suggest that every single passage in Scripture applies is ridiculous. I would also suggest that passages also apply to different Realms as well, depending on the context of the passages. These passages apply to those in the Physical Realm as they contemplate being governed by kings through an entity in the Fictional Realm – country/kingdom/nation. Those people who

choose to reject being governed by the Spirit/Creator and instead embrace governance by a king must then be obedient to their new king and that consent to being governed must be through a free will choice. Today that consent is seen through our participation of the system. All interactions, whether we vote, apply or register with the state is all based on our free will to contract.

Even the Supreme Court of Canada agrees that consent is required in order to govern. Paragraph 67 in the Supreme Court of Canada ruling Reference re Secession of Quebec, [1998] 2 S.C.R. 217 states:

The consent of the governed is a value that is basic to our understanding of a free and democratic society.

I believe the courts recognize the power and significance of homage. It is absolutely critical that they receive homage in order to exert jurisdiction over the individual. It happens every day in court. The challenge that people face is that we have never been taught about these issues and as such we have absolutely no idea which actions or behaviours constitute homage. Most people, with the exception of our Indigenous brothers and sisters, have been living this way for so long that it is custom and that in itself is extremely dangerous too. Since custom trumps law, the longer we continue living this way, the stronger the courts' arguments become when it comes to those who refuse to pay homage to the king.

Custom

It turns out that 'Custom' is a key foundational principle behind the force of Law being exercised in the demesne (domain) of the king. Custom by definition as:

A usage which by continuance has acquired the force of a law or right, esp. the special usage of a locality, trade, society, or the like. - Oxford Unabridged Dictionary 1958

Because the feudal system in one way or another has been functional for nearly a thousand years, it has become a 'custom' and is the primary basis for the claim that the Crown and the courts have over the people. Custom has the full force and effect of law and they use it! The custom of the Manor is the law form at work within the Manor. Wikipedia has a good write up about the law of custom; http://en.wikipedia.org/wiki/Custom_%28law%29 Despite 1000 years of custom, the Creator is the highest authority and has been around infinitely longer. The Creators' custom will always trump any custom made by man.

In the 1985 BC Supreme Court ruling; *Mia v. Medical Services Commission of British Columbia*, 1985 CanLII 148 (BC SC) we find more evidence of the feudal system and in particular the freeman:

The freemen held their land from the lord of the manor, but they generally gave him rent instead of servile labour. They might have three or four times as much land as the ordinary serf, and sometimes they hired labourers to assist them. Unlike the serfs, they could move to another manor if they saw fit, and without the lord's permission could marry their daughters outside the manor or send their sons to study for the clergy. They could take part in the activity of the hundred and shire courts; later they could carry their grievances to the royal courts and serve as jurors, vote for members of Parliament, and sometimes even sit in the House of Commons.

Although the Normans purported to abolish the status of thralls or slaves by making them into serfs, this was largely cosmetic because the serfs remained tied to the land of their lord's manor. Although all of the four kinds of freehold tenure mentioned above could be held by freemen, the majority of the population were villeins or serfs living on the manors and they held land, if at all, by

copyhold rather than freehold tenure. Ridley,'at p. 36, points out:

The copyholders were normally required to work in the fields of the lord of the manor, or sometimes to perform other services for him, in the same way as freehold tenants; but unlike the freeholders, who were free to leave if they wished and to try to make a better bargain for other land with other lords, the villein copy-holders were compelled by law to continue working on the same plot of land for the lord or for any of the lord's successors who acquired the land.

Gradually freemen lost their special status and they became almost indistinguishable from the larger class of serfs. The title "freeman" eventually became honorific only.

Thus economic servitude, or at least restricted freedom, continued in England through the system of landholding, and the majority of the population for many centuries after the Conquest were tenants in freehold or copyhold in socage. Real economic freedom arose only when the tenant could pay rent instead of service and thereby have the opportunity to move away from the manor to which he was tied so as to improve himself and his family.

Please notice that a freeman can vote, serve jury duty, use the royal courts to resolve grievances and even sit in the House of Commons. These are all actions that are performed within the feudal system. Does any of this sound familiar? It should, as this explains perfectly the system we see today in our modern government and court systems. I also am of the opinion that it does not matter if you are free to move or not. Having to pay somebody else rent is tantamount to slavery, especially if you have no choice in the matter. In modern times, whether you own land or not, everyone is paying rent in one form or another. To escape this level of slavery requires one to reject the king and accept being

governed by God. Being a 'freeman' is not the path to freedom in my opinion. According to the book 'A Treatise of Copyhold';

If a person be Lord de facto, it is enough: for whether he be Lord by right or wrong.

It is custom that protects the judges too. The same book goes on to speak of judges by saying:

So the law is not very curious in examining the imperfections of the steward's person, nor the unlawfulness of his authority; for be he an infant, or non compos mentis, an idiot, or lunatic, an outlaw, or an excommunicate, yet what things soever he performs as incident to his place, can never be avoided for any such disability, because he performs them as a judge, or at least as custom's instrument; and for his authority, though it prove but counterfeit if it come to exact trial, yet it in appearance or outward show it seems current, that is sufficient.

What I realized by reading this book is that the Manor is responsible for the establishment of the courts and as such the authority comes from the Lord of the Manor and based on custom, it does not matter if the judge is competent or not, in the end it is sufficient. Again, custom has been applied in the courts and custom is what protects the courts and justifies their behaviours, even if the majority of people do not like their rulings or they cause harm and injury.

Without our knowledge or comprehension, we have consented to and participate in the modern feudal system. Chapter 3 of the book 'A Treatise of Copyhold' states:

A copyholder being in consideration of law but a tenant at will, he had no interest which he could transfer to another; he would only relinquish his own right to the premises.

You see, it is through our own free will that we participate in this whole system. When we do, we are considered a tenant. It is often said that a Fee Simple title is the highest form of ownership but that is only true in a feudal system. The land was granted by the king. All of which can be verified by looking up the land grants or letters patents for the land on which you currently possess. The title, which is stored with the Roll of the Manor (Land Titles) stipulates that you are a tenant and that you do not have any rights to mines and minerals. In fact you only have access to the surface of the soil. It all seems complex but in reality it is simple: the king owns the land (allodial title), you own the piece of paper (title) which grants you permission to possess the land for the original owner (king). That arrangement is then recorded on the rolls to preserve the agreements so as to avoid any fraud or disputes.

Within those agreements, additional services may be required in the order of serving in the king's army down to paying rent, depending on the level of the agreement. As you read above, there are different levels of feudal tenants. As such, fees for a Fee Simple title of the vassal or copyholder is due to the lord of the manor when demanded or upon a specific schedule. Property taxes fall under this as a fee duty to the lord of the manor. The fines payable to the lord by the copyholder may also include licenses to empower the tenant to do certain acts.

Yes that is correct! Licensing is a feudal system to grant a privilege or right to the tenant to do certain things, like driving, practice medicine, build homes, fish, hunt, have guns, etc. When the tenant swears his fealty to the lord, the same phrase is used that we hear often during a marriage ceremony; 'to have and to hold'. Legal marriage ceremonies are a feudal oath and the Lord of the Manor is the third party in the arrangement. So if you were legally married, you entered into a three party agreement which was licensed by the Lord of the Manor.

I know that some of this may be difficult to accept by some. We have lived in this form of governance for so long that there is nobody alive who knows how to live any differently. The vast majority of people who work for the Crown or are citizens of 'CANADA' truly believe in the power and authority of the king,

without even realizing that the office of the King is nothing but a fiction and they are voluntary slaves to it all. Just as John Borrows wrote in his paper “Crown and Aboriginal Occupations of Land: A History and Comparison” which I quoted earlier, the Crown being perceived as being the ‘source of all things’ is a fallacy and is only rooted in custom and ignorance. In fact the Legislative Assembly of Alberta and the Parliament of Canada are in fact only tenants themselves to the Lord of the Manor. They swear allegiance to the Queen and it is possible the Queen swore allegiance to the Pope or some other entity as well. They still exercise the feudal custom in their every day activities. In the feudal system, the new tenant receives the rod, or other symbol of possession; and pays his fine; and is sworn to fealty. If you look at the ceremonies of the Legislative Assembly of Alberta for example you will see the rod in the form of a mace and all members swear an oath to the Queen. The Legislative Assembly of Alberta then uses their authority granted to them by the Crown to subdivide their copyhold into municipalities in order to manage all the sub-tenants that purchased freehold tenures to land and to collect rent (property taxes) on all that land.



*Illustration 4: Example of mace (rod) used
in Legislative Assembly of Alberta*

It is my firm belief that the Crown is in fact a fictional entity. It does not technically exist except in the hearts and minds of Man. My beliefs don't keep these fictions going, but rather the power and authority of those who participate with the system is where it derives its energy from. People for hundreds or even thousands of years have been blinded by a fictional mask to hide the truth: The Creator is the source of all things, not the Crown. But the Crown continues to influence everyone because we rejected the Creator in exchange for all of this.

The truth is that the concept of 'government' or even a 'corporation' is nothing but an expression of our relationships with other people. The problem is that people don't see it as a relationship and over time these constructs have literally taken on a life of their own and few challenge these constructs. The judges and politicians have deemed these constructs to be legal entities that can own property, sue and be sued. The most dangerous concept that has manifested is that people now can blame these entities and hold them liable for any damages or harm that is incurred.

This is, by far, the most insane idea that I have ever researched. This is no different than a child blaming their imaginary friend for breaking the window. Those types of excuses did not work when we were seven years old, so why do they work when we are 30, 50 or 80 years old? Why do we let people get away with limiting their liability? This has gone to such an extreme that recent events in the United States have shown that Monsanto is now immune from law suits or any such liability that may arise from their 'products'. So not only are the individuals immune but now the corporations are as well. The result is that nobody can be held responsible for any damages. In the end, each individual must be held responsible for their own actions or inaction that cause harm to others.

I talked about people running to the king to protect themselves from the marauders and how the marauders decided to infiltrate governments and corporations to continue their stealing, raping and pillaging. What is happening with the likes of Monsanto and other corporations is exactly the point I am making. We can see the marauders are still hard at work and doing everything they can to protect themselves from liability. They have now 'legalized' their behaviours and provided multiple levels of protection from the masses of people. The end result is still the same, they are capable of stealing wealth, labour and resources in order to satisfy their greed, lust for power, and control.

These people are the bullies in the playground and this form of relationship is extremely unhealthy for all parties involved. With such an abusive relationship, it pains me to watch so many people being preyed upon while another group of people take advantage

of the situation and garner tremendous wealth and power as a result. Both parties need help and have a great deal of work to do in order to come to terms with the relationship they participate in. It proves that the feudal model is flawed and should no longer be used. Only awareness will allow us to recognize what is going on so that we can change these relationships and not perpetuate the demonic paradox we find ourselves in.

Whether you are consciously aware of your relationships or not, the truth is still there. I can confront people for years and they still don't see the true scope of the relationships they have in their lives. I will admit that I still have work to do myself. Our relationships with the fictions are the most harmful, widespread, deeply integrated and engrained relationships I have ever seen. The mass delusions of billions of people throughout the world result in 'normal' being very unhealthy and dangerous. Yet anybody who challenges or confronts people in regard to their unhealthy relationships is mocked, chastised or jailed.

So what is required to break the death grip that the Fictional Realm has on the minds and hearts of Man? Great disturbance! I believe the world is faced with a choice: change or die. The coming disturbances are going to be so huge and encompassing that it will shake the world to the core. The realization that the Fictional Realm does not feed our body or our spirit is going to be a very challenging lesson for people to accept. That would require that people admit that they were wrong and that their involvement in these unhealthy relationships caused great harm, death and destruction on their neighbours, the environment and on the self.

The most painful revelation will be that we did this to ourselves. Those who participate in the system are directly and wholly responsible for the existence of that system. So how does it really work? Every single time we vote, apply for benefits, register property, receive benefits, etc, we are swearing an oath to the fiction and swearing fealty to a fictional idol. It is our modern day golden calf. There are numerous crowns all over the world. All of these activities seem innocuous, but are in fact very symbolic. When we vote, what we are doing is giving our power away via a unique power of attorney to somebody else to represent us in the House

of Commons or the Legislature, rather than presenting ourselves. The courts in Alberta have ruled that the representative holds no duty to those in his constituency. As such, they can do what ever they want and cannot be held to account to the electorate ... until the next election. Even then, they operate under limited liability as they are not held personally responsible for any damages or harm that comes with their service to the fictional state. Instead, these individuals swear an oath to the office of the Queen (another fiction) and as such serve the office, not the people. The ministers in cabinet are 'ministering' to the office, not to the people. They need to in order to have the infrastructure in place to govern all those who swore fealty to the office of the Queen when they voted for their representatives in her parliament.

This is where it becomes so critically important to make the conscious effort to differentiate between all that is Fiction, Physical or Spiritual. The third temptation of Christ was all about the temptation to fully embrace the Fiction in order to rule the Physical Realm rather than embracing the Spirit and have the Spirit rule the Physical Realm. Christ rejected the offer and chose to walk in the Spirit. I believe we are faced with the same choice. Until we see the Fiction for what it is, it will always prevent us from seeing the true relationship between the Physical and the Spiritual. The paradox of this whole Fictional Realm is that it only exists in our own mind. I believe that is where the devil resides and that is why I believe it was so easy for Christ to command the devil to get behind him. The devil is not a Physical manifestation but rather a Fictional manifestation and exists and only can exist in the minds of Man. We have the same ability that Christ had, should we choose to take command of the mind through disciplined training and the will to command it through the values and standards set forth by the Spirit.

When I was confronted with the truth of what the State or what Corporations are, I did not like what I found. In fact, I got very angry for many months. It was a betrayal beyond anything I have ever experienced because it violated the standards of the Spirit. It took me months before I came to the realization that the truth also included that I was completely complicit in the whole

thing and that I was 100% responsible and accountable. I used my free will to enter into those relationships. I gave away my power to others, even if it was through ignorance. Because of that choice, I am responsible for the corruption of our political, economic, financial and business leaders as well. The truth slapped me in the face and it hurt. I had to admit that I had made some huge mistakes and that I was hurting people all over the world because of those mistakes. Let's face the truth here, the people in our governments have killed more people than I care to count, with no liability for their actions. The people behind the corporations have raped and pillaged this earth for many decades with no liability for their actions. I no longer can support this abusive relationship, so the only alternative was to end those relationships and pick up the duty to provide for myself. All benefits and privileges that I received from those in government or corporations required that I take steps to provide for myself and my family. As such the choice to govern myself was a significant one to make. I choose to no longer be a feudal vassal and instead I rejected the king and accepted God as my master.

Chapter Six

Relationships

Spiritual relationship is far more precious than physical. Physical relationship divorced from spiritual is body without soul – Mahatma Gandhi

For me, there is no question that life here on Earth is all about relationships. With the freedom to make mistakes, we are blessed with tools to learn about those relationships and figure out which ones are important, rewarding and provide enrichment. We also figure out which ones are harmful, painful and enslaving. It literally is the difference between Heaven or Hell on Earth. If we are going to make any sense of it all, we must explore and question ALL the relationships in our lives. We have become so preoccupied with our day to day survival and physical accomplishments that the exploration of relationships becomes a burden and as a result is often ignored until the pain becomes too unbearable. I would also suggest that many of us have not seen a healthy relationship, so if that is the case, then how can we build healthy relationships in our lives if we don't know what it looks or feels like? Each and every single one of us has challenges or issues to address. There are literally thousands of books out there to help people work on having healthy, well balanced, respectful, honourable relationships. Most of those books are focused on relationships with other people. I want to suggest that the same principles apply when we consider our relationships within the Spiritual, Physical and Fictional Realms. If we are going to graduate life with honours, it will require that we question and explore every single relationship we have. Nothing should be missed or ignored. It is impossible for me to cover all of them in detail. It will be up to you to explore them all. My intent is to highlight some key relationships that most of us may not have considered before.

Many of those who have taken my workshops or classes in the past will be familiar with this graphic. One of the key principles I

share is the realization that the created cannot be greater than the Creator. Even the king's courts recognize this one foundational truth, although they don't like to admit it.

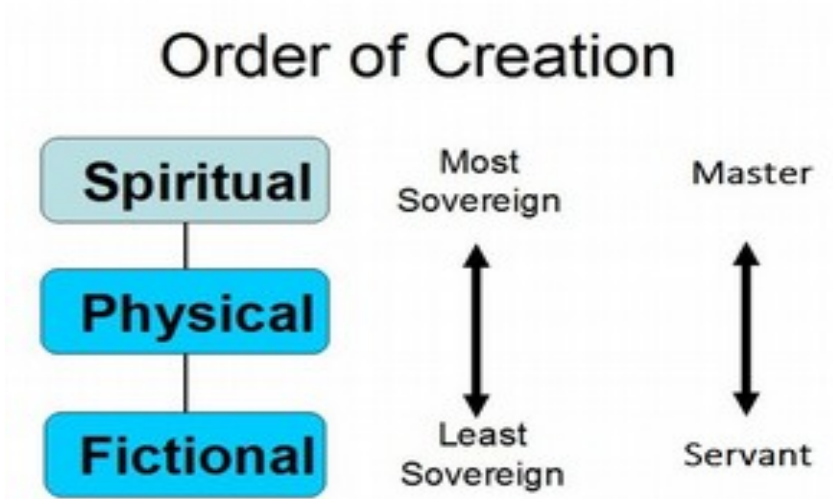


Illustration 5: The created cannot be greater than the Creator

I am Alpha and Omega, the beginning and the ending, saith the Lord, which is, and which was, and which is to come, the Almighty. - Revelation 1:8

I believe that God spawned, from his own being, countless Spirits from all that was, is or ever shall be, in order to create the Physical Realm we experience today. We all come from the Creator and yet we are also individual Spirits in possession of a physical body and our own free will to explore those relationships. As any good parent, the Creator sent us to school so that we may learn specific lessons. That schoolyard is the Physical and Fictional Realms. Now that we are in this school, we are confronted with many paradoxes, mainly because we are an expression of three realms, the Spiritual, Physical and Fictional. Within that expression we are faced with the challenge of bringing balance between each

of the realms, and dealing with the contradictions each realm introduces in our relationships. In order to reconcile these paradoxes, we must explore our relationships between the three realms and everything in between.

It may seem odd to most people because we were raised thinking that the state was the highest authority in our lives. However, when we consider the order of creation, we are confronted with the fact that it is the lowest authority and because of that, force, coercion, intimidation and deception are all used to compensate for the lack of true authority. The Creator created everything and as such that makes the Creator the master. We created the fictional constructs we call governments, corporations, etc. That makes us the master over these fictional servants.

To fully comprehend our relationships, we need to be consciously aware of how it all fits together. Scripture attempts to show us, but if we don't understand the spirit of what is being said, we will miss out. Genesis 1:26 states:

And God said, Let us make man in our image,
after our likeness:

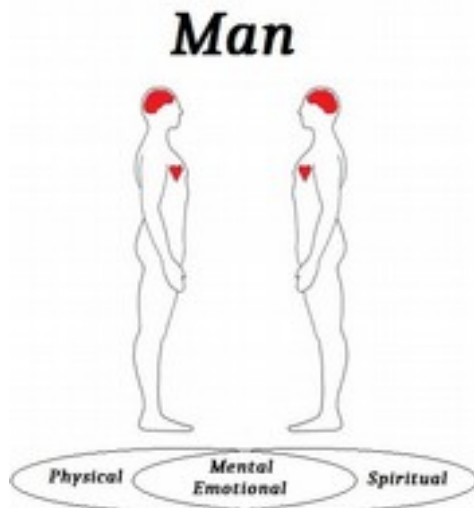


Illustration 6: Man created in the image of God

Most would agree that we have two bodies, one physical and the other spiritual. Why is it so difficult to imagine that our physical body was created in the likeness of God, our Spirit, the essence of who we are? Illustration 5 is a graphic representation of the two beings. When God formed the body from the earth and breathed life (spirit) into its lungs he formed what we can define as 'Man'. It is completely up to us on how this relationship between the two bodies will unfold. We have free will and as such we can choose which path we will follow. It is important when we contemplate this relationship that we not be hoodwinked into diminishing who we truly are.

Many people use the word 'human' to describe themselves. Many fight for 'human rights' in their struggle against tyranny. What is human? Would it surprise you to know that the term human is not a noun but rather an adjective? The etymology of the word is: 'of or belonging to man'. The term human is to describe the physical body only as it does not include the spirit. The physical body does belong to Man as it is an essential *part* of Man. It is like describing the parts of your car. The tires on your car are not your car but they are needed in order to form what we call a car. Only by working together can we accomplish more than the sum of all our

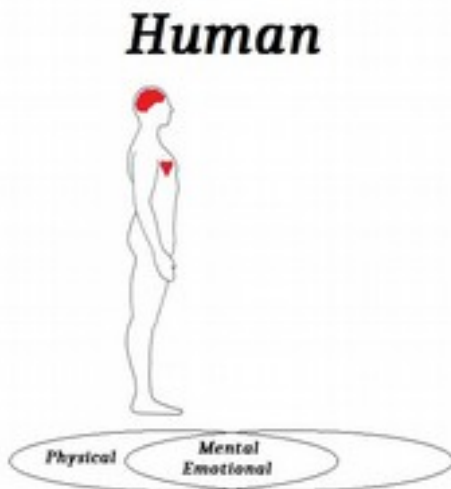


Illustration 7: Human, of or belonging to Man

parts. If we start identifying ourselves as just a physical being like being human, we are rejecting the spirit of who we are by not recognizing that we are Spirit. More importantly, we also abandon the highest authority and sovereignty of the Spiritual Realm. Remember that our Spirit comes from and exists within the Spiritual Realm. If we start identifying ourselves as being human, we are rejecting the essence of who we are and lowering ourselves down into the exclusiveness of the Physical Realm. Matters get worse as we move to the word that most people use to describe themselves: person. Oxford has many definitions for the word person, some of which use the word human being, but in the context of what I am talking about, I use this one:

The living body of a human being, as distinct from the mind or soul

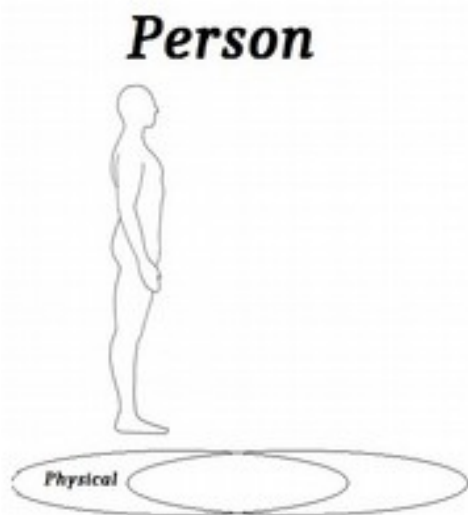


Illustration 8: Natural Person does not include mind or spirit

What this means to me is that the person is describing a part of our physical body minus the Spirit and our Mind. All we are really doing is getting more and more granular with the words that we use to describe the parts of Man. Are we a person? No, but we have a

person. The most troubling part is that the state has grabbed onto this concept and tricked everyone into believing they are a person. Their Charter of Rights and Freedoms apply to these flesh and blood natural persons with no mind or spirit. Well what about Man who is fully engaged with the Spirit? The state cannot and will not engage at that level mainly because they lack the authority and jurisdiction to do so. The state did create fictional persons that we call corporations and has worked very hard to have us identify ourselves with them.

Take a look at your drivers license and in particular the picture on the document. Is that you? How many of you said yes? What if I was to tell you that it is not you but a likeness of you? Who are you? I can testify that you are not a picture on some piece of plastic. Of that I am certain.

Person



Illustration 9: Artificial Person: a fiction

That is how powerful our mind is when we are not consciously aware of what we are doing or saying. If we accept that these pieces of paper or plastic is us, we have voluntarily lowered ourselves into the Fictional Realm and made ourselves servants of

others. We reject who we are, Spirit, and reject the Creator as well.

If we want to work on our relationships, it is critical that we ask these questions. If we reject Spirit then how can we possibly have any form of relationship with the Creator and by extension, ourselves? Spirit makes up half of the being we call Man. Being fully aware and conscious of who we are allows us to explore our relationships in ways we never have done before. There are two aspects I have not covered yet that are equally as important as the physical and spiritual, that being the emotional and mental aspects of our being.

I've alluded to the mental when I talk about the mind. I do want to make it clear that both bodies have a mind and there are many different types of minds to deal with. We are all familiar with our intellect. That is the part of our conscious mind that allows us to observe, think and reason. It is the mind that the public school system wants to train so desperately. We also have the subconscious mind that takes care of automatic functions that our conscious mind just does not have the capacity to deal with. The subconscious mind must be programmed by the conscious mind. That is why it takes so long to learn new skills. It took us months to learn how to walk or even talk when we were babies. Now we do it without thinking. But what if that programming was flawed? Can we change the programming so that it better serves us? Absolutely. But it does require the conscious mind to engage in order to accomplish the re-programming.

We deal with this within the martial arts as well. Except there we take it one step further to recognize that the physical body has cellular memory as well. Each of our cells has a mind of its own and throughout the training we not only program the subconscious mind but also the cellular mind too. That is why martial artists appear to be so fast. They can respond to outside stimuli without much conscious thought involved. They can leave their conscious mind open to deal with more important matters which can provide clarity of thought during a crisis. Without that level of training, the conscious mind just gets overwhelmed and shuts down.

The one mind that I am starting to learn how to use is that of the Spirit. The universal spiritual mind is something that we are all

connected to and some are starting to learn how to tap into it. For me, it required some work to figure out how to do it. My problem was that my physical intellect is so strong that it did not surrender or permit me to tap into the spiritual mind. So that connection was ignored for most of my life. What allowed me to tap into it was actually a crisis in the emotional aspect of my being.

I do want to make it very clear that there is a difference between emotion and feeling. Feelings are a unique sense that our physical and spiritual bodies have to augment our other main senses as we move about in our environment and communicate between each other. Most people would call it our 6th sense, gut instinct, etc. For me I believe this is how we access our spiritual mind, through feelings and these other senses. We have a hard time to listen to those feelings because of all the armour and sensory overload we experience in today's world.

Emotions on the other hand are reactions that our intellectual mind engages in as it reacts to our environment. I want to make it clear that there is a big difference between feelings and emotions. We always have a choice on how we are going to react to a situation. The situation is not positive or negative, in fact it is neutral. How we react to the situation turns it into a positive or negative experience. An example of this would be getting into a car accident and feeling calm and loving where others would get angry. The results of the encounter would then be very different. If we don't have the mental discipline to recognize what our intellect is doing, we end up entrapped in our own mind, reacting to situations rather than feeling our way through them from a loving point of view. Going through this process then allows us to evaluate our relationships with all aspects of our being so that we can then start programming our subconscious mind to support this new paradigm. The conscious mind is the programmer and our job is to ensure the programmer is under our command and nobody else. A challenge considering all the programs that are at work in our culture.

This may be hard for some to get their head wrapped around due to all the armour or preconceived ideas of what their life is all about. I ask that you work hard to see the spirit of what I am

saying. To help with that, let me share with you my story through hell and back.

For me, learning about relationships has been a very dark, painful and disturbing experience. It entailed depression, drug addictions, suicide attempts, broken relationships, broken marriage, loss of my family, home and all worldly possessions. It was hell on earth and it nearly cost me my life. Back in the 90's, over the span of three years, I spent a total of six – one month sessions in hospital psychiatric wards detoxing off of one pharmaceutical drug to be put onto another. I was so desperate that I even found ways to justify the use of six sessions of Electric Convulsive Therapy (ECT) treatments in order to cure my depression. My physical memory has never been the same since.

For many years of my life, I always believed that my problems were outside of myself. I constantly blamed other people for all that I was going through. The people that I worked with were jerks. I would move to another job and they were jerks too. My wife and kids were a constant source of frustration and pain. The doctors did not know how to cure depression and the drugs never worked. That is what I told myself in order to justify my behaviours. For many years of my life I used passive/aggressive behaviours to manipulate people. I was very good at using guilt to shame people into doing things for me. I was very good at pouting as it was a very powerful tool to manipulate people around me. The emotional and mental abuse that I used on those that I loved the most was disturbing. Many people tried to confront me on these behaviours and my response was to get mad in order to shut down the confrontation. I avoided confrontation at all costs because it was extremely uncomfortable for me.

These behaviours did not result in a healthy relationship and it resulted in a great deal of pain and suffering for all involved. So why did I do this? Why did I behave this way? I can safely share with you given the benefit of hindsight, that there were many reasons behind all of this. I was not raised in a family that knew how to express themselves and how to have a healthy relationship. However, that only explains my behaviours to the point where I became an adult. I now believe that I continued on with these

behaviours because it gave me permission to not take responsibility for my life. I did not love myself and as such why would I do anything that would express love? If I don't love myself, then how can I love others? I was not capable of expressing love. So instead, all I could express was a level of dependency that gave me permission to continue being a child. Somebody else will look after me, that way I don't have to. That was the payback for the pain and suffering I went through. If I am in pain then I made sure others felt my pain. It was very selfish and destructive. I literally felt unworthy of any true level of affection, so I acted out to enforce those feelings. Because I felt unworthy, I was not worthy of any good things in life. I was very good at sabotaging myself and others in order to re-enforce those views of myself.

I got to the point in my life where I was so depressed and suicidal that I lost everything. I was literally sleeping in the back seat of my car, with no money to pay for gas. At that point I made a decision. I have to change or die! I had to hit rock bottom in order to surrender my old ways to a new way of living. That decision was the hardest choice I ever made. The consequences were dire and drastic. I had created the ultimate suicide plan and it scared the hell out of me. So despite hundreds of hours of therapy sessions in the past, I chose to go through a unique therapy program. This program was 8 hours a day, 5 days a week for 16 weeks of full time, group therapy. This was no ordinary group either, for their philosophy was that nobody could be there on drugs or alcohol. Confrontation was the name of the game and there were very specific and strict boundaries. Everything in my life was open for discussion and evaluated, including body language, tone of voice, words, images, etc. No secrets. No sacred cows. Absolutely everything was under the microscope to be evaluated and analyzed and it was a full time job! It required being present to ensure no assumptions were made. The conscious mind worked full time to evaluate all subconscious behaviours in order to change them. 18 weeks of that kind of work ensured that the subconscious had a grasp of the new programming before going out into the world. The whole goal was to show my conscious mind how my behaviours and internal dialogue impacted myself and others. It

was designed to show the adult in me how childish I was behaving and it was time for me to view my life from a mature and responsible frame of mind.

That experience changed my life for ever. Those beautiful souls who worked in that program, had the strength of love necessary to dish out the tough love that I needed to make the changes in my life. It also required the will and strength in myself to do the work. They showed me how important it is to love myself first. I learned what it takes to love myself and even simple tasks like doing laundry, cooking, cleaning, exercise, food, etc were all expressions of self-love. It gave me the opportunity to practice those skills so that I could re-program my subconscious mind before I left.

In order for me to explore any other relationships, I first must have a healthy, respectful relationship with myself first. That is why self-love is so important. All of this work takes time and one important lesson was to discover that time is that huge gift that I never did appreciate or comprehend. I wasted much of my time doing drugs, working, playing on computers, watching TV, etc. I found out that taking the time to spend with myself, family and friends is the best and most appreciated expression of love I could ever give to anybody else. Time is the best gift one can give another.

Boundaries was also a key lesson learned. I had no boundaries for my entire life, so I constantly compromised myself and others. I had no respect for the boundaries that others had, so I walked all over them every chance I could get. Establishing boundaries and confronting others should they breach those boundaries was very challenging. Confrontation was something I learned while growing up was something to avoid. Despite the discomfort it was an important lesson for me on how to confront in a safe and loving way. It serves me well to this day.

There are days where I slide back into some of the old behaviours. Those old thoughts are not completely gone. For the most part, I work hard to love myself and I work hard on my relationships. I have joyful days and I also have some very painful ones too. With vigilance and persistence I get through life knowing this is a journey that will take years. I now know that the only one I

can change is me, however I can influence others by walking a specific path and sharing my story. My new appreciation for relationships and all the work that I did in the six months after the therapy helped my wife and I decide that it was worth the effort to work on getting our marriage back together again. We were separated for three years and days away from signing the divorce papers. I don't blame her for getting the divorce as I was a very abusive man. During our separation we both did lot of changing during that period. The fact that we were both willing to reconcile our marriage and put in the work is something that is not seen very often in modern culture. For most it is easier to throw the relationship away and start a new one as we have been so accustomed to a throw away society and instant gratification. It is a testimony to the dysfunction of relationships we face today. Even in the martial arts classes, 99% of the people who start training end up quitting before they get their black belt.

We decided that in order to have a new relationship, it required very strict boundaries, guidelines and a way to re-establish trust. We would talk for 3-4 hours each night for months in order to establish the boundaries and deal with all the pain and suffering that was experienced in the past. We talked and talked for months in order to resolve all our past issues. It was also necessary in order for me to demonstrate to her that I had changed my ways. Trust is not easy to reestablish, especially when the trust was breached for so many years through such abuse. I knew that if she was going to trust me, it would require an absolute dedication, meticulous attention to details and an unwavering commitment, vigilance and persistence in demonstrating a new way of living, thinking and feeling in order to rebuild the trust. It was extremely painful for me to have to admit and accept that I hurt her so much. Accepting responsibility for the abuse and knowing that it would take time to heal the old wounds meant that I could not have the intimacy or level of relationship I wanted for some time. I had to process the pain associated with that on a daily basis. It required the same level of dedication and commitment I showed towards myself so that I could trust myself to do this level of work.

To this day, I often say ACTIONS speak louder than words. I

could tell her all I wanted, however the moment my behaviour resorted back to the old ways, words meant nothing. It took over two years of unwavering vigilance and persistence before we got to the point where Carey started to trust me again. The sadness, pain and sorrow that we went through in order to accomplish this level of healing was intense. I suspect most people would not want to do that level of work. We did and I believe we are both better people because of the experience. Years later we live our lives living off grid, building our own home, growing our own food, with little money in our pockets. We have found a comfort in our relationship that gets us through all the challenges we have faced. They say if you get through building a home then your marriage is good. We also took the leap so that we can also work on our relationship with the Creator as well. Removing all our dependencies from the state and corporations so that we could work on our relationship with the Creator took a leap of faith, lots of work, and a commitment comparable to what we showed each other when we reconciled our marriage.

Why the story? I discovered my life purpose through the experience. I know that it is my duty to share with others all that I have learned. I believe that the whole purpose of this life is to learn how to have healthy relationships and through this experience I learned what it takes to accomplish that. I am now working on sharing what I have learned with people like yourself.

My truth is that everything is about relationships. If you are unable to have a healthy relationship and you have the will to learn, then I will do what I can to teach or guide you, just as those beautiful souls did for me during my therapy sessions. It may not feel comfortable, but it is all done out of love. The challenge is that if you are unwilling to do the work, then I cannot help. Currently I find that the vast majority of people lack the will to change and as such I believe that a great disturbance is required, just as what happened in my life, in order to make things uncomfortable enough to influence peoples will to change. That great disturbance will not be by my hand but rather the Creators.

All relationships require both parties to spend a great deal of time communicating with one another, coming to a consensus on

issues and ensuring that all interactions are done with honour, integrity, empathy, trust and love. As soon as one party resorts to violence, force or other passive/aggressive forms of coercion, then the relationship is abusive and it is the right and duty for those involved to fix it, confront it or dissolve the relationship. All relationships in the Fictional and Physical Realms will end. One way or another. The State does not actually exist, but rather is nothing more than an expression of a relationship between individuals. That relationship can be changed or terminated just like any other relationship! If those who govern resort to violence or coercion, then there are steps one can take to deal with the abusive relationship. We definitely live in an abusive relationship today. What is required is to recognize that specific behaviours are not alright and the courage to establish boundaries to hold others to a higher standard and expectation of behaviour.

The great disturbance will soon be upon us and we all have a choice to embrace the opportunity to change how we relate to our selves, the Creator, other people, our environment, food, water, air, animals, plants, etc – or we can terminate our physical existence and return to living purely in the Spiritual Realm. I choose to change and grow with these opportunities and to share all that I have learned with others, so that we can all benefit from the experience. Learning how to change and deal with the feelings of that change will be a key skill throughout my lifetime.

I can testify today that I am happier and more secure now than I have ever been in my life. That happiness and security does not come with money in the bank, nice car in the driveway or a fancy home, but instead it comes through my relationship with my wife, two sons, dear friends, animals, plants, environment and my complete faith that the Creator, God Almighty, will provide all that I need when I need it.

For me, one of the biggest lessons was to realize that in my relationships, I will always experience some pain. I lived most of my life avoiding pain at all costs and as such I was not able to get close to anybody. All my relationships were superficial and hollow. By avoiding the pain, I created a constant flow of pain. The irony does not escape me on that realization.

One of the most scary things I did was to take the risk of opening up my heart and exposing to others my fears and feelings. I protected myself with physical and intellectual armour that ensured that my feelings and spirit was protected. There are millions of people who continue to live this way and as a result, miss out on the beauty of real, intimate relationships with other people. I learned that there is no way that I can truly experience what I was looking for – peace, love, compassion, empathy, friendship, etc., unless I was willing to take the risk of being hurt. Taking that risk then showed me yet another truth. It is not until we experience and fully resolve a conflict that we can really and truly get to know somebody and build the relationship stronger. Everything is all fine and dandy as long as everything is going well. However, the true test comes when conflict arises. How well we deal with conflict will show how mature and balanced we are as a physical/spiritual being.

For me, I found that if I took the risk to be completely vulnerable by shared my deepest, darkest secrets with others, they in turn would feel fairly safe to share them with me. I have lost count on how many people who have shared with me what burdens them. I believe it is because I am so open now about how I feel and my discussions with depression and suicide. I used to be terrified about all this and now I find that I have extremely intimate relationships with other people because they found the courage to share with me what they kept locked up in their heart. I cannot express in words how great it feels to know somebody at such a deep emotional and spiritual level. It required that I take the first step. I've done this for years now and I've even done it with clients and co-workers when I was still working in the city. My approach to relationships resulted in a nearly 100% client retention rate over a 5 year span. Unheard of in the IT industry. I suspect most professionals would balk at the idea too. I found that having intimate relationships like that paid off.

What was required was the courage to take that first step. That was a heart wrenching, emotionally and physically draining experience. It took days and days to find the courage to start talking about my demons. Confronting myself and being honest with

myself was the first step. It was made easier by watching others do it, but it was still hard. Once I did it, I felt a bit lighter and relieved. The second time was still difficult, but it was a bit easier. Now, after 15 years, I have no qualms about telling people how I feel, what I think and what I believe. It flows out of me mainly because I am willing to take the risk in order to experience the intimacy of my relationships and I am willing to deal with the pain. I've run into many people, even my own family, who are absolutely terrified to take that risk. I pray for them for they are missing out on a lot.

I know that I will be hurt. I know that all my relationships in the Physical Realm will end. I know that my heart will be stomped on from time to time because we all make mistakes. The human aspect of our being is not perfect. I am at a point in my life though, where I will do what I need despite what others say, think or do. I have decided that I will live my life the way I need to live it. Even if it goes against what everyone else believes. It was difficult to get to this point, but I am grateful that I have found it within myself to have the courage to stand and be who I AM.

I will admit that figuring out that I AM a spiritual being with a physical body really helped me overcome many fears. I AM now no longer afraid of dying. I have some fear in regards to how I will die, but I completely look forward to experiencing the process and looking forward to detaching from this physical body so that I can re-join others in the Spiritual Realm. That excites me greatly. To get there though requires that I finish what I started, which is to learn and experience all I can. I won't squander the opportunity God gave me!

So, let's explore some of these relationships and what they mean to me. It may appear odd, but I had to start with my relationship with myself, which I just shared with you. This is the key to the whole book.

Thou shalt love thy neighbour as thyself.
- Matthew 22:39

This passage talks about our love for our neighbour but it also requires that we love ourselves first before we can express any level

of love to anybody else. So the first place to start is to love myself. The previous chapters have already given you some tips on how this can be accomplished. Time spent on the self is critical. I once helped a lady with this concept by asking her to find a mirror. She found a tall, full length mirror. I then asked her to write statements on the mirror. Making sure that each statement started with the words 'I AM'. Here are a few of those statements she wrote:

I AM beautiful
I AM smart
I AM intelligent
I AM lovable
I AM healthy
I AM a great mom

Here is the thing about the words we use. The brain cannot seem to look past words like 'anti-' or 'not'. If I say “I am not stupid”, the brain sees the word 'stupid' and pitches the rest, resulting in programming our subconscious with the term “I am stupid”. So use positive, self-affirming words instead. I find using the 'I AM' is a great tool to make sure I state clearly what I AM accomplishing. That is why Mother Teresa would not participate with an 'anti-war' rally. Instead she would participate with a 'pro-peace' rally. See the difference? So when we see campaigns from the government regarding 'anti-drugs', 'anti-war', 'anti-terrorism', etc what are they really creating? That is right; drugs, war and terrorism. Enough of that crap. Time to create something different. Time to create what we are truly looking for: peace, love, prosperity, joy, freedom, etc.

Our words are extremely powerful. One of my best friends has a son who was eight when he told her that words are like magic, you have to spell them correctly in order to cast the right spell. The statement stunned me and I've never forgotten what he said. It is so true and I know it to be true because the words that I used during my depression days are so much different than the words I use today. The internal dialogue that goes through my mind manifests emotions and impacts greatly what happens to me from

day to day. I create my own problems. No question about it. To be free requires that we admit that we are our only and biggest problem. There is nobody to blame but our self. I AM 100% responsible and accountable.

My conscious mind is a powerful tool. The words that I use program my subconscious mind. It is the subconscious mind that governs most of our behaviours and activities. If we are not completely conscious of the words, thoughts and feelings that we are expressing, then how can we possibly change what happens to us and our subconscious mind? This is where a great deal of discipline is required to ensure we are expressing what we truly want in our lives.

The biggest problem is that we often lie to ourselves. For the longest time I could not seem to break free of those lies. Why would I lie to myself? What is the point? After all, I know the truth, so why lie? I realized that I would lie to myself to keep myself in a familiar place as my behaviours reinforced my thoughts and feelings about myself. I found that there was the perception of less pain if I stayed in the familiar than there was to step out of the familiar and try something new. The reality is that stepping out of my familiarity zone (which was not comfortable) to try something different often resulted in experiencing greater joy, peace and satisfaction. So I have taken the idea that should I experience any fear or anxiety, my new goal is to then confront it head on. So instead of turning and running away, back to what is familiar, I consciously head straight towards all that I find uncomfortable or afraid of. Every single time I did that, I learned a lot about myself and it resulted in the fear and discomfort going away. So rather than stepping outside of my comfort zone, I've decided to expand my comfort zone so that it is so large, that nothing is uncomfortable any more.

In 2005 I was invited to be a referee at the 2005 Canadian Tae Kwon Do championships in B.C. The prospect of refereeing world class athletes scared the hell out of me. For the whole first day I sat on the side lines or did a little corner judging. But getting into the ring with the athletes as the main referee was something I was not willing to do the first day. Then I decided that I have to get into the

ring if I was going to get past the fear and anxiety. So I found the courage to do it. The first match my heart raced and I did more sweating than the two competitors. But I did well and I got through it. I did not make any glaring mistakes that would cause any controversy. The second match was a bit easier. By the end of the day, I was having a blast and I ended up having a lot of fun. It was an honour and a privilege to help out at such a calibre of competition. Later that year I was invited to referee at the Junior-National TaeKwonDo Championship in Edmonton. I was all for it and I went with a completely different attitude than I had in B.C. I had a lot of fun and afterwards I went home with a great sense of accomplishment, joy and satisfaction. It was not until later that I found out that all the other referees at the competition voted me as the best referee. I was shocked, amazed and deeply honoured. There were a lot of people there with credentials and experience far beyond what I had and it was a complete honour to be recognized for my work and dedication to the sport. I would never have accomplished that level of performance if I submitted to my own internal dialogue and gave up on the first day during the competition in B.C.

I was able to accomplish world class achievements because I trained for years, disciplined and challenged myself physically, mentally, emotionally and spiritually. There were many days where I wanted to give up. Many days where I did not feel like training, but I forced myself to go anyway, only to enjoy the time there. I fought for many years not to submit to the doubt, negative thoughts, and the internal dialogue that kept telling me that I was no good, that I could not do it, that I would fail or that I would look like an idiot to others. I can stand here today to testify that those thoughts and emotions are nearly gone. At times they still come around, but for the most part, I know I can accomplish anything I put my mind, heart and soul towards. For years I never finished anything. Now I can testify that I hold a third degree (3rd Dan) black belt in Tae Kwon Do. I quit my job and moved our family out into the country. We built our own home, raise our own livestock, produce our own power, collect our own water, treat our own waste and do all that is necessary to support and sustain ourselves as free spiritual

beings. It can be done. I know for a fact that it can be done, because we are doing it!

In order to accomplish this level of performance though requires a healthy relationship with the self, the ego, the I AM. It requires discipline and training. It requires confronting ourselves and establishing positive, self-affirming internal dialogue. If you say 'I can't', then you are right. If you say 'I can', then you are right. Either way, you are always right. Does not matter what other people say. My dad literally told me that he cannot change. It saddens me greatly because I know that it was his choice. I've also been judged by family and friends on how we live our lives. I am at the point where the pain from hearing such things hurts but I cannot let that deter me from proceeding. There is nothing stopping us from making changes in our lives other than ourselves. The power is within. All we have to do is make a choice and act upon it. I care what others think ... but not that much! I refuse to live my life based on what other people think. I will listen to them while engage in critical thinking. But if it does not fit, then I will reject it and move on. If it does fit, then I will listen and make some changes in my life.

Now, when it comes to relationships though, we still need boundaries. I've found many individuals in the freedom movement who think that they are free so they can do what ever they want. Some of them would speed and do all sorts of things and then wonder why they still get into trouble. For me, despite me being God source energy with unlimited potential, I do feel that I need to set some boundaries on what I can or cannot do while I am here. After all, my actions could harm others if it is not regulated. The only difference is that I choose to establish those boundaries myself rather than having some other third party who has no clue on what I am capable or incapable of doing. This is where the concept of self-governance comes in. Just as on a motor, a governor is required to ensure the engine does not spin too fast. If it spins too fast it will literally fly apart and destroy itself and could cause damage to others in the process. To place self-limiting boundaries, I too want to ensure I don't destroy myself or others. Most importantly, I want to ensure that I do no harm or imminent

harm to anybody else, physically or spiritually. Part of self-governance is to self-restrict which are self-imposed boundaries.

All relationships require boundaries to ensure that no harm is done. However, where most of us fall down is that we either don't establish the boundaries or we don't confront those who breach those boundaries. For me, I had no boundaries mainly because the definition of me was so abstract, I had no idea who I was let alone what was important for me. I did not love myself so why put any boundaries up? Being abused by others was just a normal part of my self-abuse. Yes, I abused myself to show that I was not worthy. Drug addictions, alcohol, computers, TV, food and all sort of other forms of abuse was part of that process.

Now that I love myself, I cannot bring myself to accept abuse like that anymore, from myself or from anybody else, especially from those who wear the masks of the state or corporations. Because I love myself, I had to establish boundaries. A standard upon which I would govern myself to ensure that love was not under attack. That attack came from others, but most times it came from myself. Confronting myself is much harder than confronting others. Learning how to confront in a safe and constructive way was a skill that most people lack as well, including myself. Either way, I avoided confrontation at all costs because it felt very uncomfortable. I hated it. It felt violent and unnatural, mainly because I did not have anybody in my life to show me how to do it in a healthy way.

What I found out was that when confronting people or myself, there is a healthy way and an unhealthy way. Unhealthy approach would be to make statements like 'you never', or 'you always' or to pout, threaten violence, etc. I used these kinds of approaches all the time and then blame others for things that happened to me. For years the problems in my life were always my wife's fault, or my kids, family, friends, co-workers, the government, corporations, etc. It did not matter how many jobs I had, where I moved, the people that were around me were ass holes.

However, now I use statements like 'I feel', or 'I AM' to maintain the peace. What that does is it forces me to take responsibility and express how I am feeling or how I was impacted

by events. So other people no longer have to feel threatened by my accusations and now they may even be in a better position to hear what I have to say. My old approach would just end up in arguments and hurt feelings resulting in thick armour to protect themselves. Now, I end up having people relate to what I am going through with little to no armour. They can express empathy and compassion because they can listen to me and feel safe, knowing they are not under attack. It is a peaceful form of confrontation and the groundwork for building a strong relationship compared to anger, hostility or hate. This does not work with everyone, so at times I must recognize that the other individual may not be ready for a healthy, balanced, respectful relationship. After all, I cannot please everyone. At that point I will have to say goodbye.

I have done this with my relationships with a few friends, family members, the state and many corporations. I had a lot of mourning to process as I dealt with those losses. There are so many people who have no idea how to have a healthy relationship that I had to put up some boundaries because I love myself too much to put myself in a position where others are taking advantage of me or not respecting my boundaries. Many hurtful words were said and many hurtful deeds were done. Those that wear the masks of the state or corporations are some of the most blind individuals I have ever come across. I love them dearly but cannot bring myself to compromise who I am just to have a relationship with them. This is very significant as it hits very close to home for me. I have a brother and a sister who are police officers. My brother's wife is also a police officer and I have two uncles who are retired from the police force. My dad worked in the medical industry for nearly 40 years and my mom was a nurse, worked for victim services with the RCMP and in the high school for many years too. My parents were foster parents for 10 years as well. My family is extremely dedicated to service through positions offered by the state. I love them dearly and I pray they are happy. I will not do what they are doing and I know they do not understand what I do.

It brings much sadness and pain due to all I have learned in my life and yet watch those that I love so dearly, be swallowed up by the fiction that has grown up around us. I pray for them constantly.

I know they have a very hard time relating to what we have done in our lives and I pray that they can accept me for who I am and the choices I've made. Otherwise, I must say good bye. I accept them for their path and journey. I pray it serves them well.

For most of my life I thought I was a person. Then eight years ago, I discovered that I was not a person but rather a human. It was not until a few years ago that I expanded my view of myself and I view my life now from the Spiritual Realm and that changed everything. I recognize that I was created in the image of God and as such I accept that my duty is to do the best I can while I am here for the rewards of graduating will be immense. That means that I am willing to forgo physical and fictional benefits in exchange for Spiritual rewards. I know that the sacrifices I make here will benefit my spirit for ever. My relationship with God is no different than my relationship with my parents. He too uses benefits and privileges to help guide me through to spiritual maturity, just as my physical parents used benefits and privileges to guide me to physical maturity. It was my responsibility to grow emotionally and mentally at the same time. I don't blame my parents as I know they did the best they could with what they had. Now that I am an adult, it is my responsibility now, so I hold no blame or ill will towards them. They did the best they could and now it is my responsibility to pick up and finish what they started.

With that realization, I must also conclude that I am also responsible to ensure I accomplish spiritual maturity before this life is over. That, I found, is way more difficult than the physical, emotional or mental maturity. Spiritual maturity required that I completely change my whole outlook on life. For the vast majority of my life I was focused on material wealth and acquisition. After all, the one with the most wealth and toys wins. Right? For those stuck in the Fictional and Physical Realms that statement would be true. However, for those looking for a healthy spiritual relationship, the paradigm is completely different. Now I must build a healthy relationship with all life on earth and honour all the spirits, including God!

Because all matter is formed by a spirit, that changes how I approach my relationship with the earth, plants, animals, etc. I now

recognize that my body was sick when I used man made chemicals and crap. My body is much healthier now that I eat real food. Honouring the spirit of that food, whether it is a plant or an animal is part of that process. It does not matter what form it comes in, mineral, plant or animal. I give thanks and I honour the spirit of all that I use, interact with, or consume.

Everything here has feelings as it is an expression of the spirit, even though those feelings are not expressed in ways that we may or may not recognize. We were placed here to demonstrate our ability to have healthy relationships with not only ourselves but with all those that we are supposed to look after. Despite the bible saying we are to have dominion over them, the important aspect of that relationship is to ensure that we replenish the earth. One of the things we will be evaluated on is whether we embrace our relationship with all the other life forms and spirits that are here and help them to prosper as well as each other and ourselves. They are there to serve us, just as we are to serve God. But that does not mean to be disrespectful or belligerent or force our will against them. We must honour and respect all life and give thanks for their sacrifice should we need their flesh (mineral, plant or animal) to sustain our lives. That means only using what we need, not what we want.

This has been a huge point in our homeschooling with our two boys. Teaching them the differences between needs and wants. The irony comes in once we recognize that what our body needs and wants is very different than what our soul needs or wants and very different than what our mind needs and wants. Many people get angry with God because things happen in the Physical Realm that is designed for our spiritual growth. They do not recognize it for what it is because it was physically, emotionally or mentally painful. For me this was a huge eye popping moment when I put the famous text into context: The Lord is my shepherd; I shall not want. For most of my life I thought this meant that I don't want the Lord as my shepherd. When I realized that what it means is that because the Lord is my shepherd, I will receive what I spiritually need and because of that I shall not want anything else. That realization changed my whole outlook on my relationship with God

and all of his creation.

I now recognize that God, as a dutiful parent, has placed boundaries and consequences on how I am supposed to behave through what we call Natural Law. Those boundaries and consequences are there to guide me towards spiritual growth and maturity. The school ground is life in the Physical and Fictional Realms. I have free will to choose how I am going to interact in these realms whether I am consciously aware of the consequences or not. It is my responsibility to confront the truth of my relationships while I am here, now that I have the mental and emotional maturity to do so.

Ah, but what about those who don't have the mental or emotional maturity? What about all those people who are vulnerable, experience mental injuries, mental retardation, physical disabilities or any other challenges in life that prevents them from accomplishing all this?

I believe that the vast majority of people have the capacity to have healthy relationships with others, even with disabilities. What is required is the will and the ability. If they lack the ability but have the will, then it is our duty to teach them the skills or look after them so that they acquire the ability to do so. If they have the will and the ability, then they are most likely well on their way and all they need is our encouragement and support. However, for those that have the ability but lack the will, they are on their own. Love at times requires an expression of tough love. There are times where life lessons are required so that they experience the consequences of their actions or behaviours. Sometimes those consequences are very painful and hard to watch. Tough love was dished out toward me on many occasions when I was depressed and spaced out on drugs. I got very angry and frustrated but it was because I was not taking responsibility for my life. I would not own my own problems and deal with them. So some people in my life gave me a lesson in tough love that took me years to recognize and appreciate. When people come to me with depression issues, I will listen to them and I also have no qualms about confronting them either. I don't walk on egg shells when I deal with depression, in myself or in others. Mainly because I know what is going on with the internal dialogue

and I will call it the way I see it. Suicide requires a bit different approach since death to the body would end all attempts to interact and help the spirit, mind and body.

The biggest barrier is what we tell ourselves and the excuses we make to prevent us from making changes. We are extremely powerful creative beings and what ever we put our mind, feelings, body and spirit to work on, we can accomplish. What is required is a level of belief in the self, discipline to accomplish it, a burning desire not to give up and people around you to support and encourage you. It does not matter what others think, say or do. Thomas E. Mails in his book "The Hopi Survival Kit" put it perfectly when he stated:

The forces we must face are formidable, but the only alternative is annihilation. Still the man-made system cannot be corrected by any means that requires one's will to be forced upon another, for that is the source of the problem. If people are to correct themselves and their leaders, the gulf between the two must disappear. To accomplish this one can only rely on the energy of truth itself.

To bridge the gulf between ourselves and our leaders we must become our own leader. In order to accomplish this task, a lot of training, education and hard work is required. Being a leader takes courage and wisdom. It may take many years to accomplish that task. Having the skills to see and hear what our Spirit and others are telling us will give us great insight into ourselves and our relationships with those around us. Many mistakes will be made along the way but we will learn from each one of them. We may have to expand our familiarity zone so that we can acquire a wide range of skills sets. We must have healthy relationships where we don't force our will upon others but instead honour and respect one another. That starts within and must be driven from the Spirit, the highest authority we can express. The Spirit must drive our lives, not the mind. The mind is a tool to help us accomplish the goals and desires of Spirit. A great leader will do all he/she can to

ensure others grow up to be self-governing adults as well. They won't encourage dependence but rather independence which leads to interdependent relationships. A great leader will encourage the individual to be his/her own leader. Only then will we find it within, to love all that we are, where we are then capable of accomplishing great things in our lives and able to learn how to have healthy relationships so that we may graduate life with honours.

Chapter Seven

Independence

If money is your hope for independence you will never have it. The only real security that a man will have in this world is a reserve of knowledge, experience, and ability. - Henry Ford

As mere children in God's eyes, it is our job to grow up to be conscious self-governing spiritual adults. As with most children, there comes a time where the parent must stand aside and let the child take their first flight. Independence comes from building self-confidence, knowledge, wisdom and experience. Sure it is a painful process to watch. As a parent myself, I found that there is a fine line between helping too much and not helping enough. It was all the skinned knees, cuts and scrapes that taught many lessons along with all the laughter, fun and joy. The balance required to raise a child is immense and extremely rewarding. I am very proud of my two boys and all that they have accomplished so far in their lives. They are so much wiser than I was at their age.

This generation seems to have something extra that I've not seen in my own youth. For me though, the hardest part is letting go and letting them live their own lives rather than what I think their lives should be like. I struggle with that even to this day. I must find it within myself to trust that I've done all I can and it is now up to them to make the best of what they have learned so far. We worked very hard to teach them how to think and learn rather than what to think and learn. I trust that those skills will serve them well as they start to explore the greater world around them. I know that they have all the skills they need to make their way through the world. It is all up to them now.

We decided to home school our kids when they hit grades four and six. We found that the public school system did not reflect the values and beliefs we hold and that the boys spirit was being crushed by rules, policies, procedures and a level of expectations

that everyone must conform to the standard. My boys would literally cry each morning because they did not like school. So we pulled them out and found a fantastic home schooling school board to help us. Their first recommendation: Do no schooling for at least 6 months. We were a bit shocked, but given the benefit of hindsight, we were very glad. The reason was that it would take at least that long to deprogram our boys. There is so much programming and behaviour modification taking place in our schools today, that I was forced to conclude that our schools are no longer there for higher learning but rather slave training. Our kids are taught how to follow instructions, obey authority and learn the skills necessary to run the machine. Our kids are not given an education but rather are taught instruction. Life is how we get a real education.

Part of our purpose for leaving the city, building earthships, chicken coops, raising livestock, etc was to remove our dependencies from the corporate grid. But it also gave us an opportunity to give our boys a wider range and scope of skills and experiences. My boys know how to build a house and do what it takes to provide for themselves. They also recognize that the important things in life take a lot of work and time. Sure they succumb to a few bouts of instant gratification, but for the most part, they have done extremely well in this regard. I know for a fact that when they are ready, they will have the skills to provide all the basic necessities of life – directly. They know how to grow food, look after live stock, build houses, harvest water, treat waste, heat their homes and all that is necessary to provide for their families. The level of skills necessary to accomplish all of that is staggering. The learning curve that my wife and I went through just to establish our domain was immense. About a year ago I came to a very comforting realization that should anything happen, I have what it takes to redo all of this if necessary. That knowledge and experience cannot be taken away from me, except perhaps with a bullet. But I'm not going to worry about that.

Our relationship with the state prior to all of these changes can be compared to that between a child and parent. The only difference is that the state has absolutely no interest in teaching it's

children how to become independent. It is not in their best interests as that would severely impact their ability to harvest energy from the people. I found over the last few years that people are now starting to feel the pinch and are starting to protest. I found that protesting is a very important stage in the growth development of people. Protesting can be equated to the teenager rebelling against the parent. It is an important step to realize and a healthy one too. The teenagers out there, who are protesting, are at a critical stage and should they be aware that their protesting may change a few peoples behaviours but it does not change the foundational structures of the parent. Once they realize that, then they will either succumb to the authority of the parent or venture off on their own and do it themselves. I pray that the protesting people realize the choices that they face and they choose to pick up the duty to govern themselves in order to grow up to be responsible, accountable adults instead of giving up and going back to being children.

Those who hide behind the mask of the state have used subtle tricks to keep us enslaved to their system. They have gone to great lengths to convince us that we are persons (masks) rather than physical and spiritual beings. They have torn the essence of who we are into pieces so that they can gain jurisdiction over one part while ignoring the others or the whole. They hope that we don't figure this out. Should we figure it out, we will then realize that we are not a fiction at all but much more than that. Religion is designed to keep us from pushing through that next barrier by convincing us that we are sinful and that we must pay for any redemption. The whole goal is to keep us from contemplating that we are indeed divine in nature once we realize that we were indeed created in the image of God and our Spirit is that which is divine. The fact that we have merged it with a human body does not diminish who we are but rather speaks to the courage and dedication involved in taking on such a challenging task in order to learn and grow. It is a lot of hard work for a divine spirit to join with a human body that has so many challenges to overcome. But we do it because there is great spiritual meaning behind doing all that work.

As children, I believe it is time to take the risk, fly the coop and

venture out on a journey of maturity. What makes this particularly challenging is that the parents (those in government and corporations) do not want us to do that. Having billions of people learning how to look after themselves and others would completely destroy the fictional empires that they have spend so long building.

People though, are so conditioned to fear authority and follow the commands of authority, that the biggest challenge is not the authority but their own perceptions and feelings when it comes to authority. I've been on this path for many years and I still go through a bit of a panic attack when I see a police car. Why is that? Are we so afraid of going to jail or getting into trouble that we literally have a panic attack just at the sight of a mere symbol?

I am reminded of my boys when they were about two years old. They loved saying no. I recently learned that during that period of time in their development, they were starting to explore their individuality. For a two year old child, because they are not emotionally or mentally mature, this period of time can seem a bit self-destructive. As a parent it was my job to ensure they don't get into trouble and end up hurting themselves. I will admit that my approach was to assert my force over them mainly because I was much bigger and stronger. Very much the same way the current state controls its children. As a result, the word 'no' was suppressed and the will of the child to explore his individuality was suppressed.

I believe most of us went through this same process when we grew up as well. So now we were taught from our parents that there is no use to apposing authority because they are always bigger and stronger than we are. So there is no sense in even trying. This was true when we were two years old, but this assumption is completely false when we are older. The truth of the matter is that when we get to a point where we have the mental and emotional maturity to assert our individuality, most of us refuse to take that step. We as full grown mature adults, have what it takes and all we need now is that same desire and determination that we had when we were two years old. Matthew 18:3 states:

Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven.

For me, what this passage is saying is that we need to get back in touch with our youth, our desire to learn, explore and share. We had no bias or discrimination. What is required now is the burning desire to express our individuality, stand up and say 'no'. We have it within ourselves to govern the self. We currently lack the skills to accomplish this, but as spiritual children, it is time that we as a people venture out and learn how this is going to be done. My wife and I have done that here since 2007. We made a LOT of mistakes along the way, but I believe we are getting better and better at accomplishing the end result; self-sufficiency and self-governance. We have had a lot of help from our close friends and family. The community of people that have stepped up and provided assistance through our journey has been absolutely humbling. Without that guidance, support and assistance, I don't think we would have accomplished all that we have.

I hear of lots of people talking about communes, communities, etc, but I think for us, we found some valuable lessons when we considered these types of relationships. We came out here and tried working and living with two other families, at different times. Experience has taught us that if those families are not already independent, then there is a strong tendency to fall back into a dependent relationship with those who are fully dedicated to being independent. That had a huge strain on the relationship and it ended up not working out. So I now tell people that if they want to participate within our community, then get out there, find some land, build and become as independent as possible. Then we can start building interdependent relationships that will last the test of time or at least stand a way better chance of surviving. I would be more than happy to help out, but not at the expense of those individuals learning through the experience. It is the struggle and experiences that teach the most and I don't want to rob them of that. However, it is also in my best interests to ensure they are successful as well, so I will do what I can to ensure success. I have a very close group of people around me.

Very good friends who believe in what we do and some of them are well into the process of becoming independent themselves. I call this group my clan, because that is how important

they are to me. They don't live near me, in fact most of them live 1 – 2 hours away. It is not the distance that created the community. It is the relationships and the time we spend together that created that community. I also have a much larger group of people who are watching what we do very closely. They have donated building materials and labour to help us get things built, like the earthship and the greenhouse. Given our limited cash flow, these people have been instrumental in the progress we have made as well. They have also demonstrated the prosperity model that we can experience if we see past the scarcity of commodities.

I raise all of these points because the last few years of work to become truly independent from the corporate and government grids has been very much like what I experienced when I first moved away from home when I was 18 year old. I had very little to live on, so parents, family friends, etc all provided a little bit to get me started. It was then completely up to me to make it all work and figure it all out. If I fell down, there were people there to help me, but for the most part, I wanted to do it myself. It was a rite of passage for me. It was important that I make it work.

Our experiences on our domain over the last few years is the most important step we could make to truly be independent and free. It may seem like 10 steps backwards for most as we have rejected many luxuries and it appears we have lowered our standard of living by considerable amounts. But for us, we value all that we have accomplished and proven to ourselves that we can do this without the state or most corporations. The knowledge we have learned doing this cannot be learned through books or videos but only through action, getting dirty and doing the work. To do this completely by ourselves would have been 100 times more difficult but with our community, clan and family, we proved that this is not only possible, but also extremely rewarding at the same time.

These struggles have built strength, determination, faith and confidence. All the qualities that I hope we instilled in our two boys. These are areas of self-development that I find are completely devoid in the Fictional Realm's education system. To sell everything and venture out into the countryside to accomplish this took an absolute leap of faith and a level of willingness to take

risks because of the valuable learning that would come from it. I have lost count of how many people come out to visit us, see the earthship and all that we build and comment on how great it all looks and feels. They then admit to themselves that they could not do what we have done. The main reason is that they are unwilling to let go of the benefits or privileges they currently enjoy within the system and they admit that it is okay for them. In order to make the shifts necessary, we must be willing to let go of those benefits so that we can rebuild a new paradigm that is built on completely different constructs.

Teenagers exhibit this quality beautifully as they usually have a strong desire to move away from home to do things differently and to explore their independence. They take that leap all in an attempt to improve upon what they learned from their parents. If we were to learn from our teenagers, we would be faced with the truth that if we are unhappy with our current situation, then what is required is a large shift in how we view and interact with others in this world. We cannot continue to interact with one another using antiquated systems that were designed for control and power. The human race is growing up and outgrowing the strict confines of the parent that governed the earth for thousands of years.

The teenagers are ready to break free for the first time in human history and explore what it is going to be like to live as independent sovereign beings. What will those relationships look like? How will this work? How will we interact with one another? Those questions I cannot answer and will not even attempt to answer. I have faith that when we work through the transition period, which will be very chaotic for some, scary for others, we will end up on the side of peace and what we create on the other side will be more beautiful and peaceful than any of us can imagine. It will be the combined creative capacity of all that survive the transition and it will rival anything ever created on this earth or in the universe. We all know what it is going to take as we have all been through it before on a much smaller level. We all experienced it on a personal level when we grew up and moved away from home. The only difference is that instead of running into the arms of yet another parent, we have an opportunity to break the cycle

and stand on our own power, authority and governance as true adults with the capacity to control and manage the power from within. The creative power that God has given each and every one of us.

What will be required to accomplish this goal is the drive and tenacity of a two year old. To stand up and say no, no matter the consequences. To explore and question everything. Drive the corporate parent nuts by asking 'why?' over and over. Not yielding until we are satisfied our thirst for curiosity has been quenched. We now have the mental and emotional maturity to do this without destroying ourselves. If we can find the same courage and drive that we had as teenagers, then we too can venture out and leave the government and corporate parents behind in order to explore our capacity to live on our own and figure out what we are capable of accomplishing. We can explore our relationship with ourselves and all those around us. The experience will be challenging and at times we may have little food on the table. Learning how to be fully independent is one of the most challenging experiences we will face in our lifetime. Our fictional parents will pout and pull all kinds of temper tantrums. They will do anything to try to sabotage our efforts for independence. They are bullies and very abusive. They no longer deserve our loyalty or cooperation. It is time to walk away and be all that we were meant to be: free, prosperous, loving, compassionate, peaceful, individual, independent spiritual beings. Then and only then will we be able to form interdependent relationships and build a social structure where we work together for the prosperity of all, through the spirit of cooperation.

Chapter Eight

Back to Basics

I sit on a man's back, choking him and making him carry me, and yet assure myself and others that I am very sorry for him and wish to ease his lot by all possible means – except by getting off his back.

- Leo Tolstoy

As that courageous teenager, taking those first steps towards moving away from our parents, whether physical or fictional, our first responsibility is to ensure that we can provide for our self, the basic necessities of life. Our physical vessels require shelter, water, food and clothing. Part of being independent requires that we acquire the skills and resources to provide all of those basic needs. Our biggest challenge is to find sources for these needs rather than being dependent upon our parents or others to provide them. Building, hunting and gathering on the most basic level are skills that will vastly increase one's chances of survival. In our current society, those activities have been relegated to store fronts who hunt and gather products for us through the corporate machine. All we have to do now is walk down an aisle and choose which products we want. The process of delivering those products to the shelves have left our environment devastated and the people devoid of any skills to provide for themselves. People are very unhappy with the fascist, plutocracy approach to providing for the children.

For years I have watched people challenge our political, military, religious, economic, food and financial systems, because things appear broken and people all over the world still suffer, despite all the technology we have at our disposal. People think the system is broken and that if we can replace some of the people, change policy, and initiate a few changes, we can fix it. Even despite thousands of years of revolutions to topple dictators and other harsh rulers, we still end up with the same types of challenges a few hundred years later. The challenge we face today is no different.

First we need to accept and recognize that the systems that are in place right now are not broken. In fact, they are working exactly as designed and I believe the end game of that design will be upon us soon. Should we rebel against this current system, which has started already all over the world, and if we don't recognize the root foundations of those systems, then we are doomed to repeat the cycle and we will not escape the trap that has been set by the power brokers in this world. In order to break this vicious cycle we must first contemplate the foundations of our current systems and rebuild our lives from a very different paradigm. Yes, that means completely dismantling our relationships and rebuilding them from the ground up. This requires that we get back to the basics so that we can at least survive the transition and then build a whole new way of life after the old system has been dismantled.

In order to do that, we need to do some work so that we can confront our current behaviours, learn from them, figure out why we are doing what we are doing, come to terms with our involvement and then come up with alternatives so that we can build healthy, strong, meaningful relationships as fully responsible, accountable adults, living healthy, happy, prosperous, interdependent lives.

I've put a decade of research into these issues and the conclusions I have drawn are very simple. One of the foundational principles of our current models is that it is based on scarcity rather than prosperity. The whole corporate model depends on scarcity of a commodity. If there is more commodity than there is demand for that commodity then the price of that commodity drops which negatively impacts corporate profits. If there is not enough commodity for demand then the price goes up which is a boon for profits. Those involved in this corporate, scarcity model are then dedicated to ensuring that there is always not enough. That way they can demand higher prices and profit from the scarcity. Those who own and run corporations are absolutely focused on either increasing demand or decreasing supply to ensure they have the market cornered on a commodity. If they can do both then they end up with huge profits.

The real scary thing is that people are so focused on making

this model work that they would capitalize on anything and turn it into a commodity. I think most of us would agree that the basic necessities of life in the Physical Realm would consist of food, water, air, clothing, shelter and social interaction. It would make sense to most of us that those necessities of life should be available for all. Every single man, woman and child on the face of this planet requires all of these in order to ensure physical survival. Would it surprise you to realize that every single one of these necessities has been turned into a commodity and capitalized on? Lets take food as an example. In the 1950's and 1960's food production was very high in many areas of the world. It was a result of the war efforts to increase production to feed the war machine. When the war was over there ended up being a huge surplus of food. To the hungry and poor of the world that would appear to be good news. However, in the scarcity corporate model, this was a huge problem. It resulted in commodity prices crashing and lots of farmers having troubles paying their bills. The Canadian government's response to this crisis was to put together a task force and figure out what can be done to avoid this problem. The result of those efforts was a report released in 1967 called "The Federal Task Force on Agriculture". They admitted that the most efficient unit of producing food was the small family farm. Here is an excerpt from page 21 of that report:

The family farm has given valuable service in opening up and settling the country and has been the backbone of rural society. *In addition, it has been credited with being the most efficient unit for agricultural production.* There is no doubt that interested and dedicated management and work by the operator and his family have wrought wonders. *(author's emphasis)*

This is absolutely true. In Russia, Dr. Leonid Sharashkin, English editor of the Ringing Cedar series of books, did a presentation where he showed that in 2003, agricultural land use in Russia was split up where the corporate farms used 83% of the

land, independent farms used 10% and food gardens used up the remaining 7%. He made a point to suggest that the 7% used by the food gardens were the poorest quality land, reserving the best land for the corporate farms. As a result of that land use ratio, the corporate farms produced 43% of the food, the independent farms produced 6% and the food gardens produced a staggering 51% of the food.

Can we feed the world? Absolutely. However that is not in the best interests of corporate profits. So instead, the recommendations of our corporate elite to our governments have been to restrict and manage production in order to profit from it. To accomplish that goal, they need to reduce production so that there is no prosperity but rather scarcity. This protects the profits. However, the results are that those who cannot afford the food have suddenly lost access to one of the core basic necessities of life. It is a violation of the individual's Spirit and our mandate from the Creator to ensure prosperity for all when policies like this deny access to a core basic necessity. I would also suggest it is a violation of rights granted to mankind by the Creator.

Here is what some of the recommendations outlined in chapter 1 of the 1967 Task Force on Agriculture report says. I italicized the key points:

The main principles of our recommendations, spelled out in detail in later chapters, are as follows:

- *The surpluses must be controlled and reduced to manageable proportions by reducing production drastically, if necessary.*
- Where alternatives exist, production resources must be shifted to more promising market opportunities. *Where such alternatives cannot be found, land and other resources must be retired.*
- Governments should provide temporary, limited programs of assistance for the crop switching and land retirement, necessary to cut surplus production. At the same time, this report emphasizes programs to expand demand,

particularly on the international scene.

- Agricultural subsidies and price supports that are not effective and efficient in achieving worthwhile high priority objectives should be phased out.
- *Younger non-viable farmers should be moved out of farming through temporary programs of welfare, education and provision of jobs in other sectors of the economy. Older farmers should be given assistance to ensure that they have at least a "livable" standard of living.*
- Improvement of management must be encouraged by providing seed money for management training, provision of information processing systems, market and price forecasts and other management tools.
- The organizational structure of agriculture both in the government and private sectors should be rationalized. *Management by objectives, program planning and budgeting, cost benefit analysis and other modern management techniques should be adopted. Every public policy should embrace these principles and procedures."*

This is the basis for capitalism and it reflects the foundational core beliefs of the current system. Despite all the dogma spewing out of corporations and governments today, we as a people have the capacity and technology to not only feed the world but many more billion people on top of that. However, that is not in the best interests of commerce, capitalism and greed. So at the cost of losing millions of people to starvation every year, it has been justified to turn food into a commodity and to profit from it. Poverty and starvation will never be resolved despite our constant requests for politicians to address these issues. They cannot fix these problems because of core foundational designs in the system.

Dr. J. N. McCrorie, a vocal critic of the 1967 Task Force on Agriculture report, presented a speech in November 1970. In that speech he had much to say about this report. This statement was,

to me, the most pointed:

You will recall that the treaties our ancestors signed with the Indians are almost one hundred years old to this year. And those treaties, no matter which way you look at it, contained the following provision: The people who had habitually inhabited this part of the world were to be forced off their environment, they were to be enclosed in rural ghettos to be known as reservations, and they were to be given a guaranteed annual income of five dollars per head per month along with a number of other social security benefits. Now it is not without irony that within a hundred years, the population that replaced the Indians is now itself to be faced with a similar fate.

Why are we facing a similar fate? Because we are slaves to this feudal system. We are not free to govern ourselves and we are caught up in a framework that depends on scarcity in order to survive. The food we do produce is only for those who can afford to pay for it which is an idea that is morally and ethically corrupt. We have the knowledge and technology to turn this around and end up with so much food that we would be giving it away to all who need it. We have the skills and knowledge so that everyone could grow their own food for free. That would be the loving thing to do and that would ensure that we are replenishing the Earth as we were commanded to by God. This is, after all, one of the lessons we must pass in order to graduate from this class.

The problem is that we are looking at this model from a physical point of view rather than a spiritual point of view. Our spiritual growth and maturity depends on us finding ways to break through this scarcity mentality and find ways for every single being to prosper. The food gardens in Russia proved that we can out-produce all the commercial farmers with less than 10% of the land use. That number is staggering when one considers that those food gardens had the worst land too. Imagine what we can do if we had

access to the best land as well?

The same goes for energy. There are guys like Nicola Tesla who discovered forms of energy that can literally be drawn from the ether or the Earth herself. He felt that there was an abundance of energy that it could easily power industry and private homes without the use of coal, oil or any other forms of combustion. However, the bankers at the time, mainly J.P. Morgan, realized that with such abundance, he would not be able to profit from it as he could not put a power meter on these concepts. So he conspired to shut Tesla down and destroyed all his work.

There are many authors out there who write constantly about all kinds of ideas, concepts, technologies, etc that draw upon nearly unlimited forms of energy that would transform this world forever. All of these technologies and ideas have been suppressed for years and people murdered in order to ensure that the scarcity model continues to function. Thousands of patents sit in the patent office and never got off the drawing board for the same reason. For if any prosperity were to manifest it would spell the doom of the current models and destroy all the wealth, profit, control and greed of those who benefit from the current models.

The goal is, in my opinion, to find ways to step away from the scarcity model and embrace prosperity and establish an environment where all these ideas can be worked on for the betterment of mankind. My wife and I felt that in order to do that we had to change our current relationships with the current systems and explore what that would look like to live in this way. After all, I don't know anybody who has complete prosperity and has no dependencies on the current system. There are a few stories out there, but nobody that I could talk to or learn from directly.

To get to that point though, we went through our own personal journeys to explore the foundational principles upon which we govern ourselves. I don't know if somebody could change all their relationships at the same time. For us, it took 15 years to get where we are today and we still have much work and learning yet to do. We know that the next generation can do it in a fraction of the time it took us.

When we make changes to the basic foundations we live by, it

requires a process of stepping back to evaluate those foundations. Evaluating and changing how we provide shelter, food, clothing, water, waste treatment, energy, heat, etc requires a great deal of disruption while making changes.

Each of those basic foundations are under deep control by the corporate or government agencies and it is a challenge to address these issues under the current environment. There is no interest in establishing independence as that is bad for business. Dependency is a critical component to building a profitable business. To take a leap like this is daunting. Most children will refuse to make this leap without the push of a parent.

Children are very much emotionally and mentally immature and not able or willing to fully comprehend the scope of their relationships and the consequences of making specific decisions. So it is the parent's responsibility to guide the child through the formative years so that by the time their physical body is mature, so too are the mental, emotional and spiritual bodies as well. Most of us don't make it there, so we find other parents to fill the gaps. People who own or run the corporations and governments just love to have people be dependent upon them for they can make a lot of money and control a lot of people that way. There is a lot of money, power and influence as a result. Dependencies at this level is the name of the game. These fictions can only survive if people are dependent upon them. What does a business love to have? Customers who are dependent upon them for goods or services. Those organizations who have lots of dependent customers end up being very profitable. They call it customer loyalty, I call it dependency.

For me, I needed to hit rock bottom before I decided to surrender the old ways and consider new ways of viewing my relationship with myself and others. It took time, but I found ways to learn how to love myself. I believe that if we can find ways to truly love ourselves then we will, by extension, find ways to remove all the dependencies we have in our lives and find ways to love ourselves by providing for ourselves. Once we become independent, then and only then can we explore establishing interdependent relationships with other independent people. If we

want to shed our dependencies, I believe we must first learn to grow up and start working on having a fully functional, balanced, independent life.

I have a few basic exercises that I give people to help them with this process. These processes helped me when I recovered from my depression. I will go through three exercises that tie in with one another very well and should give people a great start on removing their dependencies and taking active steps towards being independent. It will be difficult if one is not willing to admit that dependencies exist and that is where the biggest challenge exists. So let's start with the first exercise that should help.

Each week consists of 168 hours (7 days * 24 hours a day = 168 hours). Over the next week, document how much time you spend doing your day to day activities. After a week, add up the different categories and if you want, chart them on a pie chart. Here is my chart from 2000, just before I went into the Day Treatment Program.

In this chart you will notice that I spent nearly 90% of my time sleeping, working, or absorbed in an entertainment media of one



Illustration 10: Time allocation while I suffered from depression

form or another. The rest of the time was spent doing some odd things around the house, eating and spending a little bit of time with my family. Does this seem a little off balance to you? Here is a chart of my time a few months after I was finished with the Day Treatment Program. Does this seem a little more healthy? I can testify that I spend way more time now on myself and my family than I ever have in my life. I think this exercise had a significant impact on me because it put the truth in front of my eyes that I could not deny. It forced me to look at how abusive I was to myself and how little time I spent loving myself. Until then, I refused to admit that I had a problem and if I could not see it then it was easy to justify my behaviours and lie to myself. This was reinforced by doing this next exercise.

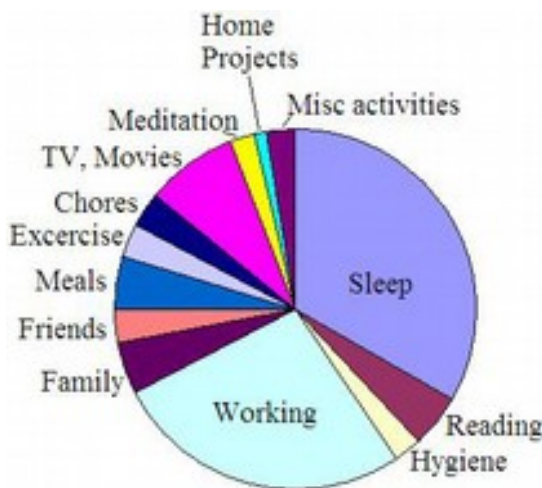


Illustration 11: Time allocation after recovery from depression

On a separate piece of paper, write down all the things that are important to you. You can even prioritize and sort the list if you wish. Once you have that list done, put it beside your time chart on where you spend your time and compare the two. Do they match? If so, then I suspect you are fairly happy and satisfied with your life. However, if they do not match, I would suspect that there are some problems. Here I was confronted with the truth of this

question and the reality that I did not spend my time on the things that mattered the most to me. Instead I got distracted by addictions and all other sorts of small things in my life so that I can avoid how I felt or avoid growing up and being a responsible, accountable adult. I avoided confronting these issues with the truth because that would mean that I would have to make some significant changes to how I govern myself and where I spend my time. I worked hard to continue being a child so that others would look after me. I found it much too easy and convenient to lie to myself because I did not want to do the work. It was easier to have other people worry or take care of things that I did not want to do. Admitting to the truth meant saying sorry, forgiving and letting go of all the crap in my life. I found that it was easier to deal with the pain and suffering than the unknown because it was at least familiar. I refused to change for so many years because I was more afraid of the change than I was with the pain and suffering that I was going through.

For me, it really helped to have other people involved. People who are not afraid of confrontation. I was terrified of confrontation. It scared the hell out of me. I avoided it at all costs. Not anymore! I now see the value of confrontation ... as long as it is done in a loving way. Having family and friends to call you on your shit will go a long way towards making significant changes in your life. Again, it still requires the will to do this work. It is harder to lie to others, especially if they can relate completely to what you are going through. Truth of this matter; we all go through the basic challenges in our lives. We are not as alone as you may think. So let's get it out in the open and start dealing with it. That is why I am so open and vocal about what I went through. I know there are others out there that can completely relate to what I went through and for that reason alone, I believe that is why so many people resonate with my story. I'm not telling you what to do, but rather sharing with you what I did. If it does not resonate then great. If it does, then great. Either way, I share because I can and because I want to. I believe it is my divine purpose in this lifetime and to do so helps me learn and grow in class too.

So now that you have done those two exercises, I am sure some of you found out that the time you spend is not congruent with the

priorities in your life. One of the biggest lessons I found was that my time is the most valuable gift I could give anyone, including myself. I spend a lot of time on myself because I am very important to me. An old teacher of mine once taught me that the only two true investments one can make is in education and health. All the other things we considered 'investments', whether that is the stock market, real estate, etc. are actually nothing but gambling. I would suggest that they are also misguided attempts to participate in the feudal, scarcity, corporate game currently being played in the Fictional Realm. However, if one spends time to acquire knowledge and optimize their health (physically, emotionally, mentally and spiritually) then one can truly utilize that to then assist others and give of their time.

For me, time is the most valuable thing and in my opinion is the best expression of love there is. That is why I spend a lot of time on me, because if I don't then I am not demonstrating the value of myself and my own improvement as a Spiritual being. I do it so that I can then fill myself with love so that it overflows and can then be given to others. The problem that I found was that I was so busy working and surviving that I had no time for other people. That is yet another trap that we found and why we changed our relationship with the corporate and government scarcity models. It had to do with time. Time for me is an expression of energy. Where do I spend most of my energy? That includes the actual physical work that I do but it also includes the energy of my feelings, emotions and thoughts. Do I dwell on all that is wrong with the world and do I get all angry and upset? If I do that then where is my energy going? However, if I dwell on all that I desire, healthy relationships, prosperity, love, peace and joy, then where is my energy going? I'm not saying to avoid the problems. What I am saying is lets confront the problems, deal with them and move on so that we can enjoy life and live. We are so busy that we don't have time to live.

Again, we can use the physical to practice and reinforce these concepts using the same principles I learned in the martial arts. Here is another exercise for you. In regards to your physical energy, the current system has beautifully turned that energy into a

commodity and represents that commodity using a tool called money. Money is nothing more than a representation of your ability to create and work. You have been turned into a commodity and you may not even be aware of it. The good news is that because of that conversion, it is very easy to see where your energy goes. Make another list. This time, document how much energy you have and where your energy goes. If you are not sure how to do this, just document where all your money goes. Taxes, utility bills, food, clothing, rent, mortgage, gas, entertainment, etc. Don't forget bank fees, insurance, etc. Once you have your list made, take a look at all the items. Notice something interesting about it? Have you noticed that the vast majority, if not all of those items are services and products delivered to you by a corporation of one form or another? Make no mistake about it, government is a fictional entity and as such functions as a corporation as well.

Once you have your list, you can convert it into an action plan. You want to live an independent life? Then all you have to do is find ways to remove your dependence on all those corporations by looking for ways to provide those goods and services for yourself. Prioritize the list by sorting it based on how easily you can take responsibility for each item yourself. Start knocking off the easier ones to free up resources, money and time to address the harder items. That way, instead of your energy going towards those corporations, you can keep your energy and focus it towards yourself, your family and all those you feel are a priority in your life. You will find, just as I have, that once a lot of those dependencies are removed then that also significantly reduces the need for the full time job. Once that is gone then you have all kinds of time to work on that list of items you feel is very important in your life and to help others when they need it. Once our basic needs are met, I find people are more than willing to donate the rest of their time to help others. Now that would change the world! Our participation in the system is nothing more than running on a hamster wheel to feed energy into the cogs of industry to serve a small group of people. The system takes all that energy and transfers it to others leaving you with 'at least a livable standard of living', as the 1967 Task Force on Agriculture report says it.

If we don't address these issues soon, everyone will be working two or three jobs just to survive, leaving no time to live. There is no quality of life when everyone is working just to survive.

For me I realized that I can only use what is available to me. I would love to get my hands on unlimited energy devices, cars that run on water, or all the other technologies that have been buried, suppressed or classified. Let's face it, the scarcity model does not want any technologies or ideas out there that support prosperity and does not fit into the scarcity model. Doing so would completely wipe out their industries, profits and influence on the populations of the world. At this point in my life, I had to work with solar power, rain water collection, grey water treatment, composting and other such ideas that would still work in my efforts to remove my dependencies. We chose to build an earthship mainly because the concept was mature, being 40 years old, and the architect, Michael Reynolds, has done a lot of work to make them as self-sufficient as possible with materials that are already laying around. What better way to make a statement than to build a house from the waste products of our current culture? Waste in this culture means prosperity for us because there is so much waste that the corporate machine is willing to give it away or pay people like me to get rid of it. Earthships and other building methods that use this waste are excellent ways of building homes which fits well into the prosperity paradigm. I find it very ironic once one contemplates the corporate world.

I made a lot of mistakes throughout this project of ours. One of the biggest was to start on the house first. We built a garage to live in while we worked on the earthship, but when the money ran out we realized that we made a huge mistake. One that we are paying for even to this day. The mistake was not getting gardens, livestock and other tools in order to establish our own economy. We spent our capital to build a house when we should have spent the capital to acquire tools and build our economy and let the proceeds of that economy pay for the building of the house and all the other expenses we had. So if I had to start over, I would live in a temporary shelter and build the buildings, fences and all the infrastructure I need in order to grow all our own food and provide

surplus for others. I would pick up my own tools to be able to mill wood so that I have lumber to build buildings, house, furniture, etc. I would tool up in order to be able to do repairs and other such tasks as well. Let's face it. Things break down or wear out and being able to fix them myself would save me a lot of money and support our independence. It would still take time, but now that we are unplugged from the system, we have time to spend on tasks like that. With all that experience I would have many skills I could then offer to other people as well. The benefits of this approach would have made life a lot easier.

Please know that in no way am I suggesting that everyone live like us. I cannot and will not tell anybody what they should or should not do. I think that would be inappropriate for me to do. The reason I share this information is in the event that others resonate with our way of life, so that they can see what it is like before they make the leap. This process touches on or impacts every single aspect of our being and is not to be taken lightly. However, with small steps and a willingness to learn and change, most people should be able to remove those dependencies. Also remember that most of the first world functions on instant gratification. The process of removing dependencies takes time and does not provide much in the way of instant gratification. What we have done is not instant, convenient or easy. It requires hard work, lots of time and patience and a very healthy relationship with all involved. Many get caught up in the romance of off grid living and quit due to the reality of living this way.

When I was on the hamster wheel, working the 9-5 job, every day was the same. I would get up, shower, eat, commute to work, put in 8-10 hours, come home, eat, watch some TV, go to bed. On weekends I would scramble to get as much stuff done around the house as possible because I knew that during the week I would be busy. That routine went on for 20+ years of my working career. I knew that if I stayed working I would be doing the exact same thing even to this very day. The mechanical timing of that type of lifestyle is very unnatural. Nature does not flow in an on/off, digital way that our calendars and clocks produce. Nature has a very fluid, dynamic, rhythmic process to it. Nature is in constant motion and

change, nothing is the same way from moment to moment. On top of that, once I started to observe, feel and watch them, I could see the multiple cycles that we take for granted, which have great purpose and meaning. The easy ones were to notice that on a sunny day, those were the days to do laundry and run the saws to build stuff. When it is cloudy then that was time to find other tasks to do such as chopping wood, cleaning pens or other activities that did not require solar power.

The challenge for us was learning to let go of forcing our way through life as we were taught to do within the Fictional Realm. Trusting in the Creator and having faith in the natural flows of nature is very uncomfortable and takes a lot of time to deprogram the corporate programming from our behaviours. It has taken years to deprogram ourselves and even to this day, little threads of doubt and fear seep in from time to time.

We find that we now live within the natural cycles and are much more at peace with ourselves and others as a result. The cycles within the Fictional Realm are not natural and as a result it causes much stress and anxiety. I suspect that is why people like getting out into nature on their holidays. Most of us would recognize the daily cycle of night and day. For us, it is more than that because depending on the time of year, the day could be 7 hours long or it could be 18 hours long. Difference being between winter solstice and summer solstice. Mixed in with that are the lunar cycles and that impacts not only the plants and animals but our own moods and biological functions as well. Most women can relate to this as the lunar cycles govern menstrual cycles and some would suggest that men are also affected.

What we found most interesting is the seasons. In the city we would work no matter the weather. Out here, what we do depends on the weather and time of year. Spring is all about birth, renewal and rejuvenation. It is a time to hatch chicks, plant gardens and clean up after a long winter. Summer is all about growth and long summer days. We have lots of power to build new infrastructure and repair anything that we need for winter. Fall is all about harvesting, storing, canning and reaping all that we sowed in the spring. Winter is all about rest and planning for next year. What

would life be like if we started living based on these natural cycles instead of the mechanical cycles we currently use? I find that much of our stress and anxiety is based on the fact that we no longer are in harmony with nature. We are so disconnected from it that we had to find ways to cope and those are no longer serving us. We have immersed ourselves so deeply into the Fictional Realm we have lost touch with the fact that we are in possession of a biological vessel that functions best when connected with nature. Our time has been turned into a commodity by the Fictional Realm and it is important to maximize productivity in that realm. Are we really here to be an input to a machine? I don't think so. However if you have been enslaved to the system, that is exactly what has happened. If you feel like you are a slave to your job then you most likely are.

My wife and I have gone to great lengths to remove ourselves from that and explore our relationship with nature. The result has provided us with a very interesting and peaceful insight into a relationship that most people have completely walked away from. Our physical bodies are a part of nature yet most of us view ourselves as being an external observer. Nature needs us and we need nature. I believe it is not possible to grow up to be an independent adult without that connection. We have been with nature now for nearly ten years and a lot of healing has taken place during that time.

We found it is extremely important to surrender to the ebbs and flows of nature. Rather than fighting with it, we aim to go with the flow and work with it. We recognize that our desire to have fresh tomatoes on our table all year results in corporations doing all they can to provide fresh tomatoes. They will use all kinds of chemicals and other nasty processes to deliver what we want. So in the end, we are responsible for all that others do to our food because I demanded that they do that. How? By purchasing the food out of season or purchasing food that was not even grown here. I supplied the demand and they supplied the commodity. I have nobody to blame but myself if they had to use chemicals, bio engineering and lots of fuel to deliver what I demand. Since I am responsible and I no longer want to support such behaviour, I

choose to work hard to grow our own food and eat food that is in season or do what ever steps are necessary to store or preserve food that is not toxic or harmful to me, my family or the environment upon which I depend on so greatly. Going out and protesting how others behave without changing my own participation seems to be rather counter-intuitive.

We are learning how to harvest food from the aspen forest that we live in. Just as the indigenous have done for thousands of years. We also recognize that we are completely dependent upon plants and animals for our survival as we can experience winters that last anywhere from a few months to what happened in 2013 where we had 210 days with snow on the ground. The farther north one goes the more dependence there is on animals for survival. The Inuit in the north is 100% dependent on animals. No plants grow up there at all, so they depend on animals to bring those nutrients up from the ocean instead. Once we realize that we can live within these cycles I have no doubt that the world can feed us all. But we must get plugged back into nature to do it. Our commercial food production systems are not sustainable, not honour the spirit of the plants or animals, and are so concentrated that their activities become toxic. Just as our own activities in the cities are toxic. Whenever we concentrate animals in small centres like commercial barns or cities the waste that is produced is more than what the environment around them can handle. That toxicity then becomes a problem. Rather than dealing with the root cause, which is population density, we instead deal with the symptoms.

When I talk about getting back to the basics, what I am talking about is that we should be focusing on the root causes of our issues rather than just trying to mask the symptoms that are produced by our actions. The same goes on whether we decide to confront ourselves on our behaviours, our relationships with our spouse, our health, our environment, etc. We are so focused on the fact that we can do things, that we rarely stop to ask the question of whether or not we should do them.

The foundational principle of our current systems are designed to enslave us. Physical slavery did not work because the slavery was too obvious. This new form of slavery makes it appear that we are

free, but upon closer scrutiny, it is very clear that we are not free at all. The slavery we are involved in today is so subtle, so covert, that the vast majority of people don't even consciously recognize it as such. As long as they can move around and buy their stuff, then they really don't care. However, if one is subject to another person then that is tantamount to slavery, especially if that 'other person' benefits from the energy, work or production of that individual.

The modern slave does not even realize they are slaves and in fact they will do almost anything to protect their master. They will report anybody not cooperating with the system to the authorities just to maintain the illusion. They use parental tools such as withdrawal of benefits or privileges to manipulate behaviour. If you did the exercises earlier, you will notice that you work for benefits and privileges. The vast majority of people work hard just to maintain a minimum standard of living. The global elite will allow a few to have billions of dollars, but in the end, the system is designed to maintain the flow of energy from the masses to the elite. That flow of energy must not be disrupted. The centralization of those systems is nearly complete now that international trade agreements are in place, world financial systems are nearly all centralized, political organizations are bound by corporate agreements, and the religious empires are consolidating. I would estimate in a few more years, if no intervention takes place, we will see the completion of those plans. The reason is not for the benefit of the people, but rather the benefit of the masters.

Political systems have been the primary tool of choice for control. Just as in 1 Samuel 8, the people rejected God in favour of having a king. The consequences were outlined in that passage. Today we find Supreme Court rulings that say that they have the authority to govern due to the consent of the governed. We consent by our participation in their systems, applying for benefits and privileges and abdicating our responsibility to look after our own basic needs. Exactly what 1 Samuel 8 said. There are literally thousands of web pages online that can help people wrap their heads around this concept. Lots of videos too, including 'UNGRIP'. If we rebel against the system and install new political leaders but keep the system, then we will fall pray to this again.

How about walking away from the system and choosing to govern the self with God as our master? Would that be enough to break the cycle and the hold that tyranny has on our current political systems? This idea scares the hell out of most people. Mainly due to us being taught that anarchy = chaos = death and destruction. Anarchy in fact only means an absence of government, but does not necessarily mean an absence of governance. We as Spiritual beings have the capacity to govern ourselves. That means to implement self-imposed limitations to ensure that we maintain a balance. After all, organisms that are not balanced and in control could potentially consume the world, just like our current political, economic and financial systems are doing. In fact, I would suggest that our current systems need a whole bunch of people who are governing themselves, to confront those who participate with these fictional entities and to apply a level of sanity that has not existed for a long time. If this fails to happen, Natural Law will ensure that balance is restored and we will not like the consequences of that action. So we face a choice, do it ourselves or the Creator will do it for us.

To withdraw consent requires growing up and learning how to govern the self and be independent. I will cover in a later chapter, what would be involved in withdrawing consent to being governed. Suffice to say, it is not an easy path as there is a lot of resistance in place to keep the slaves in line. However, I found great comfort and courage knowing that even if they detain, jail or kill my physical body, they can never capture or detain my spirit. It is my spirit that is now driving my desire for freedom and self-governance, despite what the rest of the world is doing. Standing on principle is hard work and comes with much criticism. It is my spirit that has helped me to confront all that is involved and press forward despite the fear.

I realized a few years ago that the web of slavery runs through every facet of our lives. Politics are there to give the illusion that we are choosing our destiny, when in fact we are giving our power away to representatives through an implied power of attorney. That is why politicians are not legally obligated to their constituents. In fact, they swear an oath to serve the Queen, not the people. The

ministers who are appointed out of the winning party are, in fact, not ministering to the people, but are ministering to the Lieutenant Governor or Governor General. The Prime Minister is nothing more than the top minister for the Governor General. The Governor General's office is a corporation sole and as such, with each new Governor General appointment by the Queen, the corporation is then draped over the body of the new individual who was appointed. This process creates a corporation sole which is a corporation held by one individual, and that individual is doing it on behalf of the Queen, who is also a corporation sole.

I have come to believe through my research that the Pope is also a corporation sole which claims to own at least half of the world. So when you vote or participate in the political process, no matter where you live in the world, you are feeding the political machine your energy. A machine of fictions and make believe structures, designed solely to take the energy you gave of your own free will and use it for the benefit of the elite. Want it back? Stop giving it away. The whole surprising thing about all of this is that for most people on this planet, it is all done by deception in the attempt to have us participate with our own free will. That is what the benefits and privileges are all about. The elite offered all these great things and we accepted because it is more convenient than doing it ourselves or with other groups of people.

Debt Slavery

The vast majority of people are in debt via tools called credit cards, mortgages, lines of credit, etc. Did anybody force those upon us? No. In fact we went to them to apply for them. We begged them to give us money and we agreed to give them even more money in exchange. Did you realize that money is nothing but a fiction and in fact the banks created that 'money' out of thin air? The banks provided no energy or assets in those transactions. There was no equal consideration at all as the banks did not offer anything of equal value to the agreement. We offered our time and labour which is the most valuable thing we have and they offered nothing but a fictional promise which in the end has no value at all. They used a fictional construct to modify your behaviour so that

they can syphon energy from you, which you willingly agreed to. You signed papers of your own free will. They then took those papers and made millions off of it through a process called fractional reserve banking and other fancy financial tools to trade those documents on the open markets. They created great wealth as a result and the poor and middle class are enslaved to payments and have to work jobs to earn more fictional money in order to meet those obligations.

If one was to work through all the items in the lists we made earlier and removed all our dependencies, would we necessarily need to work those jobs? Most of us don't even like our jobs so what would you do with your life here on earth if you were no longer tied to a job? I quit my job in 2007. Now I decide what I do, rather than having a boss and a government agency dictate what I have to do. I no longer have a huge duty to work for the fiction because I have very little fictional obligations. This is, by far, the biggest trap I have experienced in all my years of living. Debt and money seems to be the biggest challenge, even for myself.

I find to this very day that I just can't seem to get over that emotional and mental requirement for money, mainly because I feel a strong desire to keep my phone and internet connection so that I can stay in touch with people and interact with them. I justify it by the belief that I need social interaction with others in order to maintain a healthy emotional and mental state of being. I believe we are social beings and social interaction is important for our health. Because of those beliefs I have been unwilling to let go of some technologies. Until such a day that I can pay for my phone bill with a few dozen eggs or the service is offered for free, I'm not sure how I can break my need for money.

We did sell everything in order to get rid of the debt though. We started over and built everything we have here out of pocket. We have no mortgage / death pledge hanging over our heads. When we manage to make a little bit of money, we trade with others right away in order to off load the fiction in exchange for something that is physical. We would rather deal with the physical and spiritual than the fiction any day. So for us, it does not make sense to hold onto it for any length of time.

Fiction of Religion

Religion is a touchy subject but I'm going to address it anyway. Nothing gets people riled up more than standing on one side of the fence versus the other. Holy wars have been fought over simple disagreements or differences of opinion. My view is that religion is yet another tool in use to segregate and control the population. Religion is yet another business designed to funnel energy from the people into a central location. It is particularly powerful because they often use guilt and shame in order to maintain control and compliance. They convince the sheep in their flocks that they are sinners and that they need to support the church in order to obtain salvation. There is a whole raft of other techniques they use as well, but that would take up a whole entire book. Suffice to say, organized religion is very different than being spiritual. I believe it is my responsibility to have a direct relationship with the Creator rather than have somebody else tell me how to interpret that relationship. I don't trust most ordained ministers or priests. Most of them have given their allegiance to other men and signed over their churches to the state in order to obtain tax free status. As a result, they too are governed by the state and are not allowed to even marry people using a simple spiritual ceremony. Try getting married now without signing the 'legal' papers issued by the state outlining how the marriage is a three party contract, between husband, wife and the state. The minister or priest will tell you they are not allowed to do spiritual ceremonies any more. Does that not sound telling on their own relationship with the state?

I could also cover institutions like public schools, social services, police, courts, employment insurance, workman's compensation, insurance, pensions, etc. The point is that all these benefits and privileges are designed to enslave us and take our power, whether we are aware of it or not. There are some jurisdictions that have completely privatized all these services. Do you think that the system has a vested interest in putting people in private, for profit jails, despite what they have done? I recently read two articles where two judges were sent to jail themselves because they were finding kids guilty just so that they can receive kickbacks from the owners of these private prison facilities because of the

profits involved. When our compassion for others is jeopardized due to our desire for profit, the spirit is doomed. So despite how hard some of these ideas are, it is important that we confront ourselves honestly and openly so that we can really evaluate why we participate with these types of people. It does not matter if it is legal, what matters is if it is ethical and founded out of love. Does it honour our own spirit and those of others? Once we decide to govern ourselves at this key, foundational level, then we have come to a foundation that we can re-build the rest of our lives with. However, this requires a lot of work, soul searching, questioning everything we do, say and think. It confronts us at levels we may not necessarily be ready for. As these issues result in recognizing that the majority of the things we have, were obtained through fictions, deception and fraud. To fix all of that requires great change and sacrifice. Right now, I find that most people are not ready to go down that road. Things in this life are not tough enough yet to instigate that level of shift in people's thoughts and behaviours. That disruption is on its way. I believe it will arrive and at that point people will be faced with a stark reality: change or deal with the consequences, not only to your body but to your spirit. For those decisions will be contrasted more and more as these fictional constructs start to break down and cause disruptions the world has not seen before. So the choice is to be proactive and do the work now or wait and do the work later. As with everything in our lives, it all comes down to choice and recognizing that good communication, and a willingness to compromise, forgive and make mistakes is mandatory. Most importantly, it requires building a very intimate, foundational relationship with nature, something that most of us have completely lost due to our devotion to the Fictional Realm. Without those basic relationships, we will struggle or even perish when any disruption comes.

Chapter Nine

Death

You never know how much you really believe anything until its truth or falsehood becomes a matter of life and death to you. - C.S. Lewis

I attended a three day workshop where I was learning holistic farm management practices from Joel Salatin. In that class he reminded me about how inter-connected life is with death. The truth is that without death there would be no life and without life there would be no death. In order for something to live, it must consume the energy of all that has died before it. There is a finite amount of physical resources available for continual life, so nature recycles the energy over and over again, governed by Natural Law. So in order to surrender the energy for the next generation, some of the living organisms must die. This is a natural law of nature and as such we have come to know this as the 'Cycle of Life'. Given how important these cycles are, it is curious as to why we are so afraid of death. It is this fear of death and pain that has been used by others for thousands of years as the one thing that they can use to control and manipulate others. Fear of death and pain is a powerful tool for coercion and control.

Confronting our fears rather than running away from or avoiding them is where we can then break this cycle of control. However, there are other, more meaningful deaths that are necessary in order for us to grow up and become self-governing adults. I have already talked about changing how we perceive our relationships. In some regards this is a form of death too. When we end relationships we will all face a great sense of loss and go through a mourning process that must be experienced. I think this is what keeps people from actually turning off the switch to the fiction. We have spent so much energy, time and resources on all these 'institutions' that we cannot come to terms with what it would mean to walk away from them all. This level of loss and mourning

is something that is inconceivable, yet profoundly necessary in order to move forward. I'm not talking about turning off the switch for everyone, but rather turning off the switch for ourselves. To shut down government overnight would be extremely harmful and not at all appropriate as everyone is not ready or are hopelessly dependent upon these institutions. Each one of us is at different stages along this path. As a result, I don't see how I would ever advocate shutting it all down overnight as I believe that is a choice only the Creator should make. But rather, I do suggest that each individual is responsible for making that choice and for determining which relationships they are going to have in their lives.

For those who can see and hear what I am talking about, then you are faced with a significant choice and a very meaningful experience. I've taught for many years about how the fiction is nothing more than a mask and how the corporation is nothing more than a dead body. The irony is that we all, at one point or another, draped these dead bodies around ourselves and put on masks to pretend to be something we are not. We did this so that we can participate in the fictional game that everyone seems to love to act in. So rather than living to be themselves, we act out in order to animate dead bodies.

Should we choose to remove the masks and take off the dead bodies and stop acting and instead start to live our lives, what would that process be called? What is it called when we go from being dead to being alive? *Resurrection!*

If we view ourselves from the point of view of the person (fiction) then this death would be permanent. However, the person is not who we are and in fact is already dead. As such it cannot die again. That is why we created corporations to begin with. People years ago wanted to avoid the implications of death when it came to transfer of property and wealth, so they created corporations to hold all the property and wealth. That way, when somebody died, all one had to do is change the owners of the corporation. This results in the corporation getting wealthier and wealthier. Just ask any wealthy individual. Ask them who owns their property. They will all tell you that they do not own it but rather is under some

corporation or trust. That is the safest way to hold property. Reason is that should the individual die, the property is protected as a whole and can easily be passed onto another individual. The process becomes very simple.

How many of us, in school, learned about compound interest? How many of us quickly realized that if we lived for a few hundred years we would be rich beyond our wildest imagination if we took advantage of compound interest? Well corporations do just that and that is why they own the world right now. The bigger corporations are well hidden, but some of them you may be familiar with. Ever heard of the corporation called Pope, Queen or 'The Crown'? There are millions of these kinds of corporations, all compartmentalized and many hidden from view. This is the elite's attempt for their empire to become immortal, however this violates the natural cycle of life. When an organism dies, it is supposed to release its energy and nutrients back to nature so that others may live. Any exponential growth curve is not natural and given time, natural law will reassert itself and bring things back into balance. The longer the unnatural growth, the larger the disturbance will be. Most of us are familiar with this process when we consider how cancer within the body behaves and the outcomes if not healed.

We are facing a global correction of biblical proportions because of our affinity for not returning wealth and resources back to nature. Instead we have a few grotesquely rich families hoarding almost all the wealth and as a result billions suffer due to lack. With this scarcity mentality, these corporations get bigger and bigger because they are not permitted to decompose. Their dead bodies are left in a stasis for as long as they serve their masters.

I believe that part of the process we are faced with is the realization that it is time to let go of all the dead bodies, let them decompose and resurrect ourselves from the dead so that we may live. That will mean returning everything back to the earth in order for others to be able to survive and thrive. As long as all the corporations hold all the wealth, prosperity will be difficult to obtain. It will be very challenging for us to replenish the earth otherwise.

The paradox is that the wealth is nothing but a fiction too as it

only is held as a fictional title. Technically speaking from a physical point of view, nobody owns anything. We all possess a piece of land, we harvest from nature, we add value and do all we can to provide for the things we need or want. A fiction called a 'title' was invented to allow those in power to have a legal fictional claim over the Physical Realm so that they can collect rent and control the wealth on all that they could not physically possess or control themselves. The land that you purchased is not yours. From a legal perspective, you are a tenant who was granted permission to possess the land for the owner, the Crown. When we shed the fiction in our lives, we will find that there is no such thing as a landlord or a tenant.

The land shall not be sold for ever: for the land [is]
mine; for ye [are] strangers and sojourners with me.
- Leviticus 25:23

From our old paradigm, this would seem irrelevant as the land has been purchased or sold for thousands of years. However, once we see the truth of the three realms, we realize that the land has not been sold. Instead we were all tricked into turning the land into a commodity by overlaying the land with a legal fiction called a title and we then buy and sell those instead. The truth is, the land is here for everyone and we must find a way to share for I believe we all have a right to find our own ways of independence upon the land. Our physical bodies are a part of the land and belong to the land, making us all indigenous. Our Spirit does not belong to the land as it is not a physical entity. As such the Spirit is the sojourner. This is yet another paradox we have to reconcile. Everyone has a right to land so that they may provide for their body. The only way we have poverty right now is because we have turned everything into commodities in an attempt to separate our bodies from the land. If we want to banish poverty, then we must allow people to return to the land and share all the resources for their families. We will have to come up with protocols for resolving disputes, but there should be no exchange of money or other fictional or physical things in order to acquire it. No absentee landlords, no rent, no mortgages, no property taxes, no foreclosures, no evictions, etc. We have been

separated from the land through these fictional constructs and the only way to get back to the land is by dissolving those constructs.

The level of change to accomplish this level of freedom would be mind boggling. I'm sure many will rebuke me for even suggesting this since it would result in breaking all kinds of paradigms held sacred in economics, finance, wealth building, legal precedents, common law, etc. I myself have no idea if or how this would work. I pose it to confront the preconceived notions that we live with today. I confront our disdain for death because I've seen how holding onto all these fictional constructs has resulted in the accumulation of wealth by the few. I've seen how that cycle will never end unless we slay the fictional beast and allow the natural cycles of life and death to reassert themselves.

Yes, I believe the beast is the fictional constructs that we have built up in our own minds and that governs and controls all our lives. The solution is fairly simple and straightforward. However, it will be hard as hell to implement. Not because it cannot be done, but rather because our own minds will have a very hard time letting go and allowing these structures to die. The devil within our own mind will do all he can to distract us and persuade us not to do this process.

It is time for each individual to stand up and slay their own beast so that we may then complete the cycle and start the expansion process into life as death has consumed the world. Symbolically slaying the fiction will then change how we live physically and result in a spiritual maturing resulting from the resistance that this whole process provided. I believe this is some of the hints that Christ was getting at when he spoke of the I AM and expressed what it would be like should we accept the Christ Consciousness within ourselves.

I AM the resurrection and the life; he who believes
in Me will live even if he dies – John 11:25

I AM the way, the truth, and the life – John 14:6

And ye shall know the truth, and the truth shall
make you free – John 8:32

I believe the physical manifestation of the second coming of Christ is not Jesus coming down from heaven but rather us recognizing and slaying the fictional beast, resurrecting ourselves from the fiction and embracing the physical and spiritual aspects of our being and then taking the conscious choice to accept Christ level consciousness (I AM) in the way we govern ourselves and live our lives. I believe the second coming of Christ is already in process and that it is our job to embrace the tribulation as we manifest those changes by growing up and taking those steps – despite what others say, think or do.

In order to participate in this process it would require that we allow the dead to decompose and mourn the process. This would allow the cycle of life to continue. By allowing us to have the Spirit govern rather than the flesh (physical) or temptation (fictional) we resurrect ourselves from the domain and power of the devil and save ourselves from the death that permeates the Fictional Realm through all the dead corpses that we animated through our participation.

Forasmuch then as the children are partakers of
flesh and blood, he also himself likewise took part
of the same; that through death he might destroy
him that had the power of death, that is, the devil.
- Hebrews 2:14

When we resurrect ourselves from the Fictional Realm and embrace the Christ Consciousness, we are then in a position to ascend our consciousness to the next level. I don't see it as a rapture where we are physically transported into heaven but rather transported up from the influence and control of the Fictional Realms so that we may then explore the next level of consciousness in our development and growth governed by the Spirit, resulting in Heaven on Earth and peace!

In order to make these kinds of shifts requires that we recognize and mourn the death of an old way of life. Much like the child mourns when they move away from home or a calf mourns when it is weaned off its mother, this is the period where a huge

shift in growth and maturity takes place. It will be the most difficult transition as we are all so dependent upon the fictional constructs that we have spent thousands of years building. To let those constructs decompose, requires that we change how we provide for our own physical and spiritual well being. Many people will be unwilling to let go of these constructs as they depend on them for their very survival. Death at this magnitude will literally change the world as we know it. We may have no choice as Natural Law will reassert itself and these constructs will be destroyed as a result. No matter how hard we work, they cannot be saved, so we have a choice; do it now and ease the transition or later and do it all at once and under great pressure.

To mourn those kinds of losses will be a challenge for most. It will be painful and heart wrenching. Those who chose not to change may perish as well. For me, I recognize that the physical body may perish but the spirit lives on. I will see their spirit again, so it is not a complete loss. However, the unique make up of their current manifestation is lost and that will have to be mourned. Mourning the loss of an opportunity to watch them step into the full power and authority of their Spirit will be sad to witness as well.

I know this is a gruesome and dark subject to talk about. I know of many individuals who avoid death at all costs. The amount of time and money we spend to fend off the grim reaper on a regular basis is immense. The truth is, at our current consciousness level, our physical bodies are still mortal. We need to go through this process if we want any chance of raising our consciousness to a point where we can have immortal bodies or at least bodies that can live for 900 years, much like Noah and others did thousands of years ago. Great change is in progress and with it comes the recognition that we need death as much as we need life. It is part of the paradox that we find ourselves in, the yin and yang of life and death. When we figure out this death concept, then we have a chance to experience the 'eternal life' that Christ talked about in scripture.

As thou hast given him power over all flesh, that he
should give eternal life to as many as thou hast

given him. And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent. - John 17:2-3

For those who refuse to let the fiction die, which includes the wealth, power and greed associated with the Fictional Realm, it will not be possible to enter into the Kingdom of God. We need to find a way to enter the Kingdom of God if we want to ascend to a higher level of consciousness. Holding onto the Fiction Realm will not accomplish that task and will require a leap of faith in ourselves and the creator.

And again I say unto you, It is easier for a camel to go through the eye of a needle, than for a rich man to enter into the kingdom of God. - Matthew 19:24

Only by grieving the death of our fictional constructs and all the benefits and privileges that came with it will we have an opportunity to learn how to live in balance between the Physical and the Spiritual Realms. We don't have to do any killing as the fictional entities are already dead. All we need to do is let them go, find ways to live without them and let those entities start to decompose so that the nutrients they controlled be used by the living. As with any decomposition process, it may stink for a long time, but it is a healthy, natural process that guarantees life on Earth. It is time to make room for a new level of consciousness.

Chapter Ten

I AM the Resurrection

The best and most beautiful things in the world cannot be seen or even touched – they must be felt with the heart. - Helen Keller

So far I have described three realms that make up what I believe is the essence of who we are. I understand that the Fictional Realm only exists in the mind and that the mind is a small part of the consciousness that manifested when the Spiritual Realm merged with the Physical Realm. I have no idea if the mind is a result of biochemical reactions in the brain or if it is a result of our interaction with our Spirit. Perhaps it is a combination of both. I don't know and I work hard to answer those questions. This chapter is my exploration of who I am and my relationships with all aspects of my being.

I will be the first to admit that exploring the Spiritual Realm is very difficult. After all, how can I have a relationship with something that I did not see or believe in for 35 years of my life? Science focuses on the Physical Realm almost exclusively, as their primary tenet is observation. The scientists have come up with some absolutely brilliant and ingenious devices, techniques and technology in order to accomplish that task. The mind is absolutely brilliant when it is put to work in this way. I know for a fact that I have benefited from that genius as I sit here, writing a book on a laptop, that will be read by people all over the world due to the black swan we call the Internet, using power from my solar system, in a house that has no gas burning furnace but instead captures and stores heat from the sun.

I have read and seen individuals involved in the scientific community express that the deeper they dig, the more spiritual they become. They talk about how science has peered so far into the cosmos and so deep into the structure of atoms that their work is starting to morph into philosophy. There comes a point where

science ends and philosophy must take over, for I believe science can only explain all that is physical, within the Physical Realm. At some point the lines start to blur at the edges of the Physical Realm as they realize Spirit is behind the veil. That is okay for me as I can accept the importance and limitations of science. I grew up most of my life with a complete faith in science and that I felt all the answers to life can be found there. I have since discovered that life is far more than what can be explained in the Physical Realm and in about 2004, I started exploring other more philosophical approaches to explain what life was all about. I had a feeling there was way more to life but for some reason I could not physically explain what I was feeling.

What I am sharing in this book is nothing more than my own experience and my own way of explaining what I feel, see, think and believe. As with everything in life, it still comes down to the individual taking responsibility and embarking on their own journey of discovery.

A few hundred years ago, a man by the name of Leonardo Da Vinci contemplated the essence of man when he drew this famous Vitruvian man.

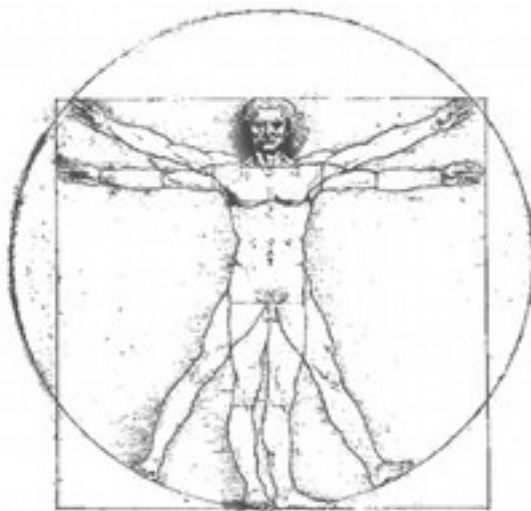


Illustration 12: Leonardo Da Vinci's Vitruvian Man

Even though Da Vinci drew this to highlight the physical proportions of man, what I found very exciting was that I see more in this picture than just the physical. What I found very interesting is that this drawing shows two bodies in a circle and a square, which could also represent the physical and the spiritual. So if the physical body is merged with the spirit, how do the two bodies communicate with one another? What is the relationship and how far does this interaction go?

I had to meditate on these questions as I did not know how to explain what I felt or saw. What came to me was to show this relationship not from the front as Di Vinci did with his Vitruvian Man, but rather from the side. I introduced this concept already in Chapter 6 when I talked about the difference between Spirit, Man, Human and person.

And God said, Let us make man in our image, after our likeness – Genesis 1:26

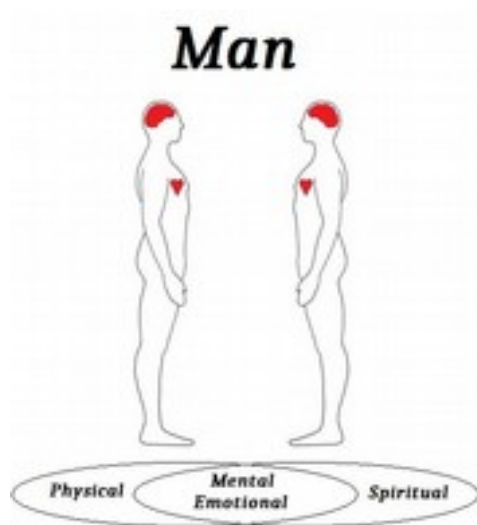


Illustration 13: Man, created in the image of God.

This came with some profound implications for me as I realize that as a spiritual being, I am a child of the Creator and when the physical body was formed, it was formed in the image of our Spirit, our own image. The Spirit is the driving force behind the manifestation of all matter. So when the physical body was made, it took on the image of the Spirit, for the Spirit is the driving force behind the animation of the physical material. Without Spirit, the flesh could not do or be anything.

I see my relationship with the Creator as a very intimate connection with God source energy. That relationship can be demonstrated using a very cool technology, where scientists use lasers to create three dimensional holographic images inside crystal. You can spin the crystal around to see the image from any angle. What most people don't realize is that if you break that crystal, the image remains intact in each fragment. The image is not lost at all but duplicated in all the pieces. I view my relationship with the Creator in much the same way. I see no reason to discount the idea that God wanted to have children. As a dutiful parent, his offspring are spawned by giving up a piece of himself and that is, what I believe, is the essence of our Spirit. We are not the Creator but we are an important part of the Creator as we were created in his image and are his children. For me, with scripture talking about man being created in our image, viewing who we are in this way makes sense for me and I find great comfort in being able to have that type of relationship with the Creator. As a parent, I am absolutely convinced that he is putting us through school right now so that we can learn how to be conscious, self-governing, responsible, accountable, adults. It is our job to learn how to have healthy relationships in order for us to graduate from these school lessons.

So how does the physical body communicate with the spiritual body? I ran into the work of Sabrina Reber, the author of 'Raise your Vibration', a compilation of spiritual wisdom to help activate and integrate the Christ Consciousness within. She explains that the seven chakras are the seven trumpets as described in Revelations.

<http://howtoraiseyourvibration.blogspot.ca/2011/08/seven-levels-of-mans-development-he.html>.

I found the idea intriguing and yet missing something. There is still only one body in her picture and it does not really explain the relationship between the physical and spiritual body. So I decided to take her work one step further. Here is a simple portrayal of a trumpet. If we had only a single body it would look something like this.

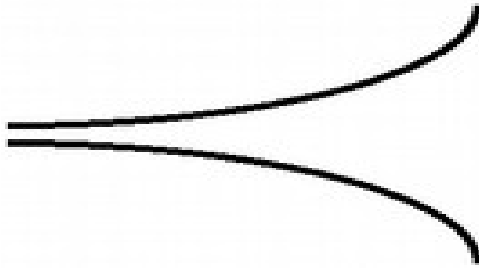


Illustration 14: Representation of a trumpet

When I drew this picture I quickly realized that the horn is only half of the image and that is why I knew Sabrina was missing something. I saw that if you placed the horns together, small ends butted up, the horns form a tunnel. Since we are dealing with two bodies here, physical and spiritual, we must account for two trumpets, one from each.

When I put the trumpets together it seemed natural to close the ends together.

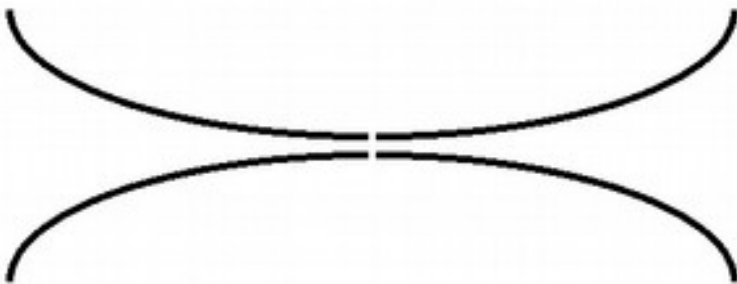


Illustration 15: Two trumpets fitted together to form a tunnel

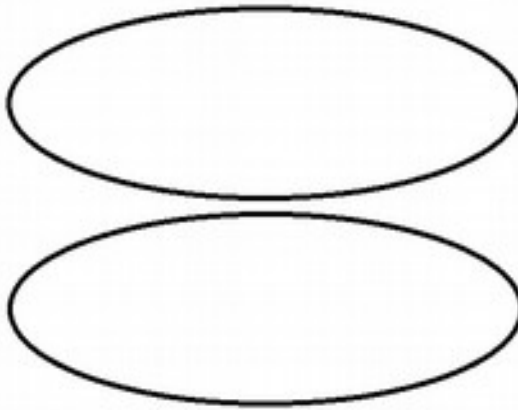


Illustration 17: Closing the loop on the two trumpets

To complete the diagram, it was a simple matter of connecting the lines to form a torus. Imagine if you can, a multidimensional portal or tunnel at each chakra point so that the Spiritual Body can connect, communicate and share information and energy with our Physical Body? Lots of people talk about opening up our chakras

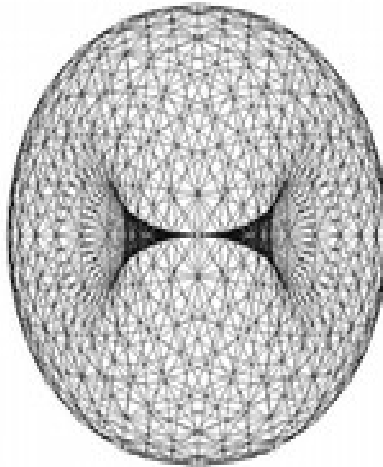


Illustration 16: A three dimensional representation of a torus.

and for me I really struggled with this concept until I realized that if these tunnels were blocked, energy and information could not flow back and forth. Our Spiritual Body would then be cut off or restricted from our Physical Body. The Physical Body would then be left up to it's own capabilities to deal with this world and the realities within it.

The implication of this is that an inter-dimensional Spirit can interact with a three dimensional body through worm holes in space/time and allow energy, thoughts and feelings to flow back and forth. We cannot 'see' this but I believe we can definitely 'feel' it happening. As we discipline the mind and focus on our feelings and get in touch with the true essence of who we are, I believe we can then start to have a much more meaningful relationship with our Spirit and have our Spirit guide us through the more advanced lessons that we have yet to experience. The trick is to maintain the balance between the physical and spiritual bodies and that is where the Christ Consciousness comes in. The Christ Consciousness is primarily about love and being centred and balanced. Christ knew that there was a duality at play and many of his teachings were there to help us recognize this duality and come to terms with it. The duality between the physical body and the Spirit is lost on most of us right now because we are so consumed and blinded by the fictions that we have manifested in our lives. That is why he said in Matthew 22:21:

Then saith he unto them, Render therefore unto Caesar the things which are Caesar's; and unto God the things that are God's.

He knew that all things fiction belonged to the fiction. Caesar is a representation of the fiction. However, everything in the physical and spiritual realms belong to God and as such, knowing the truth and maintaining that balance is critical should we wish to enter the Kingdom of God.

The duality between the physical and the spiritual realms is a huge part of our lessons here on Earth.

For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other – Galatians 5:17

The Christ impulse is to find a balance between the two for the merging of the two is what created the Man and is the source of our consciousness. We need both but my priority is to ensure decisions are made through Spirit. I know that my physical body has a finite life and understanding, so I work hard to not succumb to the needs of the flesh at the risk of my Spirit. So how do I lead myself by the Spirit rather than the flesh? The intellect of the physical body is, for the most part, centred in the brain. Yes, there are other places on the body that have brain cells and cellular memory as well, but for the purposes of this discussion I want to focus on the physical intellect, the mind. This mind is a very good memory storage device, calculator and evaluator. It can question, ponder, create, imagine and evaluate. The sciences are a testament to the power of our intellect. We need the intellect to solve many technical problems that are rooted in the Physical Realm. It allows us to work through many challenges in our lives. However, it is limited to the Physical Realm and as such, makes decisions without any consultation with the Spirit. I lived many years of my life completely dependent on the intellect and it was a living hell. It took me many years to realize that my feelings (separate from emotion) were an important factor to consider when making decisions. But what are feelings all about?

If we contemplate the idea that the torus is a multidimensional gateway to our Spirit and that feelings are the Spirit's way of communicating with the physical body, then why not utilize that conduit when making decisions in our lives? To utilize these conduits to Spirit, that motivated me to make sure that my chakras were in balance too. They are all important, but the heart chakra, the middle of the seven chakras, is where we can balance them all. When I draw out the picture where we centre ourselves between the physical and the spiritual and balance ourselves between the seven chakras we find a stunning image appear – the cross that we all must bear if we want to graduate life with honours.

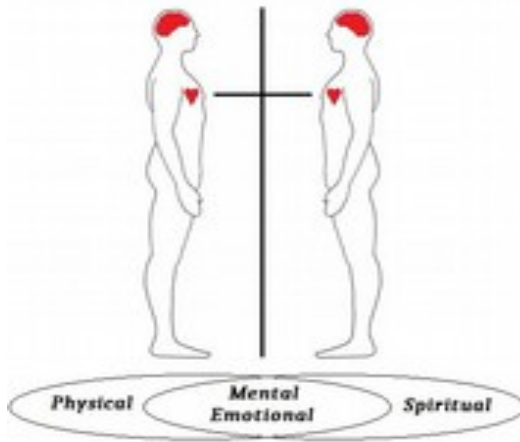


Illustration 18: The cross that represents the Christ Consciousness (being centred and balanced)

This is a representation of a centred individual in balance and expressing the Christ Consciousness within themselves. The real cool thing about this is that when we balance the chakras and open them up, we will find the heart chakra opens up even more so that we can then gain access to the Spirit's mind which can also be called the Universal Consciousness. The heart is the gateway to the Spiritual, universal mind and where our attachment to each other resides. Here is where the universal feeling of brotherhood comes from, because we are all attached to the Universal Mind while we are also experiencing our individuality.

I believe that is why Christ is always portrayed with the image of a heart on his chest. When we open the heart, and learn how to feel and listen to the heart we can then start accessing the universal knowledge that we have been cut off from our whole entire life. Making decisions using the Universal Mind, rooted in love, then resolves a lot of problems we face here in the Physical Realm. I placed the devil within our physical mind as I believe the energy of the resistance and temptation is within our physical mind. That is why it is so important to train hard to have the discipline so that we can command the mind and not succumb to the temptations we face in the Physical Realm. Being lost in the mind also makes it very

difficult to hear or feel what the heart is trying to say.

There is a lot of duality in life that needs to be addressed and balanced. Just as we need to find balance between the physical and spiritual, we also need to balance the masculine and feminine, night and day, up and down, summer and winter, life and death, love and fear, etc. Part of the Christ Consciousness is to find a balance between all these dualities in our lives and find ways to go with the ebbs and flows of the natural cycles we find in the physical realm. The challenge most of us will have is recognizing that the balance must start within ourselves first.

Let's take the masculine and feminine as an example. I think most of us would recognize that all our current systems are built with masculine energy. What characteristics do we associate with that energy? Some common words or concepts to explain the masculine may be as a provider, protector or hunter, driven outside of the individual and focused. Where the feminine is related to nurturing, caring, birthing, focused inward and inside the individual. Females have a very strong propensity for expressing the feminine energy where males have a strong masculine energy. However, each individual has both within themselves and I believe our goal is to bring these two energies into balance within

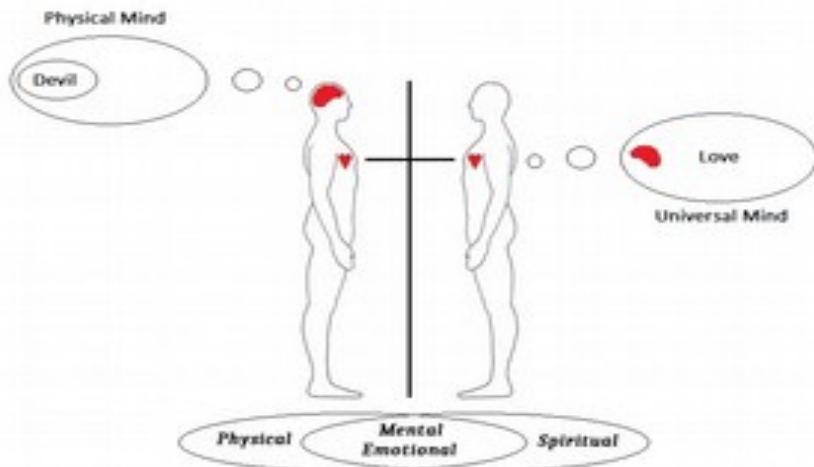


Illustration 19: Physical and Spiritual Minds

ourselves.

I was an extreme masculine individual for most of my life. So much so, I rejected completely the idea of being a nurturing, caring individual. I rejected all feelings, suppressed them at all costs, essentially rejecting the spiritual and emotional aspects of my being, focusing only on the physical and mental. I was taught that men don't cry. I dove into the intellect to completely avoid feelings at all costs. Any expression of caring or feelings resulted in me feeling very uncomfortable, so I would do anything to avoid any situations that would result in those feelings being expressed. It cut off the heart completely. I often would use emotional outbursts like anger, guilt or shame to mask or cover the feelings. I found through my recovery process that getting in touch with my feelings and learning how to express them in a healthy way was a huge revelation for me. I figured out that men do cry and that it is okay for men to cry. It is also acceptable that men have feelings and can express them to other people, no matter who they are.

The process of learning how to express the feminine energy within myself saved my life. I realize now that it is important that each of us know how to express both the masculine and the feminine so that we can bring these into balance within. This is not a black and white type of situation we find ourselves in. Some males are very masculine and others are very feminine. Within the male organism, it is our job to bring these into balance. Just as there are females who are very feminine and others who are very masculine. They too will find it important to bring those energies into balance too. When I found the balance, I was more capable of having a healthy relationship with my wife. She too found that balance within herself and as a result we can now have the masculine and feminine energies flow much more easily within ourselves and between each other. When those energies are out of balance within a relationship, the relationship suffers.

We were able to successfully break the paradigm models that were holding us from fully expressing and exploring who we are. Now that we have done that, the energy is no longer blocked and it flows easier. There are some days where I am more masculine than feminine. There are other days where I am more feminine than

masculine. The real comforting thing is that it is okay to have these ebbs and flows within myself. I now find great comfort living within the natural flow and allowing myself to be able to experience both.

To find the balance of the Christ Consciousness within ourselves, it will require that each of the dualities we face in our lives will need to be confronted and addressed. Finding a way to have a healthy relationship with the paradoxes in our lives is part of the challenge and the duty while we are here. We can choose one side or the other and become complacent, or we can choose to ride the waves and explore these paradoxes and what they really mean to our self and our existence.

There is one truth that I have learned that reminds me that I am still a child and that I have much to learn. That truth is that the more I learn, the less I know. What that means is that as I open new doors of knowledge and understanding, a whole new world opens up which would require many lifetimes to explore. The reality is, I am no where close to fully learning or experiencing the full scope of who I am, my relationship with myself, the Creator or others. As a result, I realize that it is not humanly possible for me to fully express or communicate all that I am, since I have no idea the full scope of who I am due to the limits of this physical vessel. As I explored already, I know that I am not a person or human. Now I realize that the full scope of who I am is not Man either. To use words to describe something, diminishes that which we attempt to describe due to the limitation of words. All I can really do to express who I am is to use the words that God used while he was talking to Moses.

And God said unto Moses, I AM THAT I AM
– Exodus 3:13

In the diagram below, I represent all the unknowns with all the question marks. When I draw a circle around it all, I get closer to being able to describe or express who I AM. I believe it also comes closer to what Christ has been trying to teach us to accept.

The challenge is that our mind and our physical bodies can be a

huge temptation and distraction from what our Spirit is working on accomplishing. The three temptations of Christ is a perfect example of how these temptations can come to play. I will be blunt here, the devil is not some 3 dimensional apparition that appears but rather is the mind itself playing tricks on us. What was required to not fall for these temptations was mental discipline and a firm command and knowledge of self. If we are going to be able to command the physical mind then it is important that we have the training to ensure that the mind does our bidding rather than the other way around.

When Christ was tempted by the devil, he issued a simple command 'go away' and that allowed him to avoid the temptations. How many of us have that level of discipline to be able to control our minds in such a way?

The idea of the I AM and the Christ Consciousness is not new. I believe Christ first taught us this in his teachings. I don't feel that we are supposed to turn Christ into a deity and worship him much like those who participate with organized religions do today. I feel that Christ was showing us how to accomplish ascension and in order to do so, it requires a lot of work and tribulation. Christ saved us once already through his own sacrifice and experiences of death, resurrection and ascension. It is now our turn to save ourselves by following his example and duplicating the process. Just waiting around and praying is not going to result in being 'saved'. We need to get off our asses and get to work so that we can accomplish what we came here to do. Exploring who we are and stepping into our power as the I AM is the doorway. Once we recognize the true nature of the I AM and learn about who we truly are, the passages below take on a whole new meaning.

I AM the bread of life – John 6:35

I AM the light of the world – John 8:12

I AM the door of the sheep – John 10:7

I AM the good shepherd – John 10:11

I AM the way, the truth, and the life – John 14:6

I AM the resurrection – John 11:25

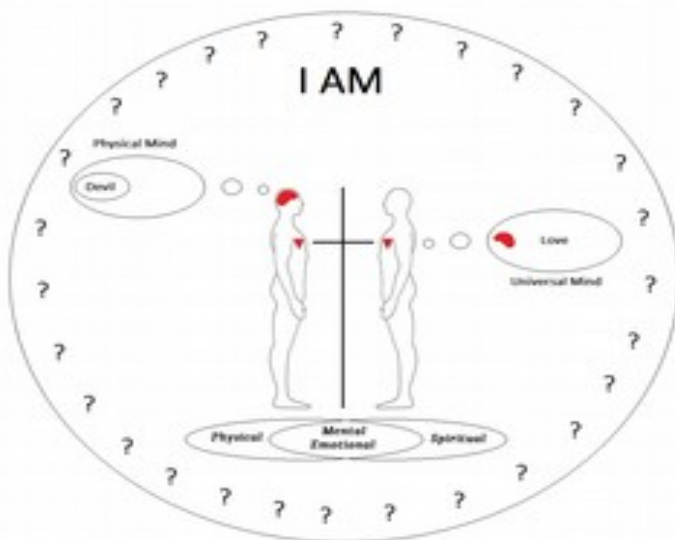


Illustration 20: Representation of the full scope of 'I AM'

I don't think he meant that we bow to him but rather follow his example. To bow down to him would be a violation of God's first commandment.

Thou shalt have no other gods before me.
- Exodus 20:3

The word 'gods' is defined as 'judges, rulers, divine ones'. As we are all divine in our own right, would that be enough to convince most that participating in the fiction and worshipping Christ or anybody else for that matter, be enough to violate this commandment? After all, Christ did come to make being human, divine.

As I have said before, the physical body is mortal, the Spirit is immortal. Due to the immortality of the Spirit it cannot die but it does experience jeopardy when it lives here in the Physical Realm. When the physical body stops functioning, the spirit is then

released into the Spiritual Realm and is free to then have another physical experience. Some would call this reincarnation. I do believe that what happens here can have an impact on the spirit. We need that jeopardy in order to take this experience seriously! How else can an immortal spiritual being learn how to have empathy, love and compassion if it does not experience what it is like to be mortal and experience the opposite? There are many stories in our culture where immortal beings go through this experience and it humbles them.

So what is the difference between spirit and soul? I see the soul as being the result of the physical and spirit joining and manifesting our current consciousness. Just as that union produced Man, it also produced the soul which is the consciousness of that Man. I believe that this results in a unique experience each time we reincarnate, as it allows us to experience and witness something different each time. The current manifestation of man and soul is the unique merging of the physical, mental, emotional and spiritual aspects of being for this one unique lifetime.

Ego

The ego, or 'I' is the self-awareness that each of us experiences in our lives and is a reflection of the manifestation of the soul during the merging of the physical and spiritual. I reject the idea that it is our job to kill the ego. I think there is a huge misconception of what the word ego means. I get the sense that most people associate an out of control mind with the word ego, that being somebody who is selfish and egotistical. Instead, I want to get to the root of the ego word meaning 'I', the conscious, self-aware, thinking individual. My goal is not to kill the ego, but rather to celebrate it and recognize the significance of that achievement and how divine it really is. I do want to confront being selfish or egotistical as those are all rooted in the intellect where the devil can tempt us. But that is very different than killing the 'I'.

Teachers like Christ, Mohammad, Buddha, etc have all attempted to teach us these important lessons. The organized religions that built up around their teachings would suggest that we all believe we are all sinners and we are going to hell should we not

follow the dogma of the church. Steiner, Leo Tolstoy and others have helped me shed the dogma of religion and come to terms with who I really am and how important, unique and divine I AM. Equally important is to recognize that each and every single individual on this planet are equally unique, important and divine!

I AM the resurrection – John 11:25

The dogma of religion would suggest that 'Jesus Christ' is the resurrection. However, I'm not entirely convinced that is true. The word 'I' comes from the Greek word 'egō' which means 'I, me, my'. The word 'AM' comes from the Greek word 'eimi' which means 'to be, to exist, to happen, to be present'. Given the context of all that I wrote so far, would it be safe to conclude that if I shed the Fictional Realm and embrace all that I AM and accept that I exist, have I not done what Christ asked of us, and as a result I ended up resurrecting myself? I believe that is to be the case. If we accept the concept and then choose to permit that higher level of consciousness to permeate and meld with our own consciousness (a marriage of sorts where we are the bride), then we can then start duplicating what he did.

Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater *works* than these shall he do. - John 14:12

When we start walking that higher path, then we start experiencing the miracles in life and start moving towards goals that were set out for us by our Spirit long before this soul was manifested. Those miracles will be larger and greater than what Christ even accomplished during his time here on Earth.

We can live full, complete lives, just as the plants and animals do on this planet. However, it is up to us to rise up and challenge and confront ourselves to perform beyond the basic programming of the Physical Realm.

Martial arts has taught me that our body, mind and spirit are capable of doing way more than what we think we are capable of

accomplishing. Sure, we can do just fine with the default settings we were born with. However, with some knowledge, training, hard work and perseverance, we can establish a performance level way beyond what is provided naturally by default. Martial arts and sports are great examples of people obtaining excellence through physical achievements. There are huge lists of people who obtain excellence in other ways as well. If we are satisfied with the default then there is no way we are going to obtain any level of excellence. As such we will end up with the default rewards with this incarnation, a mediocre life or for some; slavery. The Christ Consciousness is a protocol to obtain a level of excellence that far exceeds the natural default settings we were born with. What is required is the will to pursue that level of excellence.

When we allow the Christ Consciousness to enter into our lives, we allow the fruit of the Spirit to influence how we live our lives. Galatians 5:22 – 23 “But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law.” My heart tells me that as I evaluate my relationships in my life, these qualities are essential to ensure that I honour the Spirit of this life. As a result, condemning people for homosexuality or other stone-able offences does not resonate with me despite what the Bible says. Love thy neighbour as thyself means that once I get to the point where I love myself, I will love others and recognize they are doing their best to accomplish this balance, despite where they are in their lives. This is unconditional love and this is what Christ was trying to teach us when he rescued the prostitute. John 8:7 “He that is without sin among you, let him first cast a stone at her.” We have no authority to send somebody's physical body to a grave, terminating the soul and sending the Spirit back to the Spiritual Realm. That is the biggest violation of love there is.

As a result, why would I criticize and bash homosexuals or any other identifiable group of people? I would be harming myself along with others if I ever did anything like that. I work very hard to support and encourage. That is the higher ground that Christ talked about in his teachings. His encouragement was for us to embrace a much higher level of training so that we can accomplish

what he did and more. That level of training to be a natural artist as well as a mental artist, emotional artist and spiritual artist is all encompassing, gruelling and extremely rewarding if we accomplish it all.

What it always comes down to is choice. I decided to engage some critical thinking and decide for myself what I would believe or reject. I have to filter everything through how I feel because the mind is horrible at making decisions due to so much temptation. I decided that I would base my key decisions in life on a simple premise: The solution is simple and it must be rooted in love and the fruit of the spirit. Whenever I am confronted by new information, ideas or concepts, I engage the intellect to fully analyze the information. I then meditate to quiet the mind so that I can access the universal mind to make sure it feels right before I act upon it. If it is not an expression of love or tough love, then I will not participate. Much of what I see out there does not fit with that expression and as such I refuse to participate with our current models and systems.

I have to be careful though. Being centred and balanced does not mean static and just straight up and down or rigid. Have you ever seen a martial artist practising or performing their art? Even to this day I am amazed at the beauty and grace of the human body when it is in motion. Despite all the moves, flips, turns, contortions, etc. the artist is always centred and balanced. The dynamic flow of the body through all the patterns demonstrates physically what I am suggesting we are to do with all aspects of our being.

These concepts are not considered within the mainstream. The mainstream medical system, for example, mainly focuses on the physical symptoms of the body and treats with drugs or invasive surgery. However, a balanced and centred approach would consider all aspects of being and identify the root cause through the symptoms being presented, whether that be physical, emotional, mental or spiritual. The medical industry is not interested in healing. They are only interested in fictional dependency so that they can make profits. But to approach healing from a Christ Consciousness perspective, we would need to address the whole

body and all the bodies to obtain optimum health. Without that approach, one risks either having a deficiency or toxicity situation, which is often experienced by physicians. Yes, it is possible to have too much medicine which would also make you sick.

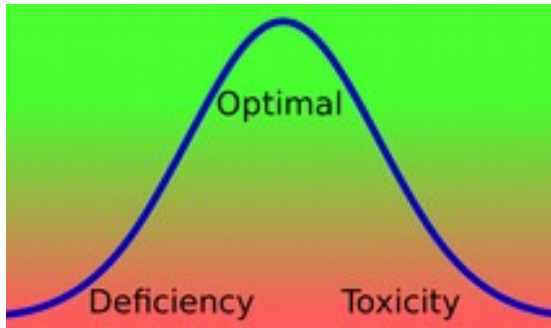


Illustration 21: Balance necessary to maintain optimal health

A good healer will recognize that there are energies at play that go far beyond the physical but yet manifest physical symptoms. I found this acutely true through my depression. I experienced over 20 years of depression and throughout that time I was constantly sick. I suffered from one ailment to another on a constant basis. Was there anything physically wrong? No, and despite years of drugs, I could not find a way to address the symptoms. The root cause was cognitive (behavioural) rather than clinical (physical). I refused to accept the truth and I went through multiple drug protocols in order to address the symptoms I was experiencing. Treating the physical body for an issue that is not physical is inherently dangerous and irresponsible. However, once I surrendered and changed my cognitive behaviours and way of thinking, all the physical symptoms went away.

If we accept the teachings of a Spiritual master, we will then start to recognize the benefits within our lives. Just as my physical body is now capable of performing way better than it ever has as a result of martial arts training, I also feel younger, stronger and more virile which allows me the opportunity to then have the time and energy to help others obtain the same. I could not have accomplished any of that if I did not recognize and honour all

aspects of who I AM and start living in harmony and balance with what it means to be me.

The I AM is the culmination and cooperation of the physical body working with and in harmony with the Spirit through the manifestation of my soul. Any attempt to separate or disrupt that harmony is something that needs to be confronted. I don't ever want to slide backwards into those old behaviours, beliefs and thought patterns. So I chose two words to remind me of what it takes; vigilance and persistence. I have dedicated my life to being forever vigilant with regard to the words I use and the people I spend time with so that I don't ever go back to the living hell that comes with the old ways of thinking and behaving. I do know though, that I will have some up and down days. That is just the normal ebbs and flows of nature. On the down days I will persist knowing that I will get out of it and move on. Those down days used to last for a few weeks. Then I got them down to a few days. As of now, I have them down to a few hours. I see much progress despite the intense stress that comes with all the work that we do out here.

Dr. Wilhelm Reich has really helped me come to terms with the ebb and flow of nature. He explained it with the four-beat cycle: tension – climax – discharge – relaxation. Reich suggested that

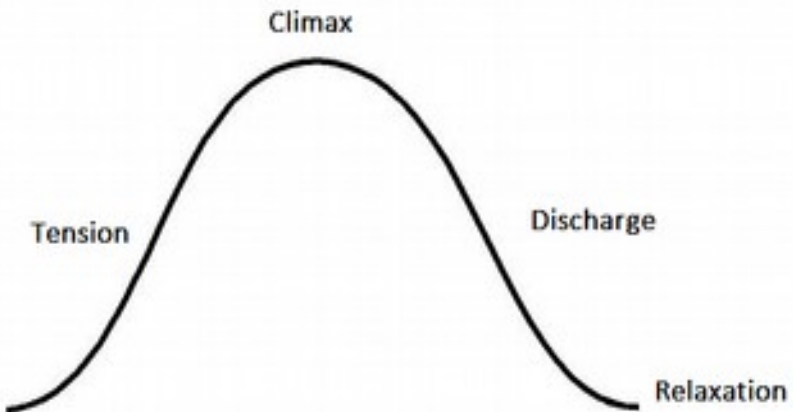


Illustration 22: Dr. Wilhelm Reich's four-beat cycle

everything follows this cycle, whether it is a cell dividing or the expansion and contraction cycles of groups of organisms in nature.

The challenge I find is that if I don't recognize and respect this cycle, then the energy flow ends up getting blocked and then I get sick. This past winter was a good example of that. If you associate the four seasons to the four-beat cycle, you will find that spring = tension, summer = climax, fall = discharge and winter = relaxation. With an unusually long winter, the relaxation phase was much too long and I found myself in tension but yet my environment was still in relaxation. This discontinuity with my environment really caused problems for me emotionally and physically. That discontinuity is due to my holding onto the mechanical time devices of our mechanical, physical world (calendar). I was able to get back into sync again once winter released it's grip upon the land and spring came. Nature had no problem with it, so I still have lots to learn in this regard.

I bring this up because I see many examples of systems that do not flow with this natural expansion and contraction process. If we take a look at graphs which shows world population trends, money in circulation or any other exponential growth curve, you will notice that these show a system not in balance. Natural laws will soon be applied to them as these systems cannot continue on building more and more tension without having a climax and start discharging. An unlimited energy buildup is not possible and dangerous. If we were to attempt to bring these systems into balance we would be faced with great opposition. Instead I believe it is our duty to point out the problems and prepare for the eventual correction that is undoubtedly due to arrive. I know I feel it. I feel the charge building and building within many of the fictional constructs. I thought the time would arrive many years ago. I've since stopped trying to predict when it happens. Only the Creator knows that. Instead, I spend my time working on being as independent as possible so that I can deal with the climax and discharge that is due at any time.

Resurrecting ourselves from the death in the Fictional Realm requires that we contemplate the full scope of who we are and our relationship with it all. It then puts into perspective our

relationships with others and with the Creator. Each and every single one of us is faced with exploring the simple question: Who Am I? I for one am just starting to explore that question and as such all I can really do is answer 'I AM that I AM'. There are no words to describe what or who I am and no name can ever do that description justice. All I can really do is explore all aspects of my relationships. As I explore these questions I am confronted about how I am going to govern myself. I recognize the fiction is sadly ill equipped to address these types of questions or issues. So a higher authority must step in to govern the process of exploration. That higher authority is Spirit and without it, this work could never take place. The spirit of I AM is to love. Resurrecting ourselves to embrace this higher consciousness level of I AM is what will change the world for ever.

Chapter Eleven

The Original Trust

Humans merely share the earth. We can only protect the land, not own it. - Chief Seattle

When we step into the full power and authority of who we are, we are not done. With great power comes great responsibility and as such we have a duty to others when we get this far. The question is, “What does that duty entail and what boundaries are there in the execution of those duties?” When we move from being dependent to acquiring independence, we walk away from a child receiving benefits and privileges from a parent, into an individual accepting duties and rights instead. Those duties have been outlined by a trust that the Creator set up, which is known in all cultures all over the world. The problem is that we have ignored that trust and the associated duties for far too long.

Throughout a decade of research into the legal system, I have run across many people talking about trusts. In fact, one could spend a lifetime studying about the systems' trust laws. Rather than getting into all the fictional legal mumbo-jumbo about trusts, I would rather just talk about the basic constructs of a trust, so that we can relate it to our relationship with the Creator.

In a trust there are three parties involved: Grantor, Trustee and Beneficiary. The Grantor is the one who has ownership of a specific piece of property and he gives it away for the benefit of the beneficiary. The Grantor makes an agreement with the Trustee. That agreement usually stipulates that the trustee would hold onto the property and make sure that it is protected for the benefit of the beneficiary. That agreement stipulates that the Grantor trusts that the trustee will fulfil the obligations to the beneficiary as laid out by the Grantor. Should the Trustee fail in his duty in any way, that would be a breach of trust and the legal system usually takes those breaches very seriously. I say usually as I have noticed that those trustees are getting away with a lot lately and as such, faith in

the legal system has been diminished considerably.

Growing up I thought that the politicians in the political system were the trustees, responsible for looking after the assets of the people, for the benefit of the people. Our ancestors being the original grantors in that trust and ourselves and our children being the beneficiaries. Through years of research and much soul searching, I had to conclude that these trusts are not set up that way at all. The beneficiaries are the global elite and they work hard to hold the people as the trustees in that massively unbalanced and unfair trust arrangement.

By this point in the book, most of us should realize that this is all a fictional game to begin with. A game to take possession of all the land, water, air, minerals, animals, plants, and even all the people (human resources), and then turn the people into slaves to do the bidding of the global elite. They accomplished this because we did not realize who we are, our relationships with each other and the earth and our duties to all. In reality, our duties are nothing like what we have come to believe from the legal system.

Many individuals find it difficult to leave the fictional system as there appears to be no place to go otherwise. However, if we see ourselves as the divine spiritual beings that we are, then in fact there is a place to go to embrace our life purpose. There is a trust that was set up right in the beginning. We just ignored it for so long that we forgot it was there.

And God blessed them, and God said unto them,
Be fruitful, and multiply, and replenish the earth,
and subdue it: and have dominion over the fish of
the sea, and over the fowl of the air, and over every
living thing that moveth upon the earth. And God
said, Behold, I have given you every herb bearing
seed, which *is* upon the face of all the earth, and
every tree, in the which *is* the fruit of a tree yielding
seed; to you it shall be for meat. And to every beast
of the earth, and to every fowl of the air, and to
every thing that creepeth upon the earth, wherein
there is life, *I have given* every green herb for meat:
and it was so. - Genesis 1:28-30

I need to break this down so that we can see the grant and our relationships to all life, including the earth herself, animals and plants. In this original trust, the Creator is the grantor and granted the fish of the sea, fowl of the air, every living thing upon the face of the earth to Man. That grant came with very specific terms and conditions. We were to replenish the earth! The word replenish means to be full, abundance, to satisfy. A word we use in modern times to describe the same idea is 'prosperity'. That places Man as trustee of all life on earth, including Man as the beneficiary. That means we have a job to do! The Creator stated that we can use the fish, plants, beasts and all that creepith as food (meat) to sustain our bodies. But that did not mean that we can rape and pillage the earth in the process. I would also suggest that there are specific life forms that we are not to eat while we are trustees of the earth. Scripture specifically mentions the great whales and I do believe there is a reason for that. To explain, I need to use a simple chart.

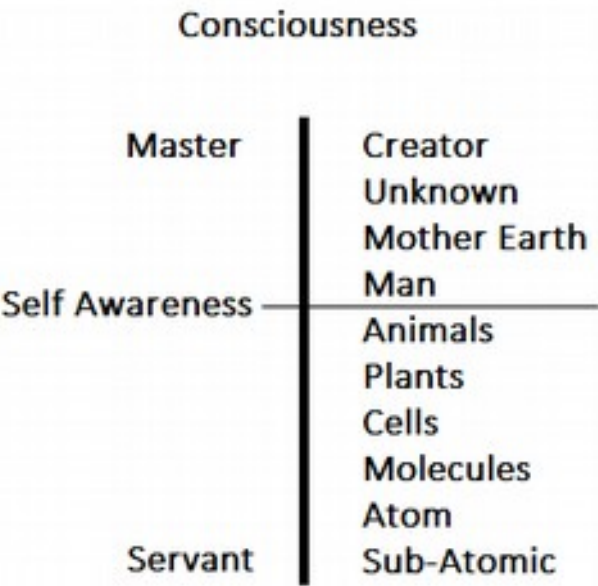


Illustration 23: Relationship between levels of consciousness

I created a simple diagram to show the different levels of consciousness that we are familiar with. As I suggested before, the Spirit formed all that is in this Physical Realm, right from our current understanding of the sub-atomic Higgs Boson God Particle, up to Mother Earth herself and the heavens, which we know little about. I suggest that the level of consciousness exhibited by each of these levels increases as the organism gets more and more complex. There becomes a point where the organisms' consciousness reaches a threshold of self-awareness. Man definitely obtaining that threshold. I would suggest though that the great whales mentioned in scripture, along with dolphins, great apes and elephants also have obtained that level of self-awareness.

In part of the Original Grant, the Creator specified that we could use lower level life forms to feed our bodies. The lower on the consciousness scale, the more of a servant the organism becomes. However, just like any King, we are judged based on how well we treat our subjects. Right now, as we rape and pillage the earth, we will be judged poorly. Mother Earth, being a higher consciousness as ourselves, along with the Creator, may give us a swat if we don't get back on track with our duties. We all know what it is like to live under a tyrannical king. The Fictional Realm has made it very clear over the past years what tyranny feels like. Well if we take a look at our relationship with the lower consciousness life forms, we have been tyrannical as well. Even though we are to have dominion over them, we are not to disrespect or abuse them. They are there to serve us in our quest to raise our consciousness level and fulfil our life purpose and duties under the Creators' trust. That requires that we have a healthy relationship with them so that we can communicate. We are not to force our will against any life form. We find food by asking permission from a lower consciousness life form to ask them to sacrifice themselves for the nourishment of our body. Then we are not forcing our will (murder / evil) but instead they willingly give to their master (gift / love). When we accomplish this level of relationship we suddenly honour the spirit of the organism and

that is an expression of love that comes forth through the universal mind through our heart. Ownership of plants, animals, land or the earth herself shows disrespect and is, in my opinion, a form of force and is not loving at all.

So with the lower consciousness life forms, they are our servants, we are their masters. It is our mandate as trustees to honour and respect all of our servants and ensure they all are prosperous. I believe that when we accomplish a successful relationship with the lower consciousness life forms, we help increase their consciousness. It is our job to help them accomplish that goal. So what about those life forms that are already consciously self-aware? Are we their masters too? I don't believe we are. Our fellow man as well as whales, dolphins, apes and elephants are on a similar path and journey. We are all on a quest for higher levels of consciousness, life experiences and expressions of love. Perhaps they too have a duty to replenish the Earth or even help wake us up to get us back on track. Killing these individuals is, in my opinion, murder (evil act) because they are self-aware. I don't care what the excuse is or how we justify it. We violate the sovereign spirit of any self-aware individual by ending its life, even if we have his / her consent. They are here to help us recognize that we are not alone and that we can work together to help one another achieve greater experiences and higher forms of consciousness. We are to work together as a team to fulfil the duties under the Creators' trust! That also means that we should be consciously aware of other life forms that do acquire self-awareness and invite them into the family when they achieve such a great milestone!

As for our relationship with Mother Earth and the Creator himself, we are servants. It is our job to sacrifice ourselves for our masters as that is the highest form of love we can show. It is our duty to learn the ways of our masters. They made laws that we are to learn and follow. Mother Earth follows the Natural Laws of the Creator, but she too has her own laws. How all the life forms interact and are governed is up to her as she is a sovereign being in her own right. How the wolves organize themselves is their attempt to follow natural law. How bees or ants organize themselves follows

similar natural laws. How everything, including ourselves interacting together, is a system so complex it is beyond our comprehension, because it is being governed by a higher sovereign consciousness than what we are currently capable of seeing. However, it is still our duty to figure it out and live within those boundaries. For us to contemplate the consciousness level of Mother Earth is much like my example of two cells in my toe contemplating me. Our physical bodies are part of this earth as the nutrients that make up this body came from the Earth herself. We are but a single cell in a much larger, more complex and higher conscious organism that far exceeds our own. Our bodies are indigenous and our Spirit is the sojourner. Hence we are in this world but not of this world. The air is her breath. The water is her blood. The plants and animals are her flesh, hence the scripture reference to meat for us to eat. The rocks are her bones. She has dependencies as well: the sun. We are here to work together and to help one another. It is our duty to do so. She is sick as she has cancer. That cancer is us and we need to heal so that she can heal.

When we interact and learn the systems that govern Mother Earth, we can then participate to bring prosperity. The problem is that our intellect has far exceeded our consciousness and that is getting us into trouble. We have advanced so far from an intellectual point of view, we have not stopped to consider the consequences of our actions. This occurred because we got disconnected from the universal mind when we got lost in the Fictional Realm. Those lost in the fiction are not consciously aware of the harm they are doing. They are so preoccupied with what they can accomplish, they rarely stop to ask or see if they should or evaluate the impacts of their actions. This was an idea that was shamelessly taken from the hit movie 'Jurassic Park'. Our intellect must be in balance with our consciousness to maintain Christ level consciousness.

It should be rather simple to evaluate whether we are stepping outside the parameters of the trust that was setup by the Creator. Are we replenishing the earth? In order to do that, prosperity must be the economics of that goal. Considering we live in a model of scarcity, I would suggest we have strayed far far away from our

duty. Just looking at the number of species lost over the past couple hundred years would suggest we have failed miserably in our duty. Take a look at our fellow man, the vast majority of whom live in slums and squalor.

A steward is defined as 'An official who controls the domestic affairs of a household, supervising the service of his master's table, One who manages the affairs of an estate on behalf of his employer.'

For me it seemed clear that the Creator, being my master, granted all that is here (his table) in order for us to manage it for him, for the benefit of all! This is his house as he made it very clear he owns it all in Leviticus 25:23. You see, the terms of the grant were very clear. We were to ensure that we "... replenish the earth." (Genesis 1:28). That means as stewards, we are supposed to ensure prosperity for all, not just for a select few. The problem is that as stewards of the earth, we abdicated our duties and responsibilities to the kings of the world and created fictional constructs so that we could benefit from less responsibilities and duties in order to acquire protection, safety and security (benefits and privileges). We abandoned our duties and turned our backs on the Creator, just as I had talked about in previous chapters and which was outlined in 1 Samuel 8. We went from being adults and regressed back into being children.

When we did this, we also abdicated the authority and jurisdiction that was granted to us in order to fulfil our duties and obligations. We granted that authority to a small handful of men and women on this planet. The point that most people don't realize is that our own free will choice put us under the jurisdiction of the king which meant we have abdicated our duties and responsibilities granted to us from the Creator. Scripture talks about the consequences of that choice and I would suggest that much of what is written in scripture is about those consequences and should not be used as a rule book for how we should live. The reality is, God sent a special angel down to take care of all the kings and to rule over the kingdoms of earth. We are confronted with the reality of that truth when we read about Christ's 3rd temptation:

Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them; And saith unto him, All these things will I give thee, if thou wilt fall down and worship me. - Matthew 4:8-9

What I realized is that God made another trust where he granted the kingdoms of the world to the Devil. This does not mean the land, earth or all the animals as that was already granted to Man. This grant was very specific. The devil has the right to the kingdoms and must not be confused with an actual kingdom but rather the right or authority to rule over a kingdom. Remember the actual kingdom belongs to God but the royal power or kingship was given to the devil because we abdicated our duties and responsibilities. The realm that the Devils Kingdom resides is within the Fictional Realm only! Christ rejected the Devil's temptation because he knew that being a King over all the fictional kingdoms was contrary to stepping into his true power as the I AM and showing us what it would take to accept the Creator's original trust and the duties associated with it. He knew that his true duty was to God and to replenish the earth, not to rule over it. That is why most alternative research shows that the kings and presidents of the world are into worshipping the devil as that is the trust they have accepted in their lives.

The kings and the popes of the world have succumbed to this temptation and as such I firmly believe that they are in league with the devil. Many authors writing about end time prophecies talk about how these institutions are the sources of the anti-Christ and the false prophet, which makes sense considering the dark energy behind what we are witnessing today. These people are holding offices, which are corporations, which are dead bodies. Now with all these dead bodies, who is responsible for the underworld? Would the devil be an appropriate term to use? Does it not make sense that the devil would use his army of walking dead marching over the face of the earth to fulfil his bidding? These animated zombies are those who are still stuck in the fictional realm, believing that they are persons rather than the truth of who they really are. It is these individuals who will do whatever it takes to

protect the system and attack anybody who threatens the system in any way. The courts are the gatekeepers and they will do anything to scare or intimidate people into staying in the system. That is why you will see court case after court case involving freemen and sovereigns making arguments in court that the king does not have jurisdiction and case after case they are ruled against. Remember that there are many cases that do not have any rulings. Those are the cases where these individuals are winning but because there is no ruling, there is no precedent setting case to use or share with others in common law. When the courts lose, they make sure those losses are not made public or do not make it onto the record as that would wake up the masses and show them how the whole system is smoke and mirrors.

I laugh at people who ask for proof of these truths because they cannot find any. I laugh because there is no proof other than the testimony of people who step away. The zombies want proof of what it takes in order to be free but they will not find any until they find the courage to step out for themselves and see the truth from within. The solution is not 'out there' for them to find but instead it is and always will be 'within'. Matthew 12:28 'But if I cast out devils by the Spirit of God, then the kingdom of God is come unto you. ' Luke 17:21 'Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you. '

However, once one steps out and rejects the jurisdiction of the state, then it becomes very clear to me that there is a profound and important duty that must be undertaken. That duty is to step into and accept the responsibility of being a steward in the Creator's original trust and to work towards having a healthy relationship with the earth and all the plants, animals and people on this planet. The duty is to work toward prosperity for all and do so through an expression of love, compassion and empathy. This cannot be accomplished within the system for it is designed for the dead and functions on a foundational premise of scarcity rather than prosperity. Those are the tricks and tools of the devil and we have fallen for it hook, line and sinker.

Men have accepted to hold office within the constructs of the dead. The Pope may appear to be a highly spiritual man, but in

reality I believe he and the fictional, dead office he holds is the biggest deceiver of man and spirit. He holds an office that claims to be the Viceroy of Christ and a fisherman of man. He fishes for all the lost souls in the world and he has found a lot as most souls here on earth have no clue as to who they are. They are truly lost. In turn the Catholic Church has also become the most wealthy and powerful group of corporations on the face of the planet. If they were truly interested in being proper stewards within the Creator's original trust, they would take steps to teach people how to fish and give them the tools to do so. They would share the wealth and resources to bring prosperity to the entire planet. Instead they just give people fish and build further dependencies to perpetuate the problem. Most charities in fact take this approach, for the charity business is very profitable.

I also find that most people want to avoid being trustee because the trustee pays! When I contemplate what Christ did, I am forced to conclude that the greatest payment was already made by him during his sacrifice. Christ is a trustee too and he paid the biggest price. The amount we have to pay now is merely our time and energy to do the work. We don't have to sacrifice our own lives but merely get the work done. I don't think people are afraid of work. But they are afraid of inconvenience. I am not afraid to stand beside Christ as a trustee. I am willing to pay with my work and energy to fulfil my duties as trustee so that all can benefit, including myself.

Deep down, our heart and our Spirit knows what to do. Those feelings come gushing out every time there is a major disaster or when people are in pain and they need help. We instinctively know what to do and if things get bad enough it moves us into action and we then give generously. That action has always been to help those in need and is a foundation of prosperity. It is almost instinctual for us to help out. What is required to maintain this in all aspects of our lives is the courage to step out of the fiction and embrace this beautiful and powerful gift that was granted to us by the Creator and which resides in each one of us; to fulfil our duty to be good stewards to all that are here. This cannot and will not be accomplished through our current models of religion,

corporations, charities, etc. When we accept our responsibility to be a steward of the earth and all that lives upon it, then we have stepped into our proper role and duty. This will require that we learn how to listen, see and hear. Our mind and emotions are loud and must be dampened in order to hear what nature and others are trying to say to us. The Spirit of our fellow man as well as the water, air and land, all the way up to the plants, animals and Mother Earth herself is screaming. Their spiritual voices cry out loud yet the noise in our minds is so deafening we cannot hear them. That noise is because of our own pain and suffering that must be resolved first through hard work, confrontation, disturbance and discipline. Once we accomplish that, then we can step up and start to do some meaningful work and healing because we can actually communicate with the Spirit of all that is here. Our mind is so loud it has made us deaf and blind. Deuteronomy 29:4 'Yet the LORD hath not given you a heart to perceive, and eyes to see, and ears to hear, unto this day.' Only when we accept Christ Consciousness and discipline the mind can we then use our heart to perceive. Only then will we have the eyes to see and the ears to hear all that is going on around us. Only then will we be able to step into the original trust that was set up by the Creator. It was never dismantled. It was always there and is waiting for the few courageous people to step into the roll of trustee and get to work. The trust is waiting for people to accept the duty and responsibility of being proper stewards. The work in front of us is great but very doable. If we can learn how to have healthy relationships and accept the duty of being a loving steward of God's creation, the mother of our physical bodies, then we have a much greater chance of Graduating Life with Honours!

Chapter Twelve

The Kingdom of God

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy. The true neighbour will risk his position, his prestige, and even his life for the welfare of others. - Martin Luther King Jr.

Throughout history, many kingdoms have come and gone. Empires rise and fall. Today we see layers upon layers of empires at play, battling for control. This whole war exists in the Fictional Realm, on paper, but because we are all involved, we act it out in the Physical and Spiritual Realm, which makes it all very real. Our capacity to create is what gives the Fictional Realm power and in turn can influence and have significant impacts in the Physical and Spiritual Realms. I stand as witness to municipal, provincial, federal, international, corporate, religious and a host of other entities all interconnected in the most complex web of fiction ever devised by the mind. Each entity has its own jurisdiction in order to exercise its authority and power that was granted to it by man. We use these constructs to represent complex relationships without really understanding how they work or where their power and authority comes from.

As we work through these ideas, please keep one simple concept in mind. The order of creation dictates that the Fictional Realm is and always will be the slave, the lowest form of authority and that it can never exceed the authority and power of its creator, Man. With that said, we should also remember the same goes to us when it comes to our relationship with the Creator.

The truth is, our forms of governments, being the fictions they are, only have jurisdiction because we granted that authority to them when we consented to being governed by them. Many people have worked tirelessly for decades to learn how the system works in

order to find ways to be free of their tyranny. The fiction cannot force us to be under it's jurisdiction. The devil entices and lures us in with benefits and privileges, taking advantage of our lusts and desires so that we use our own authority and power to consent. Once in, then force and intimidation is always used in an attempt to keep us there. That is required because of the devil's own fear of failure. He knows that at any moment we can wake up and walk away. The kicker is that there is nothing he can do about it.

I want to bring the Alberta court ruling *Meads v. Meads* into this discussion. Alberta Associate Chief Justice J.D. Rooke wrote this scathing ruling in 2012 against people using fictional constructs like commercial remedies and other techniques to work against the system in order to find freedom. He wrote the ruling because Mr. Meads was using some of these types of freedom arguments in court during his divorce proceeding. I want to bring it up because there were some very key statements made by Justice Rooke that actually shows some hints that he is very aware of what I am discussing in this book. Here is a section of his ruling [paragraph 30]

The Court: *I am going to let someone else deal with your living soul. I'm just going to deal with your person. (author's emphasis)*

I highlighted this statement because it is very important. The fact that he is going to let somebody else deal with the living soul is a very telling statement to make. The judges and administrators within the court system knows the truth. They know that they have jurisdiction over the fictional 'person' only. They have no authority or jurisdiction over the soul or the spirit for that matter. They have found ways to trick us into using our free will to bind our physical body to the fictional corporation in order to create a corporation sole upon which they will then exercise their authority and control. The problem they have is that they need our free will choice to attach our body / person to the fiction and should we do that, we also have the free will to detach as well. They know this and that is why they use force against us. It is to scare and intimidate in order

to maintain control. It is a very deceptive and cruel trick to use our own ignorance against us. Standing up to an evil system that claims a monopoly on force is daunting. What if people no longer want to be a part of that system? Well Justice Rooke had an answer to that as well in paragraph 318 of this same ruling:

Of course, it is indeed possible to cease to be governed by Canadian law. One only need leave Canada and break formal ties with this jurisdiction.

Canada is, was and always shall be a fictional entity, a piece of paper, an idea, a corporation created by kings to use as a methodology to govern and control people. So if anybody was to leave Canada and break all formal ties, does that mean that the individual must travel long distances to some other place on this earth? No way! All that is required is a shift in consciousness and a dismantling of the fictional constructs in our minds and no longer accept any benefits or privileges from that jurisdiction. That task is not easy. In fact, it is extremely difficult to make those changes and it takes months and months of work just to get to the point where the mind can let go of the idea. Lawyers, judges, politicians and bureaucrats will have the hardest time letting go of these constructs because their own livelihood and thirst for power, control and greed binds them to the fiction.

But woe unto you, scribes and Pharisees, hypocrites!
for ye shut up the kingdom of heaven against men:
for ye neither go in *yourselves*, neither suffer ye
them that are entering to go in. - Matthew 23:13

Scribes are public servants, secretaries, recorders, lawyers and judges. Pharisees are the priests. These people who do these kinds of jobs really do keep men from entering into God's Kingdom because they focus on the fiction, distraction and misdirection all in an attempt to maintain their authority and power over others. The sad part is that they miss out on the bounty of God's Kingdom in the process. If they cannot go in, they work hard to ensure that

nobody can! Shame indeed! The honourable function of government should be to encourage and support the entry into God's Kingdom, not to prevent it!

The good news is that some lawyers are starting to see past their failure and realize the errors of their ways. Earlier I wrote about the work of John Borrows, the lawyer in Ontario who wrote a paper about the relationship between the Crown and the Indians. When he realized that the Creator is the source of all things and not the Fictional Crown, he was on to a major revelation which addresses the terms and conditions that Justice Rooke gave when he suggested the solution was to leave Canadian jurisdiction. To leave Canada requires that we click our heels three times, change our viewpoint, reject the fiction and accept the truth: The Creator is the source of all things and should be our only master.

It brings great joy to my heart to see that even those who have dedicated their lives to the fiction are starting to realize that their faith in their fictional 'god' is not founded in truth. The Crown is nothing more than an idea and they are starting to realize that the source of all things is the Creator, not the Crown. To realize the truth and to take action on the truth will require a great deal of mourning as saying goodbye to ideas and a way of life that has governed mankind for thousands of years is going to be really hard to do. Even more difficult than saying goodbye to a spouse or child. Why? Because it requires that we say goodbye to a lot of thoughts and ideas that we hold sacred within ourselves as these constructs have provided a lot of comfort within our own lives. It is very personal and sacred. These constructs stroked our earthly desires as we surrendered to the works of the flesh. It is going to be very difficult to let go of all those constructs and change how we view the world, ourselves, and adjust our behaviours as a result.

The fictional jurisdiction of the Crown, no matter how much people complain, justify, yell, scream, or pout, is in the end, still a fiction. Their own behaviour is nothing more than an addiction and as soon as that is threatened, people will do anything in order to maintain the illusion of the addiction. For those with the courage to step out of that jurisdiction and accept 100% responsibility and accountability for their lives and accept their duties to themselves,

each other, the earth and everything else on this planet, then they will be stepping into a completely different jurisdiction and will most likely suffer from withdrawal symptoms for many years. After this transition we will see all those fictional nations of the world be replaced by the Kingdom of God.

Neither shall they say, Lo here! or, lo there! for,
behold, the kingdom of God is within you.
- Luke 17:21

The courts recognize that they do NOT have jurisdiction over our soul. That is because the soul represents the mind, body and spirit that makes our current union between spirit and flesh. The courts and governments have worked diligently to separate us into our constituent parts and worked to convince us we are not who we truly are. That is why many people like myself keep harping on the idea that we need to know who we are in order for any of us to make a stand such as I have. If you don't know who you are, then it will be easy for them to convince you that you are a person and that they have jurisdiction over you. However, once you realize and believe that you are the I AM and that you have accepted the Christ Consciousness within yourself and act on that authority and power, then it becomes much easier to resurrect oneself in order to stand in a completely different jurisdiction and as such, have a completely different master.

That jurisdiction is the Kingdom of God and it is within you because it *is* you. Your body came from the earth, as such it is land. You, the divine Spirit came and took possession of that little piece of movable land. Your body is your Spiritual Kingdom. The kingdom is there, always has been and always will be to the day your body dies. Waiting. Waiting for the King or Queen to take his / her throne and start governing it with the authority, power and standards set forth from the Spiritual Realm.

The I AM is the boundary of your jurisdiction and the sooner we all can see and accept that, the sooner we can get on with our duties within this jurisdiction. The Earth herself has her own jurisdiction and has welcomed us to join her within her domain for

a very specific partnership: to help her bring prosperity to all. She needs our help! We can form alliances to help us fulfil those duties and rights, but we must be forever vigilant to ensure we don't surrender our sovereignty and authority at any time or claim ownership over anything or anybody else. We all have equal rights and duties as adults to exercise that authority and power in order to bring prosperity to all, as a team. To do otherwise is a breach of that trust that the Creator granted us. We must find a way to work together to fulfil those mandates.

When we accept this and claim our throne within the kingdom, the kingdom is activated as there is now a sovereign authority to govern the kingdom of I AM! No other authority has a greater claim other than the Creator himself. The authority and power to govern the kingdom of I AM was granted to us by the Creator himself. A spiritual power and authority of the highest order. We are kings and queens as we were created in the image of God. God being a sovereign King himself, it is not hard to see that we too have that royal, divine right to rule our own kingdom. Our kingdom has finite boundaries as there are at least seven billion other kings and queens on this planet with their own kingdoms. So my authority ends where another starts. Boundaries and communication skills are mandatory in a complex international arena such as this. The Internet could literally be the new UN of this new paradigm as the billions of us start exercising our own power and authority in our day to day lives.

The problem is that we literally abdicated our throne and granted that divine right to rule and govern our kingdom to a fictional entity. That is why God feels like we rejected Him and I don't blame Him for feeling that way. That is why the courts force their will upon us, despite our objections. Our own fear and sense of unworthiness prevents us from picking up our crown. Our own participation and silence can be easily interpreted as consent to being governed by the fiction. That is why we feel like slaves right now. Because we are, slaves to a fiction. If we really want to stand in the I AM, God's Kingdom, then we must establish a healthy relationship with ourselves and those who wear the masks of the Crown, establish some boundaries and speak up! If we don't do

this, how will they ever know what our true intent is or respect us for what / whom we truly are? How can we express the will of I AM if we don't speak up and start acting like kings and queens and publicly declare our borders and boundaries?

If you are unfamiliar with how healthy relationships work, this could be rather uncomfortable process for you. As with anything in life, actions speak louder than words. I have spent years showing people how to progress through these steps and very few actually take the steps necessary to accomplish these goals. Many people do not want to let go of all the benefits and privileges they currently receive from the state because they are afraid it would impact their current standard of living. As such they are not willing to do what is required to step away from the jurisdiction of the Crown and step into governing their own kingdom and helping replenish the Earth. What is required is a leap of faith. Trust that the Creator will look after our needs as we make these transitions. In the end, I believe our standard of living as a result of taking that leap will be far beyond what anyone has accomplished so far. The rewards will be bountiful!

The cool thing is to recognize that the devil governs the fictions which completely resides in the minds and hearts of men. If we reject the fictional constructs of the devil and accept the jurisdiction of the Creator, then we can start to learn how to live life in balance and peace with balance between the Physical and Spiritual Realms. God uses benefits and privileges to help govern us too, just like any other parent. When our reign is done, he will terminate the body, dismantle our kingdom, surrender the resources back to Mother Earth and we, spiritual beings, will then return back home. Possession of our body is a benefit. Reigning over this kingdom is a privilege. It is up to us not to squander that opportunity! Tough love is often used to help guide and mould us to be responsible, accountable spiritual adults as we learn how to govern within our own kingdom. He really is interested in us growing up to join him as fully adult, mature, accountable, responsible, spiritual beings. Christ and a hand full of others have accomplished this and it is just a matter of time and effort for us to join them. Our final test is about to play out and the tests we must

pass are at hand.

For me, I see all the crap going on in the world as nothing more than our final test before we can progress into the next classroom. I don't see it as being particularly evil but rather an opportunity for us to grow and make the right choices. The disturbances that will play out will be biblical in nature and scope. They are designed to give us a kick in our complacency and push us in the direction of self-governance, duty, honour, love, compassion, empathy, peace and stewardship. What is left for us is to make the choice.

In order to make this choice, we will be faced with much tribulation. It will be difficult because to learn how to be an adult and a proper steward will be a huge learning curve for us all. We need to find the discipline to control our mind and not be a slave to it. We need to quiet the mind so that we can hear what our spirit is saying to us, to ensure we stay on the right path and to ensure we can hear, see, and respect the jurisdiction of all the other spirits. Following the will of our spirit is very difficult when we are not even listening. We need to engage the intellect to re-program our subconscious so that we can deprogram ourselves. We need to recognize the differences between 'needs' and 'wants' and how this highlights the difference between the fruit of the spirit and the works of the flesh. This deprogramming process could take months or years depending on how much effort and commitment we put into making changes in our lives. The emotions that spawn from all these changes will be intense. Having people around to talk to and provide support is going to be critical. Our true communities are what will help us get through these changes. Natural therapies will help the body process a lot of emotions that were stuffed away for so many years and help us shift energies within, which at times cannot be accomplished through our intellect alone. Sometimes the body gets stuck and it needs a gentle push. The food we eat, water we drink, the air we breathe and our daily activities will be important in this process too. Being truthful and honest with ourselves is key! Confronting ourselves and our behaviours will be the biggest challenge. Mainly because all the armour that we put up to protect ourselves and to justify our current behaviours and maintain our current comfort zone is by far

the hardest to break down and rebuild.

If we can find the courage to take that leap of faith, then that is the first step. Faith that the Creator will be there for us and help us through that process is what helped me.

When we accept our duty to govern our kingdom, it is up to us to publicly declare our intent so that others can see and recognize the new sovereign and his / her kingdom. It is up to us to express our will on how we are going to govern and to refute any false claims made against our kingdom. In the process I think it is absolutely critical that we also put the fiction and all those who wear masks on notice of this change. I use words that they are familiar with as the concepts that I talk about in this book are so foreign to them that they lack the awareness and comprehension to understand what I am talking about. It is my job to bridge the gap between my comprehension and theirs so that the lines of communication remain open.

Declaration of Sovereignty

In order to express my spiritual will in a clear and concise way, I utilized some ideas that people are at least familiar with. Just as the United States did in 1776, I too wrote my own Declaration of Independence and I shamelessly used their document as a template for my own declaration. I had a hard time comprehending their Declaration of Independence so I had to sit down with a dictionary and look up all the words to get my head wrapped around what it was trying to say. I found a declaration of war at the bottom, so I knew that it did not completely say what I wanted to express to the Queen, Pope and others. So I spent several days modifying the document to say exactly what my heart and spirit wanted to express. When I was done, it was a declaration of peace and a document that I then used to make my intentions clear with anybody who may be questioning the sanity of my actions.

The intent of this exercise was to make it very clear that I was rejecting the Crown, and everyone else for that matter, as my master. I have but one master and that is God Almighty. The declaration was a tool that I could use to communicate my intent and help me establish the boundaries of my own kingdom.

In January 2012 I realized that there was a serious problem with my declaration. First off, it was written from the point of view of the physical man rather than my Spiritual Will of I AM. The Man does not have the authority or jurisdiction to make such a declaration because it is the power and authority of the spirit that has the divine sovereign right to govern, not the physical body. So I created a second document to correct this error. This second document was written from the point of view of Spirit and the expression of I AM. Since it is the will of the spirit that I work hard to express now in my life, it was important that I outline what my spirit's will is and how it will be communicated. Using some irony, I called this second document my '*Free Will of I AM*' because it is an expression of the free will of my Spirit.

When I wrote *Free Will of I AM*, I needed a way to ensure that the reader knew the authority and jurisdiction of the author. After all, the physical body was the one physically typing it into the computer. With some effort and divine intervention, I found a number of people who were doing biblical research and they found that there were two characters spread throughout the Bible but did not get translated into other languages. These two characters are the first and last letters of the Hebrew alphabet – אָ. It is known as the Aleph Tav, the mark from God. They were not translated mainly because the two characters did not translate into any English words. However, the meaning of these two characters are profound and better understood if they were translated into Greek: Alpha and Omega. Yes, what I am referring to is the God Source, the beginning and the end, all that is, was or ever shall be. When I talk about the Spirit, authority and power of 'I AM', I am talking about being created in the image of God and that I AM a son of God, just as we all are. Just as biblical scholars are now understanding how these two Hebrew characters were used in scripture, I too use them in the same way to represent and reflect the true source and authority of I AM. Christ understood this authority and power when he said that 'I AM the truth and the truth will make you free'!

Within my *Free Will of I AM*, I also felt it very important that my Spirit claim the physical body. This is an important step to highlight the boundaries of the Kingdom that the Spirit will be

governing. It also rebuts any third party claims that there may be on the body as well. There are many researchers that feel the Pope has a claim over all the land of the Earth, over all the bodies and over all the *lost souls*. Whether that claim is true or not, I still feel it is appropriate to clarify my position to ensure there is no confusion. Now that I know who I AM, my soul is no longer 'lost' as it once was. I am found! My *Free Will of I AM* claim clarifies this point which trumps any and all claims against my body. In the process I think it is also important to clarify my intent to stand as a steward in partnership with all other stewards to bring prosperity to the earth. It is an easy claim to make as custom is a very powerful concept that even trumps the law of the fiction. Custom is a concept recognized even by the legal system. The idea is that if we do something for a long enough period of time, it becomes law and it trumps statutes and regulations. The original Trust and the jurisdiction of the I AM has been around since the creation of the Earth. That custom is there for any of us to accept, which trumps any laws created by man.

Because there are billions of people on this planet who do not comprehend what I am talking about, I found it necessary to use a few tools that have a long custom of identifying jurisdiction. Flags have a very long, ancient tradition and is recognized the world over in all cultures and traditions. It is a universal tool that I can use to ensure that my kingdom is protected from the fiction. So I chose to build my own flag to represent the Kingdom of God within me,



Illustration 24: My coat of arms

my own Kingdom, the I AM. It is void unless it is accompanied by a mark from my physical vessel as well.

For me it was critical to do this as I discovered that using a signature was a violation of scripture and making oaths to another sovereign which would negate my own sovereignty and divinity. When we sign a document we are placing a mark of attestation or ownership upon a document. Attestation is defined as a formal confirmation by signature, [oath](#).

But above all things, my brethren, swear not, neither by heaven, neither by the earth, neither by any other *oath*: but let your yea be yea; and *your* nay, nay; lest ye fall into condemnation. - James 5:12

I believe we are not to swear any oaths or own what is in possession of others. By signing documents we surrender our sovereignty to the authority of those who asked for it. By doing so we are at war and as such cannot be at peace because we are forcing our will against another in the process. By using my flag, I can exercise my authority without surrendering or abdicating my authority to anybody else.

I truly believe it is absolutely critical that we declare peace and be at peace, as it is the most basic expression of spirit and foundation of divine love. The trick is that if one declares peace, one needs to behave in a peaceful manner. That means I don't go around suing people, placing liens against property or arguing in court. I don't force my will against others because I'm angry, upset or sad. To do any of these types of activities is not peaceful as it violates the sovereign kingdom of my divine brothers or sisters. So that means I must find peaceful ways to resolve issues if I am in conflict with anybody. I found forgiveness to be the best and most powerful approach. In order to forgive others, I too must learn to forgive myself first! Only then will we find ways to bring peace into our lives. Luke 6:37 "Judge not, and ye shall not be judged: condemn not, and ye shall not be condemned: forgive, and ye shall be forgiven"

As a steward of the earth, it is important that I accept the gifts

that were granted to me by the Creator in order for me to do the job properly. The challenge is that the corporate fictions have overlaid their fiction over top of everything and it would be a declaration of war to make any such claims of ownership. However, what I did do is re-instate the original Trust on the land upon which my body so greatly depends, and placed my flags on all the corners. I firmly believe that it is appropriate that each individual do this in order to care for their physical vessel. Nobody or no one has yet to rebut my claim as steward over this piece of land that I possess. So I will continue to be steward for as long as I can.

To bring prosperity requires giving of myself, NOT the acquisition of worldly wealth. One of the most difficult concepts to comprehend was forgiveness and giving. Being at peace requires that I not retaliate but instead offer my other cheek!

And unto him that smiteth thee on the *one* cheek offer also the other; and him that taketh away thy cloke forbid not *to take thy* coat also. Give to every man that asketh of thee; and of him that taketh away thy goods ask *them* not again. - Luke 6:29-30

The fictional jurisdictions at times have a hard time seeing jurisdictions outside of their own fictions and a real hard time letting people go. But it is important that I express which jurisdiction I live under and to ensure that none of the fictions have any jurisdiction over me, my body, my soul, my mind, or my spirit. Establishing boundaries is critical to ensuring that healthy relationships are established and maintained. I could not conscientiously continue to be governed by a tyrannical government once I learned how to love myself. It was a violation and breach of the boundaries I set up for myself in order to maintain healthy relationships. The state was at war with me and I desired peace. It was a matter of no longer participating in order to find the peace I was looking for.

The really interesting part of the process of switching jurisdictions is that it does require knowledge and understanding.

Without it, we will perish through this process.

My people are destroyed for lack of knowledge:
because thou hast rejected knowledge – Hosea 4:6

The most challenging part besides knowledge, is the shift in consciousness that results as one tears down the fictional constructs in their mind. It does not require that we pick up all our stuff, sell the house and move a thousand miles to another piece of land somewhere. What it does require is a complete shift in paradigm and seeing the world from a completely different point of view. It requires the will and ability to make that shift. When we work through the mazes that have been laid out in our minds by the fictional constructs we call statutes, regulations, court decisions, etc., we can then take up the duty to govern ourselves in our own jurisdiction. To do so will require hard work, dedication, commitment, a higher form of excellence, discipline and honour. When we accomplish that, then we are well on our way to taking our rightful place as royal, divine kings and queens within the Kingdom of God.

Chapter Thirteen

Self-Governance

O God, thy sea is so great and my boat is so small
– a Breton fisherman's prayer

I recognize that the process of dismantling foundational structures in our lives is very scary and can also leave one feeling very vulnerable. This feeling is normal and should not be suppressed or avoided as it is an important part of the journey towards freedom and self-governance. Most people will avoid this feeling at all costs and this is the main reason why the State continues to grow in size and power. It is because most people don't want to experience this level of vulnerability so they go back to the State, begging it to look after or protect them. I want to provide some ideas that can help the individual to work through these feelings and find the skills to govern the power of I AM. So now that we dismantled those foundational structures, it is time to build new ones, based on the spirit of love, peace, freedom and prosperity.

Now that we can see the spirit of who we are, it is important to build a solid foundation upon which we can live our lives. In the past, we depended on the state, religion and other external fictional constructs to tell us the standards upon which we should live our lives. This approach has always failed because we have externalized the moral and ethical standard and as such we ended up being completely detached from it. Not only that, but those institutions have also watered down and diminished those standards. However, if we reject the standards that have been codified in statutes, regulations and church dogma and instead build our own moral and ethical standard, then we have claimed it for ourselves and we have a much stronger tool upon which to govern ourselves with. I would suggest that it would also be much higher than what the state could ever get away with because it must find the lowest common denominator for such standards. It needs to build a box big enough

for most everyone to fit in. By establishing our own standard, we have the opportunity to rise well above the standards set by the state or religious organizations!

When I declared my sovereignty from the state, one of the first steps I took was to establish my own law form. If I fail to do this, the state can assume that due to a lack of law form, I would fall under the default law form of the state; their statutes and regulations. This is a basic principle of trust law that was codified in the 1985 Hague Convention on Trusts. When I established my law form, I chose Matthew 22: 37-40. Since the fruit of the spirit is what I want to infuse into my life and how I live it, I felt it very important that I build my foundation on love rather than statutes and regulations. The State never uses the word 'love' in their laws, so I refuse to accept their 'laws' as the foundation of my life. Since holding State documents like birth certificates, driver's licenses and social insurance cards are evidence that one is at war and holding a military post, it was critical to resign that post and declare peace. Force, no matter the form, against another sovereign is a declaration of war. Peace must be declared and supported at all costs.

When I took these important steps, I found that my views of other people had to change. My bias and discrimination towards others was confronted in a significant way. That was further reinforced when I read a book called “Rescuing the Bible from Fundamentalism” by Bishop John Shelby Spong. This book helped me realize that it is my duty to evaluate everything that I do, see, read or say about others. Bishop Spong stated in his book:

The Word of God in Scripture confronts me with the revelation that all human beings are created in God's image and reflect God's holiness. All human beings means all human beings ... *all human beings*. Men and women, homosexual persons and heterosexual persons, all races, nationalities, and persons of any ethnic background, all communists and capitalists, rich and poor, old and young, religious and nonreligious, Christians, Muslims,

Jews, Buddhists, and Hindus, atheists and agnostics – all persons reflect the holiness of God, for all are made in God's image. How can I enslave, segregate, denigrate, oppress, violate, or victimize one who bears the image of the Holy One?

How can one worship the source of being, the great "I AM", except by having the courage to be the self God created each of us to be? The Christian is the one called so deeply into life, into love, and into being that he or she can say with a Christlike integrity, I AM!

I had to confront myself in how I view the world and especially each other. I know deep in my heart that we all find ways to demonize individuals or groups of people in order to justify our treatment of them. We must go through this process because to recognize the divine would negate our ability to force our will against them. We would not be able to kill millions, take what is in their possession, segregate or exclude them from the riches we enjoy if we saw them as beautiful, spiritual, divine beings. This demonization process has taken place since the beginning of time and is so engrained in our psyche that we don't give it any conscious thought. To step into the power and authority of I AM requires that this behaviour be confronted and addressed. It is in our nature to categorize and group things together in order to form conclusions. However, in doing so we assault and diminish everything or everyone in that group. We fail our brothers and sisters because we did not spend the time to get to know them and see them for who they are. Instead we judge them based on characteristics of a group. The danger is that individuals within the group are at a major disadvantage and great harm is perpetrated when a single individual within that group acts against the others.

This is exactly why the state is at war against groups of people rather than confronting specific individuals. The people wearing the masks of the state, media and other fictional entities, depend on our tendency to make these assumptions in order to justify their wars. Have we become so lazy that we are no longer willing to see

individuals for who they truly are? Have we become so detached that we are not willing to reach out and bridge the gap that has formed due to our lack of will in regard to doing the work to form healthy relationships? I still struggle with these issues and it is something I consciously work on to this day. It is not easy. However, when we all take these issues seriously and recognize that we are all divine and should be treated like the sacred beings that we are, then our view of the world must change and that is what will change the world. If we fail to do that, then a piece of who we are dies in the process. I think John Donne said it best in his 1623 paper called "Meditation #17":

No man is an island, entire of itself; every man is a piece of the continent, a part of the main. If a clod be washed away by the sea, Europe is the less, as well as if a promontory were, as well as if a manor of thy friend's or of thine own were: any man's death diminishes me, because I am involved in mankind, and therefore never send to know for whom the bell tolls; it tolls for thee.

When we discriminate, even in the slightest way, we harm a piece of ourselves because that harm was done spiritually. The energy of harm does not necessary have to manifest physically. We may have grown up with the saying 'sticks and stone may break my bones but names will never hurt me'. However names do hurt because the pen is mightier than the sword since it wields ideas that cannot die. The idea of spiritual harm can be best described with this example. If I lust after a woman, even though I did not touch her, speak to her or even come close to her, my Spirit is what has violated her spiritual sovereignty and divinity.

But I say unto you, that whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart. - Matthew 5:28

This is where mental discipline comes in. It does not matter how many statutes and regulations the state passes. We must

recognize that we are and always have been 100% responsible for our thoughts, actions and behaviours on all levels of our being (physical, mental, emotional or spiritual), whether we can see it or not. Whether we believe it or not. We cannot grant to somebody else that responsibility. We can try to blame them, but the responsibility remains and all we do is injure others when we blame. In the end we are *always* responsible for our own action or inaction.

To recognize that all the categories we use are fictions in their own right, we are faced with the reality of facing our relationships one-on-one. These relationships are in constant flux and change. People mature, grow, get hurt, move, change and even die. Nothing is static and I wonder if that is why the state is such an attraction for people, because it provides them with some form of stability and familiarity in their lives. Ironically, the state struggles with the full dynamics of our social interactions because the changes are so frequent and complex and since the state is too large, static and political, it fails to keep up with those changes. The state is always behind and will never be able to address the dynamics of our relationships.

We have outgrown the need for a state and it is time that we consider other alternatives. The state has grown old and needs to be placed in a museum where it belongs. It is not that we are rejecting the masculine in doing so as the state is not and never did represent the healthy masculine energy. It is harmful and evil. It has served a specific purpose for thousands of years and it is now time to wean ourselves off the teat of the state and figure out how as adults, we are going to move forward. So what would a dynamic, ever changing group of sovereign, self-governing, balanced, centred, adult individuals look like and how would we be able to resist infiltration and corruption from those who are interested in control, greed and power?

What I found in my research and by talking to others is that there are examples successfully exercised for millennia by indigenous peoples all over the world. These examples show us how we can work together in groups without forcing our will upon another, how we can resolve disputes and protect the individuals

and their families. It all starts with the individual, which is a concept completely opposite of the state.

When we evaluate our relationships with the order of creation, the Creator being all that is, was or ever shall be, we end up being next in line. The individual, the I AM is the highest authority and power there is on this earth. Given there are 7+ billion people, that is a lot of power. But nobody has less or more authority because we are all divine spiritual beings. We were not created with the same skills or abilities, so we all bring unique gifts and talents as we live out our lives on this planet. If we view this as an organizational chart, it would look something like this.



Illustration 25: Representation of hierarchy of all mankind

As you can see, nobody has any more or less authority or jurisdiction, as each individual is responsible for themselves. This is very different than our current system which was best displayed with this 1911 edition of *Industrial Worker*, created by the International Publishing company. It was created to show the caste or social stratification and economic inequality created by our modern systems.

When a single individual has established and activated their kingdom, it is then up to them to work on forming alliances with others. The most intimate relationship, other than with the Creator or ourselves, ends up being with a spouse or our mate. That first alliance has a good chance of being successful if a number of factors are addressed: the feminine and masculine energies are balanced within the relationship, each individual respects the sovereignty of the other, and both parties have good communication skills so nobody gets lost within that relationship. It is hard to not lose one's self in these relationships and especially to not become co-dependent. Maintaining independence in this level of intimacy is indeed magical and almost mirrors the union

within ourselves between the spiritual and the physical.

Remember that the only way to separate the physical and spiritual bodies is for the physical to die. When we enter into unions it should be taken with equal reverence and seriousness as the only way to separate the two is through a death. Only the Creator has the authority to make such a determination. Matthew 19:6 “What therefore God hath joined together, let not man put asunder”. When this union takes place you now have the power of two sovereign individuals formed together as one flesh to exercise the authority and power within their kingdom. As a king and queen, the royal family is now formed and the kingdom is occupied by this royal family. It is, was and always will be the most powerful union on this planet short of the Creator himself. It is the family that has been under attack for thousands of years as those who engage in evil acts knows the power of this union. That is why they usurped the power and authority of this union through their 'legal marriage licenses'. It was an attempt to get their fictional entities as a party to



Illustration 26: Pyramid of Capitalist System

this union as legal marriages are a three party agreement where lawfully the Creator intended it to be a two party union. To return to the lawful union, it requires that the fictional entity be removed.

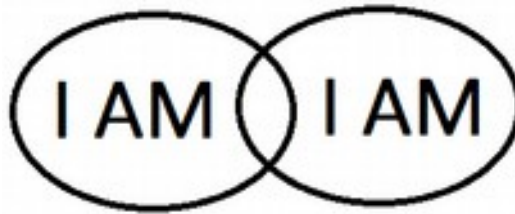


Illustration 28: Marriage of two sovereign individuals

When the family unit is formed properly, its sovereignty and authority is assured. It is then up to the family to then form further alliances to find security and support. Other family members, neighbours and close friends are often relied upon to work together for the betterment of the family. This does require that each member be independent in order to form these interdependent relationships. However, the additional benefit is that should a member of the family not be independent, the family can provide and protect that individual. The reality is; we cannot be 100% independent for our whole entire life. We came into this world completely dependent upon our parents and given our current social and belief structures, most of us will leave this world equally dependent. However if we work hard to live life properly and we are properly stewarding the divine vessel we possess, there is no reason that we should lose our independence even in later years of our lives.

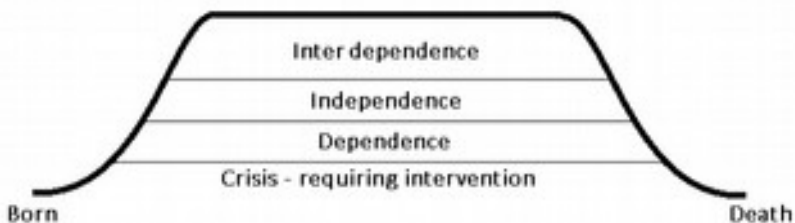


Illustration 27: Goal is to obtain and maintain interdependence.

There may even be certain events that happen within our lives that put our inter / independence in jeopardy, such as illness or accidents. The results of which force us back into dependency or even into crisis where intervention is required in order to save our life. We have not always depended on the state to provide that level of security. For thousands of years, our family and community members were the ones that provided the support, and at times intervention. They looked after those who are dependent. That is the duty of the members within that community. By asking the state to do that for us is, in my opinion, an attempt to shirk those responsibilities and pass them onto others. It also explains the rapid growth, power and influence of the state over the past few hundred years as the state struggles with the huge influx of duties and responsibilities that nobody else wants to deal with. Our families can deal with this duty. However, depending on the burden of responsibilities, more help may be required.

That is why many families reach out to other families to form clans. The relationships between the individuals within clans are looser and even more dynamic than within the family itself. However, the clan usually has enough people to provide all that the individuals within the clan require to live happy, healthy, successful lives. If not, then clans do work with other clans and form tribes and many tribes form a nation.

Please note that healthy nations (fictional constructs) are formed following natural law and the order of creation. What that means is that the people form the nation with all the authority and

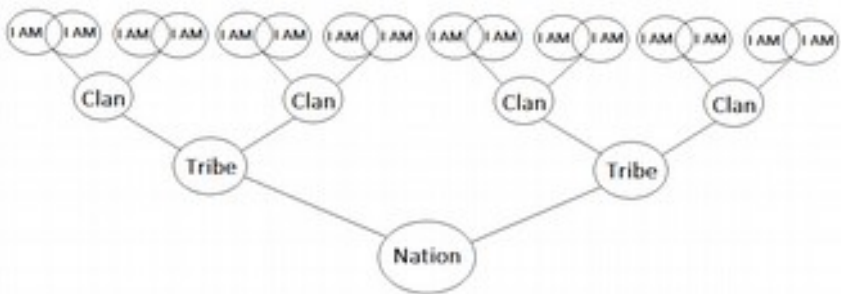


Illustration 29: Top down approach to forming a nation

power resting with the individuals on top rather than a country formed from the top down, where all the power and authority rests with a single individual. Therefore, only the individuals are sovereign, not the clan, tribe or nation. Those fictional constructs are servants to the people and as such cannot be sovereign. It is this point where I object to several attempts by people around the world to form republics as they do so by issuing declarations on behalf of the people to form top down structures. These attempts have no authority or jurisdiction from the people to do so and depend on silent acceptance and participation. This is the basis for the cycle of tyranny to keep forming as one system is rebelled against only to form another system, set up exactly the same as the first. In order for us to break this cycle, we must find it within ourselves to accept the authority and power within and govern based on that authority rather than some centralized command and control system. Democracy or even a republic risks violating the divine sovereignty of a single individual through the will of the majority. Everyone deserves to have a veto should decisions be made that would violate or do harm against the minority. To do otherwise results in the organization devolving to mob mentality.

I think it is important to recognize that it is our duty to resolve our disputes with our fellow man. Part of having healthy relationships is the ability to deal with conflict and gain a brother as a result.

Moreover if thy brother shall trespass against thee, go and tell him his fault between thee and him alone: if he shall hear thee, thou hast gained thy brother. But if he will not hear *thee*, *then* take with thee one or two more, that in the mouth of two or three witnesses every word may be established. And if he shall neglect to hear them, tell *it* unto the church: but if he neglect to hear the church, let him be unto thee as an heathen man and a publican.

- Matthew 18:15-17

The 'church' in this context is literally defined as 'an assembly of the people convened at the public place of the council for the

purpose of deliberating'. Church does not mean a religious group or building. It is the duty of the people to participate in resolving conflict between our brothers and sisters. If the individual will not hear or see the errors of their trespass, then they are to be treated like a foreigner, stranger, tax collector.

To have the people come out from their homes requires that the people participate in the process of deliberating on matters of trespass (injuries). Rather than depending on a private business to provide court services as we do today, it is our responsibility and duty to provide such services. The beautiful thing about the people doing the work is that it cannot be infiltrated by corrupt or greedy people as it is completely disbanded afterwards. I suspect that only the honourable, fair and loving people will be asked to deliberate as we all have a choice as to who will hear our testimony. When the deliberation is done, the people go home and get on with their lives.

If the matters involve groups of people, then why not convene a group of people from multiple clans. A jury of 12, which holds a majority of a Grand Jury of 23, could then sit and resolve these issues. If the matter is bigger then a Grand Jury would be gathered. The biggest matters, involving issues at a national or international level would require a Sanhedrin (71). These are all courts of the people. No 'judges', 'lawyers' or 'politicians', just people. The key point is that at no time is the will of the people forced upon those asking or seeking council. No jails, no hand cuffs, no police. The individual can accept or reject the council of the people with his own free will. However, he does so at his / her own risk. Rejection of council may end up with the individual being ostracized from his family, clan, tribe or nation and turned into an outlaw. After all, I would not want to continue a relationship with somebody who continues to steal, murder or rape people. However, if he / she has the will to change and better themselves, then lets get to work and help them out.

That places a huge burden on people to find creative and meaningful ways to solve problems within their lives. It requires participation and the will to speak up and work on solutions. It also requires the vision to see past the symptoms of the problem to see

the root causes and address them accordingly. It is not easy and I don't believe it was meant to be easy. We must live our lives and ensure the prosperity of all, including at least seven generations into the future. We have a duty to ensure the future is protected as well. Albert Einstein said "We cannot solve our problems with the same thinking we used when we created them." I suggest that we cannot solve our problems with the same consciousness we used when we created them. I have no doubt that when more and more people resurrect themselves and accept Christ consciousness, the solutions will present themselves brilliantly. I have complete faith that we have enough brilliant people to solve the problems of the world, despite the attempts of the greedy, corrupt and sick to prevent it from happening. Every day, more and more people are finding the courage to engage at this higher level of consciousness despite the risks, fear or consequences. Courage at that level will change the world for the better and I am deeply encouraged by it all.

There are many out there that have a hard time with what I am proposing. What about all the murderers, thieves and rapists out there? How can we fight this evil without using force? To be clear, violence cannot be resolved through violence as it ends up only being self-fulfilling prophecy should we choose that route. Only love, compassion and empathy can break the cycle. Leo Tolstoy best said it when he wrote "Those who neither struggle against violence nor take part in it can no more be enslaved than water can be cut. They can be robbed, prevented from moving about, wounded or killed, but they cannot be enslaved: that is, made to act against their own reasonable will." Christ also said it this way:

Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven. - Matthew 18: 21-22

And if any man will sue thee at the law, and take away thy coat, let him have *thy* cloke also.
- Matthew 5:40

For the longest time I had a really hard time understanding how this would resolve greed without force. I propose the idea that since Spirit created the Physical Realm, Spirit can create anything it needs within that realm. Prosperity results which drives down the price of commodities within the capitalistic system since supply outstrips demand. By believing that the Physical Realm is finite, we inadvertently place a high value on items within the Physical Realm, resulting in us creating scarcity which drives up prices. At that point, the law of supply and demand kicks in and results in the price of which we value most being commercially expensive. We turned what we value into capital, which attracts the greedy and their desire to obtain it all. The sad realization is that our materialistic world is a long, long way away from any form of redemption and there is a lot of work required to turn that around.

By recognizing that the only thing of true value is our spiritual expression of love, and our experiences here in this Physical Realm, all the earthly possessions end up being merely temporary. The only true value is the divine Spirit that is here to express itself and explore relationships. That is why forgiveness and selfless giving are the only ways to address the evil in the hearts of men. The irony is that the greedy lust and yearn for that which has no spiritual value at all and that is why they fail to find the kingdom of God within. Only the meek who recognize these truths will inherit the earth after these truths unfold and resolve themselves.

The idea that we can create anything in the Physical Realm and as such let go of all that we have traditionally considered valuable, like possessions, etc., is an extremely difficult barrier to overcome. This absolutely requires a leap of faith in the Creator and in ourselves and all those around us. To let go of all our attachments to physical possessions leaves us feeling vulnerable once again. If we don't deal with the feelings of vulnerability properly, we risk making decisions out of fear and end up enslaving ourselves as a result.

Fear of physical death, theft or pain associated with the evil acts of others is most likely one of the last and most difficult barriers to overcome. It is often too easy to intellectually justify forcing our will upon others in order to avoid it, resulting in us

demonizing love and embracing the very behaviour we abhor. The modern court, police and jail systems are a perfect example of how this manifests. Most readers would agree that the system is broken but not sure what the solution is. For me, it is clear that the solution is to stop participating with these evil acts, stop justifying behaviours that use force to address evil acts and find other alternatives for addressing the evil behaviours of others and let go of our earthly attachments. How can we resolve all the pain, suffering and evil without using force?

There are tribal stories circulating around for the past few years that talks about this very issue. A healthy family, clan, tribe or nation would recognize that if a single individual has a problem, the whole group has a problem. Rather than throwing them away in a jail for months or years, these tribal members would drop what they are doing and spend days sharing how much the individual is loved and how their contributions have made a difference to the members within the tribe. The individual is not ignored but instead loved and helped. There are hundreds of different ways to deal with addictions, anger, pain, greed and suffering using love and tough love. I firmly believe that the vast majority of people act out because they hurt. To heal the past will take a monumental effort on all our part, but we need to stop the injury so that we can all heal.

Many groups are starting the process which is very encouraging. Those that want to prevent this have gone to great lengths to convince us that we need the state, but that is not true as the state can never express love as it is a fiction. As such it lacks the capacity to solve the problems we have been asking it to solve. Only the people will have the power, resources, authority and capacity to do this ourselves. It will be chaotic at first as many people work out their place in these new relationships. Many individuals will try to take advantage of the chaos in order to obtain more power and control. In the end, we must resist the temptation to be saved by some system or organization and find the authority and power within ourselves for salvation. I firmly believe that when enough of us get together to form a solid, functioning nation of self-governing, interdependent individuals and demonstrate that this

not only works, but can be governed with love, compassion, peace, freedom and prosperity, then people will be willing to make the transition.

Technology is not going to save us through this process either as it too lacks the capacity for love. Technology is merely a tool for us to use as an expression of our spirit. To depend on technology to save us is nothing more than idolizing a false god. Many people worship technology, government, corporations, money, etc., but in the end, they are farthest away from their Spirit or the Creator.

So does this all mean that we just sit back and just let the greedy violate the world? Absolutely not. It is our duty to bear witness and rebuke those who engage in evil acts. In doing so we were commanded to not bear false witness. So that requires that we observe, watch, record, write and testify as to all that we witness. As more and more people take up the duty to bear witness against evil, those that engage in evil acts will then be confronted on their behaviours with tough love. It does not require a court of law to do this as the court of the people is at hand through the power of the pen backed by the authority and power of Spirit. The more people we have engaged in standing as a witness against others, the more difficult it will be for those to keep in the shadows and keep secret their evil activities. The economics of love, prosperity, peace and freedom is very different than the economics of commerce, scarcity and greed. It will take time to learn the new economics.

Building healthy, vibrant interdependent relationships based on love and mutual respect and dignity requires the will and the ability to do this work. For all those who have the will and the ability, I stand beside you as a cheerleader to help encourage you along your path. For all those who have the will but lack the ability, I will share all I can to bring the tools and knowledge to you so that you may acquire the ability to do the work. For those who lack the abilities despite all we can do, the rest of us have a duty to help you in any way we can. However, for all of you who have the ability but lack the will to do it, I send my thoughts and prayers. For until you can find the will, I cannot help. The sad part is that I must watch millions of people go through great disturbance in their lives in order for them to reach a point where they surrender their old ways

and acquire the will to change. Nobody can force that process. It must come from within.

Let this book stand as my testimony to what I have witnessed so far in my life and that I love you all.

Conclusion

I think and think for months and years. Ninety-nine times, the conclusion is false. The hundredth time I am right. - Albert Einstein

I suspect that all the spiritual belief modalities that exist in the world all have similar foundations as what I found through Christianity. If we can look past the dogma we will find that they all have something in common; love, peace, freedom and prosperity. I believe that what I wrote can apply directly to the spiritual teachings of the Indigenous, Muslims, Jews, Islam, Hindus, or any other spiritual teachings in the world.

If we are going to solve the problems we face, finding commonality to build a relationship on is going to be paramount. I encourage you to look past your bias of Christianity or your preconceived notions of what Christianity or any other religion means to you and work hard to hear and see what I am talking about. It is hard work. Took me years to get where I am today and will take a lifetime to continue learning on this path I chose to walk. However, I know it is possible. I have made friends with many beautiful spirits who's ancestors are indigenous to Turtle Island (North America). The spirit of our words is the same even though the mechanics of our language may be different. I found the same when I made friends with Muslims in the UK and other areas of the world.

There is a global conspiracy to scare people away from the truth. I will never pretend to know the truth. My conclusions in this book may be completely wrong. I doubt they are as it 'feels' right to me. It resonates in my heart and my spirit sings as I reflect on the ideas expressed in this book. However, I will continue to work at exploring all my relationships for I know that is where the keys to the Kingdom of God reside.

Walking in the Spirit is a very challenging journey. There are so many temptations and at times the body wins and takes over. I still struggle with temptation, however I work hard not to judge myself

on those struggles. I know this is hard and I really do love myself unconditionally. I have days where I get frustrated, angry or hurt. For me, this has been an exercise in learning to love all aspects of who I AM, the light and the dark. That level of unconditional love is what my relationship with my wife has taught me. We went through hell and back together and our relationship rocks because she loves all of me and is willing to forgive and tolerate some of my more annoying quirks. I have chosen to do the same with her as well. We confront one another and we spend a lot of time talking, planning and working stuff out. We are willing to spend time, our most precious gift. Our faith in the Creator has been amazing as he really does look after us. We are having fun with it now. That leap of faith is what made the difference in our lives.

I hold no expectations on what people will get out of this book. I have been constantly amazed what people took from UNGRIP, so I give this book away for free as it is my duty and honour to serve others who are interested in exploring these ideas.

There are those out there who really don't want these kinds of ideas to flourish as it will directly impact their power, control and wealth. As I write this, many individuals who wear the masks of government are passing legislation to define this kind of information as terrorist propaganda. I know deep in my heart that the truth is bullet proof and it does not matter what happens to my body. I have faith that I am fulfilling my life purpose and when it is my time to go, I will be joyous and satisfied.

Many others are doing the same. I have much hope and great expectations for the future. It will be rough for many but in the end, the Spirit will prevail for under Natural Law, the Fictional Realm is nothing more than a slave and servant to the Physical Realm. The Physical Realm is a servant to the Spiritual Realm. This whole kindergarten class is for our Spirit. Embrace it. There is nothing to fear. Take risks. Speak your own truth. Let your Spirit Shine! Just remember that the Fictional Realm is a tool to help us learn. It has value in that respect but it does not have any authority or control over us. When you are done learning put the tool down.

We are all kings and queens and it is time that we accept our royal duty to govern our own kingdom. Our royal lineage makes us

all divine, spiritual beings with unlimited potential. As with any good king or queen, our love of the kingdom will show in how we govern and the prosperity that transpires as a result. All of nature needs us to engage in a very deep and intimate way as everything is divine and sacred. Life on this planet desperately needs a gentle, loving and caring hand from a compassionate and empathetic ruler.

If we can agree on a common foundation to build a long lasting, respectful, honourable relationship, there will be nothing that can get in our way of finding the peace, freedom and prosperity we all desire, for ourselves and for our offspring for generations to come.

Who knows, perhaps if we do well, our next spiritual assignment will be even more challenging and grandiose as the one we are working on right now. It is time to resurrect ourselves and embrace the full potential of what it means to be I AM!

About the Author



I AM that I AM

rob in the pagé family 𐄂𐄂 is a leader at researching, educating, writing and testing foundational issues that plague man kind. He and his family have lived off grid since 2007. He walked away from a successful 20+ year career in Information Technology and sold their home in order to live in the country and build a relationship with God and all that nature has to offer. Having conquered many of his internal demons that nearly destroyed him through depression and suicide, he now focuses on helping people see all aspects of life. His focus is on how we all can build healthy relationships with each other, nature, the Creator and the I AM (self). His work was featured in the third film released by award winning documentary producer Ben Stewart. UNGRIP is free online and has been viewed by hundreds of thousands of people world wide. This book, Graduating Life with Honours – Conscious Self-Governance in God's Kingdom, is a follow up to that film to help people interested in taking a sobering look in the mirror and start addressing the root issues we face today.

rob is starting to work on three other books. UNPLUG will be a compilation of the trials and tribulations of walking away from all the dependencies of the grid and explore what it takes to live off grid. UNGRIP will explore the legalistic aspects of the grid and will show people how the system really works. The third book, currently untitled will be a compilation of all the writings, posts, blogs etc. that can be found on his website and Facebook.